

## Mutations in the Cysteine-Rich Region of the *RET* Proto-Oncogene in Patients Diagnosed as Having Sporadic Medullary Thyroid Carcinoma

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**Abstract.** Medullary thyroid carcinoma (MTC) and pheochromocytoma appear in either a sporadic or a hereditary form as components of multiple endocrine neoplasia (MEN). Many germline mutations of the *RET* proto-oncogene have been reported in patients with MEN 2A and 2B, and familial MTC (FMTC). To elucidate the etiological roles in tumorigenesis of sporadic MTCs and pheochromocytomas, mutations in the cysteine-rich region of the *RET* proto-oncogene were analyzed by using polymerase chain reaction-single strand conformation polymorphism (PCR-SSCP) analysis. Exons 10 and 11 were studied in genomic DNAs from 3 clinically apparent sporadic MTCs, MTCs and pheochromocytomas from 2 patients with MEN 2A, 1 with FMTC, 4 with MEN 2B, 3 with neurofibromatosis type 1 (NF1), 12 sporadic pheochromocytomas and an MTC cell line, TT. All tumors from two patients with MEN 2A and one patient with FMTC had mutations at codon 618 and 634 as well as their leukocytes, reflecting their germline mutations. In this region, no mutations were detected in any tumors from patients with MEN 2B and NF1, and sporadic pheochromocytomas. But mutations were detected and identified in 3 clinically apparent sporadic MTCs and TT cells. A 6 base pair (bp) deletion causing the loss of a cysteine residue at codon 634 and a mutation causing substitution from cysteine to tyrosine at codon 634 were detected in 2 sporadic MTCs as somatic events. In a female patient diagnosed as having sporadic MTC, a mutation at codon 618 was detected not only in tumor tissues, but also in her leukocytes, suggesting a germline mutation of the *RET* proto-oncogene. In TT cells a heterozygous mutation at codon 634 was detected. These results suggest that *RET* mutations within a cysteine-rich region may also play an important role in the tumorigenesis of sporadic MTCs, and mutations of *RET* proto-oncogene should be screened in clinically sporadic cases to exclude hereditary MTCs.

*Key words:* *RET* proto-oncogene, Mutation, Sporadic MTC, MEN 2A, Genetic diagnosis

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MTC, a tumor arising from the calcitonin-secreting parafollicular C-cells, comprises 5–10% of all malignancies arising from the thyroid gland [1]. This tumor appears either as a sporadic nonhereditary lesion or as a component of three familial

syndromes, MEN 2A, MEN 2B and FMTC, which are inherited as an autosomal dominant trait. MEN 2A is variably associated with pheochromocytoma and primary hyperparathyroidism. MEN 2B is associated with pheochromocytoma, marfanoid habitus, mucosal neuromas, and ganglioneuromatosis. FMTC is not associated with other endocrinopathies. Sporadic MTC, a tumor of moderate to marked aggressiveness, occurs during the fifth or sixth decade of life as a solitary unilateral thyroid mass without coexisting microscopic C-cell

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hyperplasia, associated endocrinopathies, or a familial history of MTC.

The loci of the three syndromes, MEN 2A, FMTC and MEN 2B, link to the chromosome 10q11.2 region, where the *RET* proto-oncogene has also been mapped [2, 3]. Germline mutations of the *RET* proto-oncogene have been described in patients affected with MEN 2A, FMTC or MEN 2B [4–10]. The nonconservative substitution of the 5 cysteine residues located in the extracellular domain adjacent to the transmembrane domain of the RET protein has been detected in patients with MEN 2A and FMTC [4–6]. In patients with MEN 2B, a mutation at codon 918 causing the substitution of a threonine for a methionine in exon 16 of the tyrosine kinase domain of the RET protein has been detected at the germline level [8–10].

There are few data on the pathogenesis of sporadic MTC. Increased expression of the *RET* proto-oncogene has been found in MTCs of both familial and sporadic types as pheochromocytomas [11, 12]. In this study, we screened mutations of the *RET* proto-oncogene in tumors and leukocyte DNA from patients with MEN 2A, MEN 2B, FMTC, NF1, sporadic pheochromocytoma and MTC, and a TT cell line by the PCR-SSCP method. We identified germline mutations in 2 MEN 2A and 1 FMTC patients as previously reported [4–6]. Interestingly we demonstrated nonconservative mutations in the cysteine-rich extracellular region adjacent to the transmembrane domain of the *RET* proto-oncogene in 3 MTCs diagnosed as sporadic MTCs and TT cells.

### Patients

Patient 1 was a 94-year-old man who underwent gastrectomy because of a gastric ulcer at the age of 75. He was referred to Takamatsu Municipal Hospital for abdominal pain at the age of 92. The physical examination was unremarkable. Because the serum level of carcinoembryonic antigen (CEA) was increased (1,230 ng/ml; normal, < 5 ng/ml), the presence of colon cancer was suspected, but fiberoptic colonoscopy revealed no evidence of colon cancer. A computed tomographic (CT) scan revealed a mediastinal tumor adjacent to the right wall of the trachea, and thyroid ultrasonography revealed a space occupying a region in the right lobe. The basal serum calcitonin level was 5,981

pg/ml (normal, <100 pg/ml). These findings established the diagnosis of MTC. He had no family history of MTC or pheochromocytoma. He elected not to undergo surgery, and he remained well until the appearance of a subdural hemorrhage. He died of respiratory failure from acute bronchopneumonia at the age of 94. An autopsy revealed that the tumor was well demarcated, and its size was 5 × 4.3 × 3.5 cm. The tumor consisted of spindle-shaped cells with eosinophilic cytoplasm. Amyloid was demonstrated among the fibrous stroma. Immunohistochemical staining for calcitonin and CEA revealed abundant signals in the cytoplasm of the neoplastic C-cells within the tumor mass. Calcitonin staining of the thyroid tissue outside the carcinoma revealed no other foci of MTC or C-cell hyperplasia in either lobe. No regional lymph nodes or distant metastases were detected. No pathologic abnormalities of the adrenal, parathyroid and pituitary glands were evident.

Patient 2 was a 48-year-old woman. On a regular physical examination, a thyroid nodule was found and she was referred to Takamatsu Municipal Hospital for further evaluation. Her history was unremarkable except for acute appendicitis at the age of 33. There was no family history of MTC or pheochromocytoma. Her serum CEA level was increased (90 ng/ml). Thyroid ultrasonography and CT scan showed a solitary mass in the left lobe, and scanning with radioactive iodine showed a cold nodule in the left lobe. She underwent left thyroid lobectomy. Histological diagnosis was MTC (3 × 1.5 × 1.2 cm) with regional lymph node metastases. The tumor was immunohistochemically positive for calcitonin and CEA, and there was marked interstitial deposition of amyloid. She was diagnosed as having sporadic MTC. Subsequently, she received radiation therapy to the neck. She has had no signs of recurrence for the past 7 years, and no clinical symptoms or other data suggest the presence of pheochromocytoma.

Patient 3 was a 36-year-old woman, whose thyroid tumor was first revealed by a physical examination. There was no family history of MTC or pheochromocytoma, and her two sisters and three children were healthy. At admission to Tokushima Municipal Hospital, her serum levels of calcitonin and CEA were 1,854 pg/ml and 96.3 ng/ml, respectively. Since a CT scan and ultrasonography revealed one tumor (2.5 × 1.8 cm in size) on the left lobe of the thyroid, subtotal thy-

roidectomy was performed. A histological examination revealed that the tumor was MTC with regional lymph node metastases, and the noncancerous region of the thyroid showed findings of chronic thyroiditis but no apparent C-cell hyperplasia. There were no clinical or laboratory findings consistent with pheochromocytoma. She was diagnosed as having sporadic MTC. She has remained in good health without recurrence for 4 years since the operation.

## Materials and Methods

### DNA preparation

Tissues were obtained at surgery or autopsy, and a diagnosis of MTC was confirmed by histological examinations of the tumors. DNA was isolated

from the tissues, leukocytes, and paraffin-embedded tissues, as described [13, 14]. DNAs were extracted from 3 clinically apparent sporadic MTCs, MTCs and pheochromocytomas from 2 patients with MEN 2A, MTC from 1 patient with FMTC, MTCs and pheochromocytomas from 4 patients with MEN 2B, pheochromocytomas from 3 patients with NF1, and 12 sporadic pheochromocytomas (Table 1). A human medullary thyroid carcinoma cell line, TT (CRL 1803) was obtained from ATCC.

### PCR-SSCP

PCR amplification was performed by using the oligonucleotide primers described by Donis-Keller *et al.* [5]: 5'-GCGCCCCAGGAGGCTGAGTG-3' and 5'-CGTGGTGGTCCCGGCCGCC-3' for exon 10; 5'-CCTCTGCGGTGCCAAGCCTC-3' and 5'-CACCGGAAGAGGAGTAGCTG-3' for exon 11.

**Table 1** Clinical features of patients and results of SSCP and sequencing analysis

Patient No.	Age	Sex	Tumor	Diagnosis	SSCP variant	Type of mutation (codon)	Germline mutation
1.	94	M	MTC	sporadic	+	GAGCTGTGC (632–634) → GGC	–
2.	48	F	MTC	sporadic	+	TGC (634) → TAC	–
3.	36	F	MTC	sporadic	+	TGC (618) → TCC	+
4.	41	F	pheochromocytoma	sporadic	–		
5.	60	M	pheochromocytoma	sporadic	–		
6.	50	M	pheochromocytoma	sporadic	–		
7.	44	F	pheochromocytoma	sporadic	–		
8.	47	F	pheochromocytoma	sporadic	–		
9.	50	F	pheochromocytoma	sporadic	–		
10.	53	F	pheochromocytoma	sporadic	–		
11.	48	M	pheochromocytoma	sporadic	–		
12.	69	F	pheochromocytoma	sporadic	–		
13.	70	F	pheochromocytoma	sporadic	–		
14.	64	F	pheochromocytoma	sporadic	–		
15.	42	F	pheochromocytoma	sporadic	–		
16.	46	F	MTC pheochromocytoma	MEN 2A	+	TGC (618) → TAC	+
17.	42	F	MTC	MEN 2A	+	TGC (634) → TAC	+
18.	60	M	MTC	FMTC	+	TGC (618) → CGC	+
19.	7	F	MTC	MEN 2B	–		
20.	18	M	MTC	MEN 2B	–		
21.	28	F	MTC pheochromocytoma	MEN 2B	–		
22.	10	F	MTC	MEN 2B	–		
23.	19	F	pheochromocytoma	NF1	–		
24.	34	M	pheochromocytoma	NF1	–		
25.	44	F	pheochromocytoma	NF1	–		
26.			TT (MTC cell line)	sporadic	+	TGC (634) → TGG	?

Amplified DNA fragments were all of the size expected (exon 10, 187 bp; exon 11, 234 bp). PCR proceeded in a Program Temp Control System PC-700 (ASTECH, Fukuoka, Japan) with 50 ng of genomic DNA in a total volume of 5  $\mu$ l containing 1.5  $\mu$ Ci of [ $\alpha$ - $^{32}$ P]dCTP (3,000 Ci/mmol; 10 mCi/ml). Thirty-five cycles consisted of 30 sec at 94 °C for denaturation, 30 sec at 68 °C for exon 10, or at 65 °C for exon 11 for annealing, and 1 min at 72 °C for extension. The reaction mixture (5  $\mu$ l) was heated with 95  $\mu$ l of dye (95% formamide/20 mM EDTA/0.05% bromophenol blue/0.05% xylene cyanol), then 1  $\mu$ l of the mixture was applied to a 5% polyacrylamide gel containing 45 mM Tris-borate (pH 8.3) and 4 mM EDTA. Glycerol (5% or 10%) was added when specified, as described [14]. Electrophoresis proceeded at 30 W for 4–6 h at room temperature or for 6–10 h at 4 °C. The gel was dried and exposed to X-ray film with intensifying screens at –70 °C for 12 to 24 h.

#### Sequencing analysis

Abnormal bands detected by PCR-SSCP were excised from the dried gel, placed in 100  $\mu$ l of distilled water, and incubated at 37 °C. An aliquot of the supernatant was then used as a template for the PCR reaction. PCR products were cloned into the pCR<sup>TM</sup>II vector with a TA Cloning kit (Invitrogen Co., San Diego, CA). Plasmid DNAs were sequenced with a Sequenase<sup>TM</sup> Version 2.0 DNA Sequencing Kit (Amersham, Buckinghamshire, UK) according to the manufacturer's instructions, then resolved on a 5% denaturing polyacrylamide gel. The accuracy of our sequencing data in cloned DNAs was confirmed by analyzing at least 10 independent clones.

#### Reverse Transcription (RT)-PCR procedure

Total RNA from TT cells was prepared by using acid guanidinium thiocyanate-phenol-chloroform extraction [15]. cDNA was made from 2  $\mu$ g of total RNA with M-MLV reverse transcriptase (Promega, Madison, WI) and random hexamers. The cDNA was then amplified by PCR in 30 cycles with 2 primers [5'-GGGGGATTAAGCTGGC-TAT-3' (exon 10) and 5'-TGGCTTGTGGGCAACTTGT-3' (exon 11) (codon 600–667)]. The PCR conditions were as follows: 1 min denaturation at 94 °C, 1 min annealing at 60 °C and 1 min

extension at 72 °C. DNA was electrophoresed on a 10% polyacrylamide gel, followed by ethidium bromide staining. The gels were photographed with an ultraviolet transilluminator.

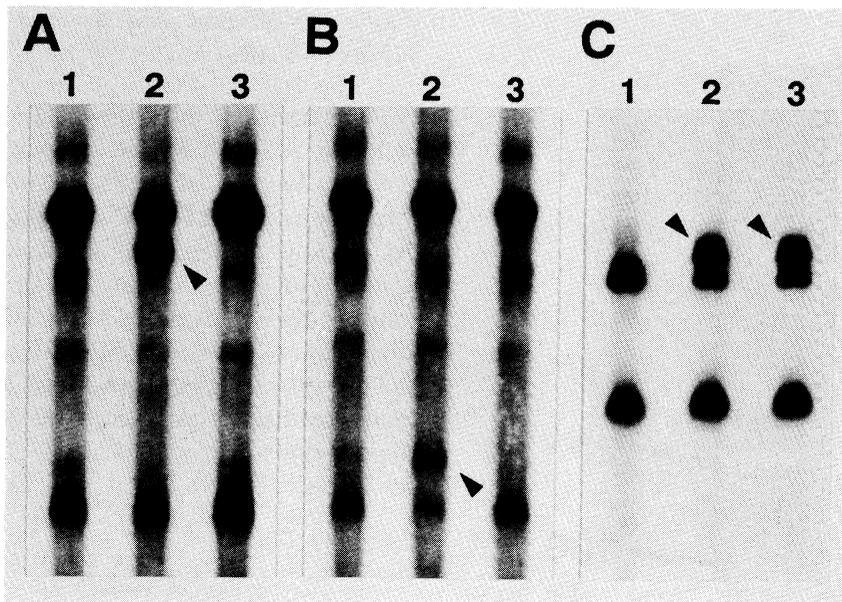
## Results

#### Screening of point mutations of the *RET* proto-oncogene by PCR-SSCP and sequencing

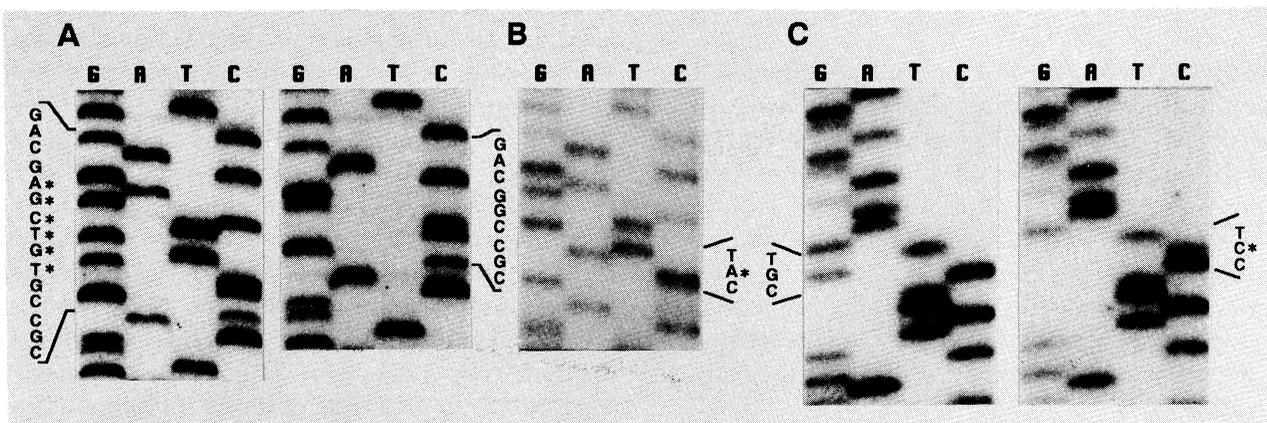
PCR-SSCP of exon 11 from genomic DNA of the sporadic MTC of patient 1, as shown in Fig. 1A, disclosed an extra band with an altered migration relative to those amplified from leukocytes of the same patient. Sequencing revealed a 6 bp deletion including codons 632 to 634 in exon 11 (Fig. 2A). The deletion caused a loss of the cysteine residue at codon 634 from glutamine (codon 632)-leucine (codon 633)-cysteine (codon 634) (GAGCTGTGC, deleted 6 bp are underlined). PCR-SSCP of exon 11 from the MTC of patient 2, as shown in Fig. 1B, disclosed an extra band relative to those amplified from her leukocytes. As shown in Fig. 2B, codon 634 of TGC for cysteine was mutated to TAC for tyrosine by a G to A transition. The mutation of patient 1 destroyed a *AluI* restriction site, and the mutation of patient 2 created a new *RsaI* restriction site, and restriction analyses of PCR products also confirmed the results (data not shown). PCR-SSCP of exon 10 from the MTC and the leukocytes of patient 3 revealed common extra bands relative to those amplified from leukocytes from a healthy subject (Fig. 1C). As shown in Fig. 2C, codon 618 of TGC for cysteine was mutated to TCC for serine by a G to C transversion in both MTC and leukocytes of this patient.

In these three MTCs, the other alleles of exon 11 (patients 1 and 2) or exon 10 (patient 3) of the *RET* proto-oncogene had normal sequences, and no detectable variations in exon 10 (patients 1 and 2) or exon 11 (patient 3) were revealed by PCR-SSCP. Direct sequencing of codon 918 of the *RET* proto-oncogene revealed normal sequences in these 3 MTCs.

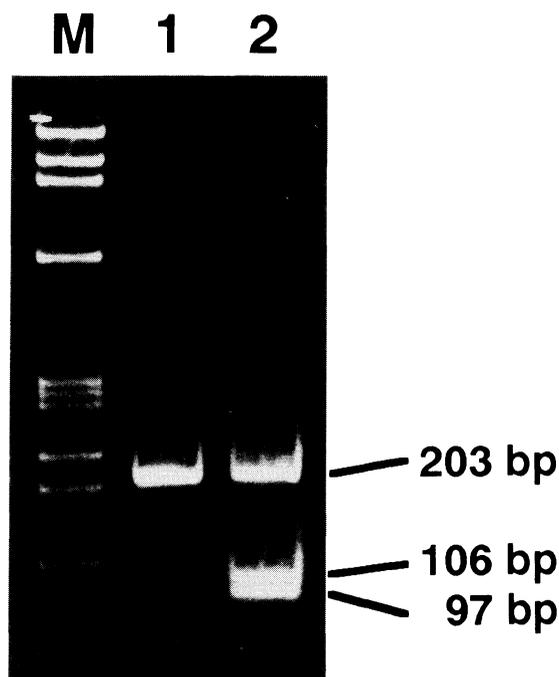
We analyzed a panel of genomic DNAs of tumors from 2 patients with MEN 2A, 1 with FMTC, 4 with MEN 2B, 3 with NF1, and 12 sporadic pheochromocytomas for mutations in exons 10 and 11. PCR-SSCP and sequencing revealed germline mutations from cysteine (TGC) to tyrosine (TAC) at



**Fig. 1.** PCR-SSCP of exons 11 (A and B) and 10 (C) of the *RET* proto-oncogene. Panels A, B and C show the PCR-SSCP profiles of patients 1, 2, and 3, respectively. A. Lane 1, leukocytes from a healthy subject; lane 2, MTC from patient 1; and lane 3, leukocytes from patient 1. B. Lane 1, leukocytes from a healthy subject; lane 2, MTC from patient 2; and lane 3, leukocytes from patient 2. C. Lane 1, leukocytes from a healthy subject; lane 2, MTC from patient 3; and lane 3, leukocytes from patient 3. Electrophoresis was performed in a 5% polyacrylamide gel without glycerol at room temperature. Arrow heads denote the bands with altered migration relative to controls.



**Fig. 2.** Nucleotide sequence analysis of the *RET* proto-oncogene from genomic DNA. DNA fragments that showed a mobility shift on SSCP, and DNA from normal leukocytes were PCR-amplified. The PCR products were cloned into the pCR<sup>TM</sup>II vector and sequenced. A. Sequence of the variant allele at exon 11 of the *RET* proto-oncogene from a MTC of patient 1. The left panel shows the normal sequence of codons 630–637. The right panel shows the 6 bp deletion. Deleted bases are indicated by asterisks in the left panel. B. Sequence of the variant allele at exon 11 of the *RET* proto-oncogene from MTC of patient 2. The panel shows the G to A transition at codon 634. The mutated base is indicated by an asterisk. C. Sequence of the variant allele at exon 10 of the *RET* proto-oncogene from an MTC of patient 3. The left panel shows the normal sequence of codons 614–621. The right panel shows the G to C transversion at codon 618. The mutated base is indicated by an asterisk.



**Fig. 3.** *HhaI* restriction enzyme digestions of PCR fragments amplified cDNA from TT cells. A fragment including part of exons 10 and 11 was amplified by 2 primers described in Materials and Methods. M,  $\phi$ X174 *HaeIII*-digested DNA fragments used as molecular weight markers; lane 1, undigested fragment (203 bp); lane 2, *HhaI* digested fragments (203, 106 and 97 bps).

codon 618 and 634 in 2 patients with MEN 2A, and to arginine (CGC) at codon 618 in one patient with FMTC. The results are summarized in Table 1. These PCR reactions were repeated several times for each sample. In all cases PCR-SSCP and sequence analyses confirmed the results. No extra bands in PCR-SSCP of exons 10 and 11 were detected in tumors from patients with MEN 2B and sporadic pheochromocytomas. These results were also confirmed by directly sequencing the genomic DNAs.

In TT cells, we detected a heterozygous mutation at codon 634 (TGC for cysteine to TGG for tryptophan) of the *RET* proto-oncogene by PCR-SSCP analysis and nucleotide sequencing (data not shown). The mutation created a new *HhaI* restriction site.

#### *Expression of both a wild-type and a mutated RET allele in TT cells*

A fragment of the appropriate size (203 bp) resulted from RT-PCR of RNA from TT cells by using primers located in exons 10 and 11. The nucleotide sequence of RT-PCR product was confirmed by directly sequencing. The new *HhaI* restriction site produces the 106 and 97 bp fragment in the mutant allele, but not in the wild-type allele. Restriction analysis of RT-PCR fragments from TT cells showed digested and undigested fragments, and these results imply expression of both the wild-type and the mutated allele of *RET* proto-oncogene in TT cells (Fig. 3).

#### Discussion

There have been a few reports describing genetic changes in sporadic MTCs. One is the loss of heterozygosity (LOH) on chromosomes 1p and/or 22q in a few MTCs, and no consistent LOH in any chromosome 10 probes tested [16–19]. Another is the low mutation frequency of the *ras* or *p53* genes [16, 20]. We also reported that LOH on informative loci, or mutations of the *ras*, *p53* or *gsp* genes in sporadic MTCs were undetectable [14, 21–23]. Thus, the precise gene(s) responsible for sporadic MTC and the mechanism relating to its structural alterations to development of the tumor have yet to be defined.

Germline mutations of the *RET* proto-oncogene have been described in patients with MEN 2A, FMTC and MEN 2B [4–10]. The *RET* proto-oncogene encodes a protein structurally related to transmembrane receptors with cytoplasmic tyrosine-kinase domains, but its putative ligand has not yet been identified [24, 25]. Direct evidence for the involvement of the *RET* proto-oncogene in human tumors has been obtained in human thyroid papillary carcinomas [26]. Recently, Santoro *et al.* reported that mutations of the *RET* proto-oncogene play a critical role in tumor formation as a consequence of the activation of the *RET* proto-oncogene kinase [27]. Substitution from cysteine to other amino acids in MEN 2A is considered to disrupt normal disulfide bonds, and leads to activated homodimers of RET protein. And MEN 2B mutation, substitution from methionine to threo-

nine at codon 918, alters the substrate specificity of *RET* protein without dimerization.

We confirmed that tumor DNAs of MTCs and pheochromocytomas from 2 patients with MEN 2A and one with FMTC had mutations of cysteine residues in the extracellular cysteine-rich region. In these patients, these mutations were also found in their leukocyte DNA, indicating germline mutations of the *RET* proto-oncogene. In the genetic forms of MTC, a germline mutation of the *RET* proto-oncogene may result in the initial hyperproliferation of C-cells. Subsequent genetic steps, possibly at other chromosome loci, presumably result in selected clonal transformation.

With respect to sporadic MTCs, Donis-Keller *et al.* [5, 9] have found only one mutation in 16 MTCs by analysing exons 10 and 11 of the *RET* proto-oncogene. This caused a 6 bp deletion that removed the cysteine residue at codon 630, but clinical data from the patient with this deletion were not reported. Although Eng *et al.* [10] detected a codon 918 mutation (ATG to ACG) in 5 of 13 sporadic MTCs, no mutations in exon 10 or 11 were detected in 13 sporadic MTCs. Blaugrund *et al.* also identified codon 918 mutations in 6 of 15 clinically sporadic cases of MTC [28]. Mutations of the *RET* proto-oncogene in sporadic MTCs were mainly detected at codon 918 rather than within the cysteine-rich region. But in this study, three MTCs and TT cells had mutations at cysteine residue in the cysteine-rich region. The TT cell line was established from a 77-year-old patient with a sporadic MTC [18, 29]. In TT cells, we detected a point mutation at codon 634 and expression of both the mutant allele and wild-type allele of the *RET* proto-oncogene by restriction analysis of RT-PCR products. These results were concordant with a recent report [27]. Our one sporadic MTC patient had a 6 bp deletion, which resulted in the loss of a cysteine residue at codon 634, distinct from loss of that at codon 630 reported by Donis-Keller *et al.* [5, 9]. According to a study of 118 families with inherited MTC, mutations detected in patients with MEN 2A and FMTC were restricted to 5 cysteine residues (codons 609, 611, 618, 620 and 634), of which the most frequent events were at codon 634 [6]. Therefore, the somatic 6 bp deletion including codon 634 and the mutation causing a substitution from cysteine to tyrosine at codon 634 in sporadic MTCs in patients 1 and 2 may play an important role in the tumorigenesis of sporadic MTCs.

A 6 bp deletion in patient 1 may be due to the accumulation of DNA damage or incompleteness of DNA repair accompanying aging, but the relation between molecular events and the aging process is controversial. As his MTC lesion was asymptomatic and had no regional lymph node metastases, it might be a slowly progressive type.

Several investigators have screened for mutations in exon 10 and 11 of the *RET* gene in sporadic MTCs and failed to find somatic events in these regions [5, 10, 28, 30]. Our two patients do have somatic mutations within the cysteine-rich region, but the frequency could not be discussed because of the limited number of our patients. Although difference in the frequency of mutations may be attributed to racial difference, a large scale study should be conducted.

We found a conversion of the cysteine residue to serine at codon 618 in a case of clinically apparent sporadic MTC (patient 3). Since this patient was diagnosed as having sporadic type due to the apparent absence of any family history of MTC, signs of associated endocrine lesions or bilateral thyroid involvement of MTC, she was not screened until diagnosis. Analysis of the DNAs from her leukocytes revealed the same mutation as well as the MTC. These results indicated that the patient in fact had hereditary MTC. Because the genetic change was probably transmitted to her offspring, DNA analysis for the detection of the mutation should be carried out to identify subjects at risk, but unfortunately we could not obtain their consent. Olson *et al.* have reported that information about family history, clinical presentation, and histopathologic examination are not sufficient to exclude hereditary forms of MTC [31]. The case of a germline mutation at codon 618 in a clinically sporadic MTC patient was reported by Blaugrund *et al.* [28]. In future, genetic markers such as mutations of the *RET* proto-oncogene should be used as an aid in distinguishing sporadic from hereditary MTC.

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