

Relationship of oral conditions to the incidence of infective endocarditis in periodontitis patients with valvular heart disease: a cross-sectional study

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ABSTRACT

Objectives Infective endocarditis (IE) is a life-threatening infectious disease, but the pathogenesis of the disease remains uncertain. The objective of this study was to examine whether oral infectious conditions are associated with the occurrence of IE in valvular heart disease (VHD) patients.

Materials and Methods A total of 119 periodontitis (P) patients with or without VHD were enrolled, and cross-sectional analyses were performed. Patients were classified as follows: 1) mild-to-moderate P without VHD, 2) mild-to-moderate P with VHD, 3) severe P without VHD, or 4) severe P with VHD. A total of 78 VHD patients were classified as 1) VHD without IE or 2) VHD with IE. Conditional logistic regression analysis was performed to compute the odds ratio (OR) and 95% confidence interval (CI).

Results No significant differences were observed between patients with or without VHD in oral conditions. A significant increase in the percentage of alveolar bone loss in VHD patients with IE was observed compared with that of patients without IE. The ratio of both *Porphyromonas gingivalis* (Pg) IgG titer > 1.68 and *Pg fimA* type II genotype in patients with IE was significantly higher than in patients without IE. There was a significant correlation between the occurrence of IE and clinical oral findings (number of remaining teeth: OR, 0.17; rate of alveolar bone loss > 40%: OR, 11.8).

Conclusions VHD patients with IE might have severe periodontitis compared with patients without IE, although further investigation will be needed because this is based on only 7 VHD patients with IE.

Clinical relevance The patients with IE had fewer remaining teeth, more advanced bone resorption compared with those of patients without IE. These findings suggest a possible association between the occurrence of IE and periodontal infection.

Keywords: Infective endocarditis (IE); Valvular heart disease (VHD); Periodontitis; Oral examination

Introduction

Periodontitis is a polymicrobial infectious disease that results in loss of teeth by various causes such as inflammation-mediated bone resorption [1]. More than 500 individual species of microbes have been identified in the human mouth [2], and periodontists have understood the clinical significance of microbial examination for periodontitis since the end of the 1980s [3]. Infection with periodontal bacteria causes humoral immunological responses and elevates the levels of serum immunoglobulin (Ig) G antibody against bacteria [4]. Persistent low-grade infection of Gram-negative bacteria, such as *Porphyromonas gingivalis* (*Pg*), from periodontitis is associated with increased atherosclerosis, diabetes mellitus, and other systemic diseases disseminated through the blood stream [5,6]. Therefore, clinical oral examination focused on microbial infection is essential for general health.

Valvular heart disease (VHD) reduces the heart's functional capacity, and patients with VHD have increased risks of perioperative adverse events [7,8]. In particular, Infective endocarditis (IE) is an infection of the endocardial lining of the heart with pre-existing lesions or on intra-cardiac foreign materials [9]. IE treatment requires prolonged antibiotic therapy, and half of patients with IE undergo valvular surgery [10]. Unfortunately, the mortality of IE remains high: approximately 20% for in-hospital mortality [11]. Although Gram-positive cocci, such as *Staphylococcus aureus*, is a leading cause of IE [12], Isoshima *et al.* detected a bacterial DNA from the Gram-negative periodontal pathogen *Pg* in cardiac tissue of patients with IE using an *in vitro* DNA amplification assay [13]. Therefore, the risk of IE caused by bacteremia from periodontal infection may be elevated in VHD patients with severe periodontitis. Recent

guidelines have reduced indications for antibiotic therapy in the prevention of IE and highlight the clinical significance of oral hygiene [11]. Systemic micro-inflammation by periodontitis may impair vascular function, because previous report showed that impaired endothelial function recovered by intensive periodontal therapy [14]. However, the clinical relationship between the occurrence of VHD and oral conditions, including periodontal conditions, remains unclear.

Poor oral health may have a profound effect on general health, and it is important to examine periodontal infections. Rigorous evaluation of oral conditions, including periodontal infection, may help clarify the risks of IE, especially in patients with VHD. Therefore, we examined whether oral conditions are associated with IE in VHD patients using cross-sectional analyses.

METHODS

Subjects and evaluation

A total of 119 periodontitis patients with or without VHD who visited Tokushima Red Cross Hospital or Tokushima University Hospital between 2012 and 2017 were enrolled (without VHD: 19 males, 22 females, average age, 63.9 ± 9.9 yr; with VHD: 40 males, 38 females; average age, 67.2 ± 13.5 yr) (**Fig.1**). All participants provided written informed consent. The incidence of VHD and IE was diagnosed by specialists of cardiovascular surgery, and all VHD patients were referred to the dental office to screen for and reduce oral bacterial infections. Oral conditions were evaluated by 3 trained dentists, and the all examinations were performed using the same evaluation standards in order to lessen the inter-examiner error. The number of remaining teeth were counted by inspection. Hopeless teeth were diagnosed by periodontitis specialists according to a previous report [15]. Periodontitis patients were divided into mild-to-moderate and severe groups according to descriptions from the Center for Disease Control and Prevention and the American Academy of Periodontology [16]. For moderate periodontitis, the following definition was proposed: ≥ 2 interproximal sites with AL ≥ 4 mm (not on same tooth), or ≥ 2 interproximal sites with PD ≥ 5 mm (not on same tooth). For severe periodontitis, the following definition was also proposed: ≥ 2 interproximal sites with AL ≥ 6 mm (not on same tooth) and ≥ 1 interproximal site with PD ≥ 5 mm. Assessment of alveolar bone loss was performed by calculating bone loss as a proportion of the tooth root length on X-ray films using a Schei ruler [17]. Interproximal alveolar bone loss of all remaining teeth was measured at the deepest point on the mesial or distal surface of each tooth radiographically as the % of bone loss

from the cement enamel junction to the tooth apex. The titers of IgG antibodies against periodontal bacteria, such as *Pg*, *Aggregatibacter actinomycetemcomitans* (*Aa*), *Prevotella intermedia* (*Pi*), and *Eikenella corrodens* (*Ec*), in the patient's blood were measured using the DEMECAL® blood examination system (Leisure, Inc., Tokyo, Japan). We collected the blood plasma of each patient, and the sample were mailed immediately to the company at room temperature. The *Pg* gene in the saliva of patients was evaluated using the BML periodontal bacteria detection system (BML, Inc., Tokyo, Japan). We collected the whole unstimulated salivary flows before oral cleaning, and the saliva sample were mailed immediately to the company at room temperature. All examinations were performed when the patients were in a stable condition after receiving acute medical care. Exclusion criteria were as follows: 1) patients who did not agree to the oral examination, 2) death within 2 weeks after hospitalization, and 3) isolated cases with various medical reasons.

This study was conducted according to the guidelines described in the Declaration of Helsinki and was approved by the ethics committee of Tokushima Red Cross Hospital (No. 459).

Statistical analysis

Statistical differences in the oral conditions of 119 patients with and without VHD were examined using cross-sectional analyses. Subjects were classified as follows: 1) mild-to-moderate periodontitis without VHD (N=17), 2) mild-to-moderate periodontitis with VHD (N=29), 3) severe periodontitis without VHD (N=24), or 4) severe periodontitis with VHD (N=49). A total of 78 VHD patients were classified as 1) VHD without IE (N=71) or 2) VHD with IE (N=7). Differences in parameters between groups

were analyzed by a Mann-Whitney U test, chi-square test, and Pearson's correlation coefficient test because the data were not normally distributed. In the 78 VHD patients, the odds ratio (OR) of the clinical parameters for the incidence of IE derived from bivariate analysis and the 95% confidence interval (CI) were obtained by conditional logistic regression analysis. Statistical analyses were performed using JMP[®] 8 ver. 8.0.2 (SAS Institute Japan, Tokyo), and a P-value less than 0.05 was considered significant.

RESULTS

Correlation between plasma IgG titer against *Pg* and oral conditions

Statistical correlations between plasma IgG titer against *Pg* and oral conditions in periodontitis patients with and without VHD were analyzed (without VHD: number of remaining teeth, $r=0.73$, $P<0.0001$; percentage of alveolar bone loss, $r=0.71$, $P<0.0001$; number of hopeless teeth, $r=-0.48$, $P=0.0014$; with VHD: number of remaining teeth, $r=0.56$, $P<0.0001$; percentage of alveolar bone loss, $r=0.34$, $P=0.0021$, Pearson's correlation coefficient test) (Table 1). There was no statistical relationship between plasma IgG titer against *Pg* and the number of hopeless teeth, but a trend was observed in patients with VHD.

Statistical differences in the clinical and microbial findings of subjects with and without VHD in each periodontitis group

At first, we examined the statistical differences between periodontitis patients with and without VHD in clinical and microbial findings. As shown in Table 2, the mean age of patients with VHD was significantly higher than in patients without VHD ($P=0.029$, Mann-Whitney U test). There were no significant differences between patients with and without VHD in several oral conditions (number of remaining teeth: $P=0.36$; percentage of alveolar bone loss: $P=0.69$; number of hopeless teeth: $P=0.28$, Mann-Whitney U test). No significant differences were observed between patients with and without VHD in the rate of smoking ($P=0.91$, chi-square test) and the incidence of DM ($P=0.25$, chi-square test). The plasma IgG titer against *Pg* in patients with VHD was significantly lower than in patients without VHD ($P=0.0006$, Mann-Whitney U test). In addition, the *Pg* gene

was detected in the saliva of patients with VHD significantly less than in patients without VHD ($P=0.038$, chi-square test). Furthermore, the *Pg fimA* type II genotype in patients with VHD was also lower than in patients without VHD ($P=0.0002$, chi-square test). There was no significant difference in the *fimA* type I genotype between patients with and without VHD ($P=0.087$, chi-square test). An increase of plasma IgG titers against *Aa*, *Ec*, and *Pi* in patients with and without VHD was not observed.

Next, we examined the statistical differences in the clinical and microbial findings of subjects with and without VHD in each periodontitis group. As shown in Table 3, in the mild-to-moderate periodontitis group, no statistical differences were observed between patients with and without VHD in oral findings (percentage of alveolar bone loss, $P=0.55$, number of hopeless teeth, Mann-Whitney U test). No significant difference was observed between patients with and without VHD in microbial findings (plasma IgG titer against *Pg*, $P=0.19$, Mann-Whitney U test; detection rate of the *Pg* gene, $P=0.80$, chi-square test). On the other hand, the *fimA* type II genotype was significantly lower in saliva samples of periodontitis patients with VHD than in patients without VHD ($P=0.002$, chi-square test), although there was no significant difference in the *fimA* type I genotype ($P=0.87$, chi-square test). An increase of plasma IgG titer against *Aa*, *Ec*, and *Pi* in patients with and without VHD was not observed. IE was not observed, even in the patients with VHD.

In the severe periodontitis group, there were no statistical differences between patients with and without VHD in oral findings (percentage of alveolar bone loss ($P=0.73$, number of hopeless teeth, $P=0.50$, Mann-Whitney U test). Plasma IgG titer against *Pg* in patients with VHD was significantly lower than in patients without VHD ($P<0.0001$, Mann-Whitney U test). In addition, there was a statistical difference in the

detection rate of the *Pg* gene in saliva between patients with and without VHD (P=0.004, chi-square test). Furthermore, both the *fimA* type I and type II genotypes in saliva samples of severe periodontitis patients with VHD were lower than in patients without VHD (*fimA* type I: P=0.0009, *fimA* type II: P=0.002, chi-square test). An increase of plasma IgG titer against *Aa*, *Ec*, and *Pi* in patients with and without VHD was not observed. Furthermore, there was a higher incidence of IE in severe periodontitis patients with VHD compared with that of patients without VHD, but it was not significantly different (P=0.052, chi-square test).

Relationships between the clinical and microbial findings and the incidence of IE in periodontitis patients with VHD

For periodontitis patients with VHD (Table 4), there was a significant decrease in the number of remaining teeth in patients with IE compared with that of patients without IE (P=0.002, Mann-Whitney U test). Furthermore, there were significant differences between patients with and without IE in the percentage of alveolar bone loss (P=0.0007, Mann-Whitney U test) and the number of hopeless teeth (P=0.004, Mann-Whitney U test). The rate of smoking in VHD patients with IE was significantly higher than in VHD patients without IE (P=0.035, chi-square test). There were no significant differences between patients with and without IE in DM-related parameters (incidence of DM: P=0.73, chi-square test; HbA1c: P=0.87, Mann-Whitney U test). The plasma IgG titer against *Pg* in VHD patients with IE was significantly lower than in VHD patients without IE (P=0.026, Mann-Whitney U test), but the ratio of *Pg* IgG titer>1.68 in VHD patients with IE was significantly higher than in VHD patients without IE (P=0.004, chi-square test). The detection rate of the *Pg* gene in saliva of

VHD patients with IE was significantly higher than in patients without IE (P=0.018, chi-square test). Furthermore, the *fimA* type II genotype, but not the *fimA* type I genotype, was significantly increased in saliva samples of VHD patients with IE compared to that in patients without IE (P=0.003, chi-square test).

Conditional logistic regression analysis of clinical findings relating to the occurrence of IE

To explore the factors for IE, we calculated the ORs for bivariate relationships (Table 5). There were significant relationships between several oral conditions and the occurrence of IE (number of teeth: OR, 0.17, 95% CI, 0.03–0.90, P=0.022; alveolar bone loss >40%: OR, 11.8, 95% CI, 1.3–103.3, P=0.007; number of hopeless teeth >4: OR, 15.3, 95% CI, 2.6–89.6, P=0.002). Smoking was also an important parameter to evaluate risk of occurrence of IE in VHD patients (OR, 5.2, 95% CI, 1.0–26.9, P=0.035). No significant relationship between the incidence of DM and IE was observed (OR, 0.68, 95% CI, 0.1–6.1, P=0.73).

DISCUSSION

Periodontitis is an infectious disease caused by periodontal bacteria such as *Pg* [18]. Plasma IgG titers against *Pg* in periodontitis patients are significantly higher than those of healthy subjects [19]. As shown in Table 1, we demonstrated that the plasma IgG titers against *Pg* significantly correlated to several oral conditions. Furthermore, there was a positive correlation between percentage of alveolar bone loss and *Pg* IgG titer. This result indicates that the many remaining teeth of subjects in this study were not healthy periodontally because of continuous *Pg* infection. Next, we found that the plasma IgG titer against *Pg* in the severe periodontitis group was significantly higher than in the mild-to-moderate periodontitis group, and the *Pg* gene in the saliva of patients with severe periodontitis corresponded to the increase in plasma IgG titer (see supplemental Table). Therefore, increased *Pg* infection is a good parameter to measure the progression of periodontal inflammation. However, the relationship between oral infectious status and the occurrence of VHD remains unclear, and persistent bacteremia by *Pg* invasion into the blood stream may be a significant virulent factor for the development of many systemic diseases such as atherosclerosis or cardiovascular diseases [20, 21].

We examined the clinical and microbial differences of patients with and without VHD (Table 2). There were no significant differences between patients with and without VHD in oral conditions such as percentage of alveolar bone loss, number of both remaining teeth and hopeless teeth. There were also no significant differences in both the rate of smoking and incidence of DM, which are strong risk factors for periodontitis. No differences of periodontal conditions between patients with and without VHD were

observed, which suggests that VHD is not a risk factor for periodontitis. The blood culture system is a standard technique to diagnose microbial infections, but blood culture has several clinical disadvantages, such as a 24–48 hour minimum time to detect and identify causative bacteria and that prior antibiotic administration markedly reduces the sensitivity of living bacteria. By contrast, polymerase chain reaction (PCR) of microbial DNA is a rapid technique with a processing time of only a few hours, and intact dead or living bacteria can be detected [22]. Additionally, the PCR assay requires only small amounts of sample, which may be the greatest clinical benefit. Previously, Nakagawa et al. showed that both disease associated and non-disease associated genotypes exist in *Pg*, and that *fimA* genotyping is useful for the prediction of periodontitis development [23]. The *Pg fimA* gene is classified into 6 genotypes; *fimA* type II is associated with periodontitis, and *fimA* type I is associated with periodontal health [23]. We found that the *fimA* type II genotype was higher than the *fimA* type I genotype in patients with and without VHD by PCR. Importantly, the detection rate of both the *Pg* gene and *fimA* type II genotype in the saliva of patients with VHD decreased significantly compared with those of patients without VHD, which corresponded to a decrease in *Pg* IgG titer in patients with VHD (Table 2). These findings are not surprising because antimicrobial therapy has frequently been used to prevent the occurrence of blood stream infections or to adjust inappropriate antibiotics [11].

Next, we examined whether there were statistical differences in the clinical and microbial findings between patients with and without VHD in both the mild-to-moderate and severe periodontitis groups (Table 3). In both periodontitis groups, no significant differences were observed between patients with and without VHD in

several parameters including the rate of smoking, incidence of DM, number of teeth, and percentage of alveolar bone loss, although un-regulative recruitment-selection bias might be considered in these parameters. For the severe periodontitis group, the plasma IgG titer against *Pg* in patients with VHD decreased significantly compared with that of patients without VHD. The detection rate of the *Pg* gene and *fimA* type II genotype also decreased significantly in patients with VHD compared with those in patients without VHD. Although frequent use of antibiotics in VHD patients may decrease microbial values, examination of *Pg* infection was still useful to evaluate microbial periodontal infection because *Pg* infection in the severe periodontitis group increased significantly compared with that in the mild-to-moderate periodontitis group even in VHD patients (see Supplemental Table).

IE occurs in patients with previously detected heart disease or a history of open heart surgery [11], but the clinical data regarding unrecognized cardiac lesions with IE are limited. Early detection of IE is clinically needed because IE is a life-threatening heart disease and therapy should begin soon after diagnosis. Although only 7 VHD patients with IE were examined, we found a higher occurrence of IE in patients with VHD, especially with severe periodontitis. Therefore, we focused on the relationship of oral findings to the occurrence of IE in VHD patients. Importantly, we found a decrease in the number of remaining teeth and an increase of alveolar bone loss in VHD patients with IE than in patients without IE (Table 4). Furthermore, because the rate of smoking in VHD patients with IE was significantly higher than in patients without IE, smoking may be a significant factor for the occurrence of IE in VHD patients. On the other hand, there were no significant differences between patients with and without IE in DM-related parameters, although the incidence of DM is often associated with

progression of periodontal inflammation [6]. Severe periodontitis in VHD patients with IE might be independent of poor glycemic control in patients. Furthermore, conditional logistic regression analyses revealed that several oral parameters were significantly associated with the occurrence of IE (Table 5). Interestingly, we found that there was an inhibitory relationship between the number of teeth and the occurrence of IE (OR: 0.17) and a positive relationship between severe alveolar bone loss and the occurrence of IE (OR: 11.8). Although further investigation is needed to understand the clinical significance of dental treatment for the prevention of IE, treatment of periodontitis is important to prevent loss of teeth. Periodontal conditions in VHD patients with IE is more severe than in patients without IE. We found that the plasma IgG titer against *Pg* in VHD patients with IE was significantly lower than in VHD patients without IE, but the ratio of *Pg* IgG titer > 1.68 in VHD patients with IE was significantly higher than in VHD patients without IE. The plasma IgG titers against *Pg* lower than a cut-off value of 1.68 were defined as negative for periodontitis infection levels, and this blood test is used to screen for chronic periodontitis [19]. In addition, the detection rate of both the *Pg* gene and *fimA* type II genotype increased significantly in VHD patients with IE. Previously, Nakano *et al.* reported that the *Pg* gene was detected in cardiovascular specimens of patients including those with IE, and the *fimA* type II genotype was most frequently detected [24]. This report supports our findings that there is a positive relationship between *Pg* infection and the occurrence of IE in VHD patients. Furthermore, Nakano *et al.* also reported that the detection rate of the *Aa* gene in patients with IE was higher than in patients without IE using a PCR assay [25], but we did not find an increase of plasma IgG titer against *Aa* using ELISA. This discrepancy may be explained by differences in the sensitivity of the method between the two

studies.

Prophylactic administration of antimicrobials prior to periodontal treatment is recommended in several countries to prevent the occurrence of IE, but recent American Heart Association recommendations strongly suggest that dental procedures are not an important cause of IE [26]. On the other hand, Tonneti *et al.* reported that periodontal infection control by intensive periodontal treatment improved endothelial function [14]. Although oral health may be associated with improved endothelial function, which results in the prevention of IE, further studies using multivariate analysis with a large sample size are needed to clarify the precise relationship between oral status and the incidence of IE.

Our study had several limitations. First, the conclusions are based on 7 patients with IE because of the rare occurrence of the disease, which is one of the major limitations of the present study. Second, although we found several factors related to periodontal infection, we did not examine causality because this was a cross-sectional study. A multicenter, prospective study with a large number of patients would be needed to confirm these results, although periodontal infection may affect to the development of IE throughout blood stream. Third, although our models were adjusted for several factors, such as age and gender, no adjustment was made for other factors that may impact the occurrence of VHD or IE such as congenital abnormalities, rheumatoid diseases, hypertension, and the use of artificial heart valves. Finally, although confounding factors should be considered in this study, it is difficult to disentangle the factors that affect VHD/IE and periodontitis because they may be linked. These risk adjustments would increase the validity of future studies.

Conclusions

We found that patients with IE had fewer remaining teeth, larger numbers of teeth requiring extraction, and more advanced bone resorption compared with those of patients without IE. Furthermore, an increase in *Pg* infection was associated with the occurrence of IE in VHD patients. These results suggest a possible association between the occurrence of IE and periodontal infection. Oral microbial examinations in collaboration with dentists may be clinically useful to evaluate the possible risks of IE in VHD patients, although further investigation will be needed because the results were based on only 7 VHD patients with IE.

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Compliance with Ethical Standards

Conflict of interest: The authors declare that they have no conflict of interest.

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Ethical approval: This study was conducted according to the guidelines described in Declaration of Helsinki, and was approved by the ethics committee of Tokushima Red Cross Hospital (No. 459).

Informed consent: Informed consent was obtained from all individual participants included in the study.

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Figure legend

Figure 1. Flow chart of subjects. All of valvular heart disease (VHD) patients were diagnosed and recruited at Department of Cardiovascular Surgery, Tokushima Red Cross Hospital (N=78). All of periodontitis patients were diagnosed and recruited at Department of Periodontics, Tokushima University Hospital (N=41). The microbial examinations of all subjects (N=119) were performed using outsourced laboratory system. Subjects were divided to 4 groups as follows: mild-to-moderate periodontitis (Moderate P) with or without VHD, severe periodontitis (Severe P) with or without VHD.

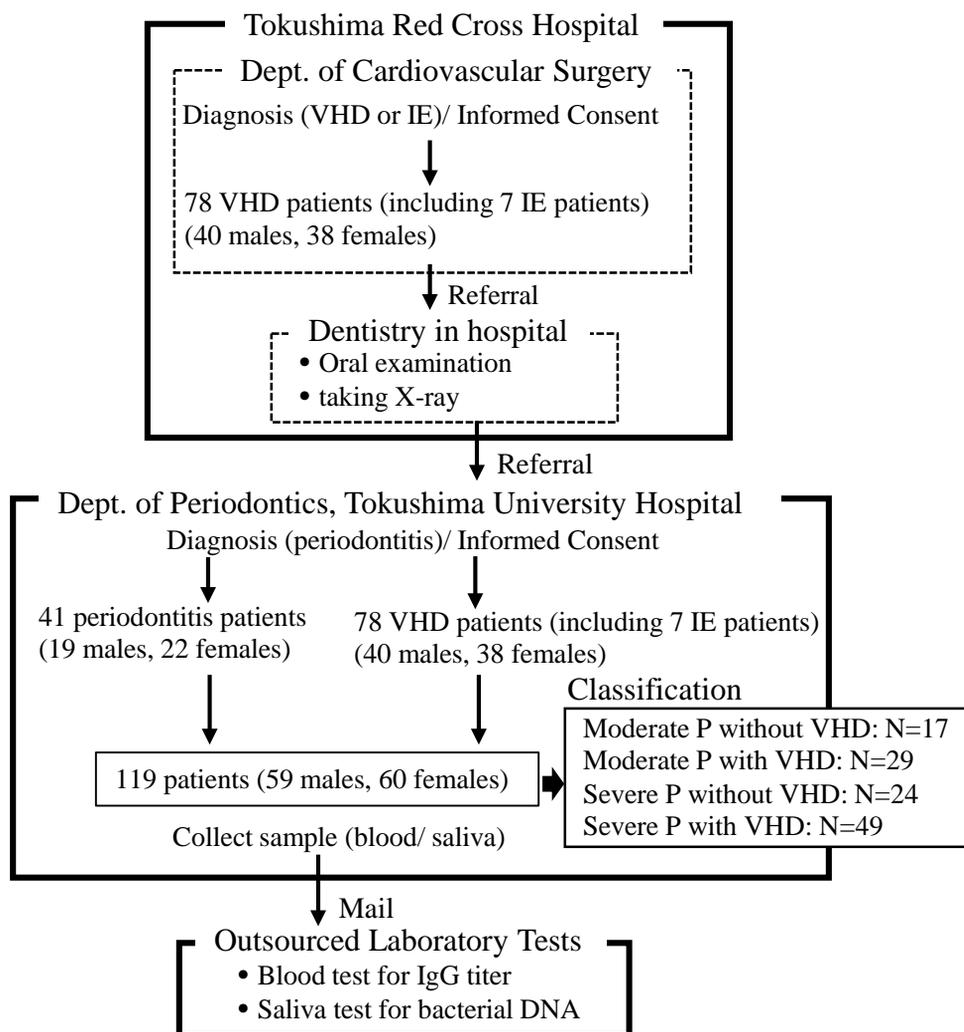


Fig.1

Table 1. Correlation between *Pg* IgG titer and oral conditions in patients with or without VHD

Parameters	Without VHD		With VHD	
	r	P-value	r	P-value
Subjects N (M/F)	41 (19/22)		78 (40/38)	
Mean age (yr±SD)	63.9±9.9		67.2±13.5	
N of remaining teeth	0.73	<0.0001*	0.56	<0.0001*
Alveolar bone loss (%)	0.71	<0.0001*	0.34	0.0021*
N of hopeless teeth	-0.48	0.0014*	-0.13	0.23

*, P<0.05, Pearson's correlation coefficient test. r, correlation coefficient. VHD, valvular heart disease; N, number; SD, standard deviation.

Table 2. Clinical and microbial findings in patients with or without VHD

Parameters	Without VHD	With VHD	P-value
Subjects N (M/F)	41 (19/22)	78 (40/38)	
Mean age (yr±SD)	63.9±9.9	67.2±13.5	0.029*
Rate of smoking (%)	14.6	15.4	0.91
Incidence rate of DM (%)	29.3	19.2	0.25
HbA1c (%)	5.9±0.5	5.8±0.5	0.18
N of remaining teeth	21.2±6.1	19.8±7.3	0.36
Alveolar bone loss (%)	35.3±15.9	37.2±18.4	0.69
N of hopeless teeth	1.2±1.7	1.8±2.4	0.28
Plasma IgG titer			
<i>A. actinomycetemcomitans</i>	-0.14	-0.13	NE
<i>E. corrodens</i>	-0.23	-0.33	NE
<i>P. gingivalis</i>	10.1±12.0	5.7±12.6	0.0006*
<i>P. intermedia</i>	-0.19	-0.17	NE
<i>Pg</i> gene in Saliva			
<i>Pg</i> gene positive (%)	70.7	57.7	0.038*
<i>Pg fimA</i> Type I positive (%)	19.5	10.3	0.087
<i>Pg fimA</i> Type II positive (%)	73.2	46.2	0.0002*
Incidence of IE (%)	0	9.0	0.048*

*, P<0.05, Mann-Whitney U test or chi-square test. Results are presented as the mean ± standard deviation (SD). VHD, valvular heart disease; P, periodontitis; IE, infective endocarditis; DM, diabetes mellitus; *fimA*, fimbrial gene; *Pg*, *P. gingivalis*; N, number; SD, standard deviation; NE, not examined.

Table 3. Clinical and microbial findings in patients with different periodontitis states with or without VHD

Parameters	Mild-to-moderate P			Severe P		
	Without VHD	With VHD	P-value	Without VHD	With VHD	P-value
Subjects N (M/F)	17 (8/9)	29 (16/13)		24 (11/13)	49 (24/25)	
Mean age (yr±SD)	58.6±8.8	60.2±15.8	0.48	67.6±9.0	71.3±10.0	0.06
Rate of smoking (%)	0	13.8	0.11	25.0	16.3	0.38
Incidence of DM (%)	17.7	6.9	0.26	37.5	26.5	0.34
HbA1c (%)	5.7±0.3	5.6±0.1	0.24	6.0±0.5	5.9±0.7	0.27
N of remaining teeth	25.1±3.5	24.6±4.3	0.79	18.5±6.1	17.0±7.2	0.44
Alveolar bone loss (%)	20.3±5.6	19.1±6.4	0.55	45.9±11.5	47.9±14.3	0.73
N of hopeless teeth	0.18±0.53	0.48±0.95	0.28	2.0±1.9	2.6±2.7	0.50
Plasma IgG titer						
<i>A. actinomycetemcomitans</i>	-0.34	-0.27	NE	-0.01	-0.04	NE
<i>E. corrodens</i>	-0.41	-0.39	NE	-0.11	-0.30	NE
<i>P. gingivalis</i>	1.8±2.9	1.1±2.4	0.19	16.0±12.4	8.5±15.1	<0.0001*
<i>P. intermedia</i>	-0.36	-0.26	NE	-0.07	-0.11	NE
<i>Pg</i> gene in Saliva						
<i>Pg</i> gene positive (%)	29.4	34.5	0.80	100	71.4	0.004*
<i>Pg fimA</i> Type I positive (%)	17.6	27.6	0.87	20.8	0	0.0009*
<i>Pg fimA</i> Type II positive (%)	35.3	6.9	0.002*	100	69.4	0.002*
Incidence of IE (%)	0	0	NE	0	14.3	0.052

*, P<0.05, Mann-Whitney U test or chi-square test. Results are presented as the mean ± standard deviation (SD). VHD, valvular heart disease; P, periodontitis; IE, infective endocarditis; DM, diabetes mellitus; *fimA*, fimbrial gene; *Pg*, *P. gingivalis*; N, number; SD, standard deviation; NE, not examined.

Table 4. Relationship of the clinical and microbial findings to the occurrence of IE in VHD patients

	Without IE	With IE	P-value
Subjects N (M/F)	71 (35/36)	7 (5/2)	
Mean age (yr±SD)	67.2±13.4	67.7±16.4	0.69
Rate of smoking (%)	12.7	42.9	0.035*
Incidence of DM (%)	19.8	14.3	0.73
HbA1c (%)	5.8±0.5	6.0±1.1	0.87
N of remaining teeth	20.7±7.0	11.4±4.8	0.002*
Alveolar bone loss (%)	34.5±16.4	64.3±16.5	0.0007*
N of hopeless teeth	1.6±2.4	3.9±2.1	0.004*
Plasma IgG titer			
<i>P. gingivalis</i>	5.8±13.1	4.8±3.3	0.026*
<i>Pg</i> IgG titer>1.68 (%)	43.7	100	0.004*
<i>Pg</i> gene in Saliva			
<i>Pg</i> gene positive (%)	53.5	100	0.018*
<i>Pg fimA</i> Type I positive (%)	11.3	0	0.35
<i>Pg fimA</i> Type II positive (%)	40.8	100	0.003*

*, P<0.05, Mann-Whitney U test or chi-square test. Results are presented as the mean ± standard deviation (SD). VHD, valvular heart disease; IE, infective endocarditis; DM, diabetes mellitus; *fimA*, fimbrial gene; *Pg*, *P. gingivalis*; N, number; SD, standard deviation. The cut-off value of IgG titer against *Pg* for screening periodontitis was defined as 1.68 according to the previous report¹⁹.

Table 5. Odds ratio of clinical findings for the occurrence of IE

Parameters	Odds ratio	95 % CI	P-value
Sex (male)	2.6	0.5 - 14.1	0.26
Age >65 yr	1.5	0.3 - 8.5	0.62
Smoking	5.2	1.0 - 26.9	0.035*
Incidence of DM	0.68	0.1 - 6.1	0.73
N of remaining teeth >10	0.17	0.03 - 0.90	0.022*
Rate of alveolar bone loss			
>35 %	7.3	0.84 - 63.9	0.040*
>40 %	11.8	1.3 - 103.3	0.007*
N of hopeless teeth			
> 2	4.1	0.74 - 22.5	0.087
> 4	15.3	2.6 - 89.6	0.002*

A total of 78 VHD patients were analyzed by conditional logistic regression analysis. *P<0.05, chi-square test. CI, confidence interval.

Supplemental Table. Clinical and microbial findings in patients with or without VHD: statistical differences between moderate and severe periodontitis

Parameters	Without VHD			With VHD		
	Mild-to-moderate P	Severe P	P-value	Mild-to-moderate P	Severe P	P-value
Subjects N (M/F)	17 (8/9)	24 (11/13)		29 (16/13)	49 (24/25)	
Age (yr±SD)	58.6±8.8	60.2±15.8	0.48	67.6±9.0	71.3±10.0	0.06
Rate of smoking (%)	0	25.0	0.026*	13.8	16.3	0.76
Incidence rate of DM (%)	17.7	37.5	0.17	6.9	26.5	0.033*
HbA1c (%)	5.7±0.3	6.0±0.5	0.38	5.6±0.1	5.9±0.7	0.12
N of remaining teeth	25.1±3.5	18.5±6.1	0.004*	24.6±4.3	17.0±7.2	<0.0001*
Alveolar bone loss (%)	20.3±5.6	45.9±11.5	0.0001*	19.1±6.4	47.9±14.3	0.0001*
N of hopeless teeth	0.18±0.53	2.0±1.9	0.027*	0.48±0.95	2.6±2.7	<0.0001*
Plasma IgG titer						
<i>A. actinomycetemcomitans</i>	-0.34	-0.01	NE	-0.27	-0.04	NE
<i>E. corrodens</i>	-0.41	-0.11	NE	-0.39	-0.30	NE
<i>P. gingivalis</i>	1.8±2.9	16.0±12.4	<0.0001*	1.1±2.4	8.5±15.1	0.032*
<i>P. intermedia</i>	-0.36	-0.07	NE	-0.26	-0.11	NE
<i>Pg</i> gene in Saliva						
N of <i>Pg</i> gene positive	5	24	<0.0001*	10	35	0.0001*
N of <i>Pg fimA</i> type I positive	3	5	0.78	8	0	0.0001*
N of <i>Pg fimA</i> type II positive	6	24	0.0001*	2	34	<0.0001*
N of IE	0	0	NE	0	7	0.033*

*, $P < 0.05$, Mann-Whitney U test or chi-square test. VHD, valvular heart disease; P, periodontitis; IE, infective endocarditis; DM, diabetes mellitus; *FimA*, fimbrial gene; *Pg*, *P. gingivalis*; N, number; SD, standard deviation; NE, not examined.

We examined statistical differences in oral status between moderate and severe periodontitis in patients with or without VHD. There were 41 periodontitis patients without VHD with the following characteristics: The percentage of alveolar bone loss and number of hopeless teeth in the severe periodontitis group were significantly higher than in the moderate periodontitis group (alveolar bone loss: $P = 0.0001$; number of hopeless teeth: $P = 0.027$, Mann-Whitney U test). The rate of smoking was higher in the severe periodontitis group than in the moderate periodontitis group ($P = 0.026$, chi-square test). The plasma IgG titer against *Pg* in the severe periodontitis group was significantly higher than in the moderate periodontitis group ($P < 0.0001$, Mann-Whitney U test). Similar to the increase in IgG titer against *Pg*, the *Pg* gene was detected in the saliva of 100% of patients in the severe periodontitis group. Furthermore, we detected the *fimA* type II genotype in all 24 saliva samples of patients with severe periodontitis, but the *fimA* type II genotype was detected in only a few samples of patients with moderate periodontitis (35.3%). There was no significant difference in the *fimA* type I genotype between moderate and severe periodontitis groups ($P = 0.78$, chi-square test). An increase in the plasma IgG titer against *Aa*, *Ec*, and *Pi* was not observed.

There were 78 periodontitis patients with VHD with the following characteristics: The percentage of alveolar bone loss and number of hopeless teeth in the severe periodontitis group were significantly higher than in the moderate periodontitis group (alveolar bone loss: $P = 0.0001$; number of hopeless teeth: $P < 0.0001$, Mann-Whitney U test). There was a significant difference in the incidence of DM between

the moderate and severe periodontitis groups ($P=0.033$, chi-square test), but no significant difference was observed in HbA1c levels. There was no significant difference in the rate of smoking between the moderate and severe periodontitis groups ($P=0.76$, chi-square test). The plasma IgG titer against *Pg* in the severe periodontitis group was significantly higher than in the moderate periodontitis group ($P=0.032$, Mann-Whitney U test). Similar to the increase in IgG titer against *Pg*, the *Pg* gene was detected in the saliva of 69.4% of patients with severe periodontitis. In 35 *Pg* gene-positive saliva samples, the *fimA* type II genotype was predominant (97.1%), while the *fimA* type II genotype was detected only in a few samples from patients with moderate periodontitis (6.9%). There was a significant difference in the *fimA* type I genotype between moderate and severe periodontitis groups ($P=0.0001$, chi-square test). An increase in the plasma IgG titer against *Aa*, *Ec*, and *Pi* was not observed.