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2 **Blue LED light promotes indican accumulation and flowering in indigo plant, *Polygonum***  
3 ***tinctorium***

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22

23 **Abstract**

24 The photoperiod is a day-length-dependent seasonal change of physiological or developmental  
25 activities, such as flowering, in many plant species. *Polygonum tinctorium* (*P. tinctorium*) is an  
26 important industrial crop producing indigo blue dyes, and indican is an important substance as a  
27 precursor of indigo. Here, we report the day-length-dependent responses of growth, flowering,  
28 and indican synthesis in *P. tinctorium*. Indigo plants were grown in a hydroponic system under  
29 artificial light conditions in a completely-controlled plant factory. The growth parameters and  
30 indican content of leaves were measured and compared. Certain growth parameters (such as  
31 fresh weight and number of leaves) under 24-h continuous irradiation were significantly higher  
32 than those under other day-length conditions. Under 12-h photoperiod conditions, the flowering  
33 rate of plants with blue LED treatment increased six-fold compared with fluorescent white light  
34 treatment, while none of the plants flowered with red LED treatment. In the leaves, the relative  
35 expression levels of *Pt'IGS* and *Pt'BGL* were significantly higher in newer leaves compared to  
36 older ones. Indican content was greatly enhanced by blue light under 24-h continuous  
37 irradiation, which was reflected by increased expression levels of *Pt'IGS*. These findings  
38 demonstrate that there is a new regulatory mechanism for the indican synthesis pathway through  
39 blue light signalling. Blue light provides feasible strategy for artificially regulating indican  
40 synthesis and flowering in *P. tinctorium*.

41

42 **Keywords:** *Polygonum tinctorium*, Plant factory, Blue LED, Photoperiod, Flowering, Indican

43

## 44 1. Introduction

45 Light is a critical environmental factor that influences certain developmental  
46 processes in plants, all of which eventually affect plant productivity. These processes include  
47 seed germination, photomorphogenesis, chlorophyll synthesis, plant and leaf architecture,  
48 flowering, and fruit quality (Mawphlang and Kharshiing, 2017). Many flowering plants detect  
49 seasonal changes in night length or photoperiod. For instance, long-day (LD) plants, such as  
50 wheat (*Triticum aestivum*) and lettuce (*Lactuca sativa*), flower when night length falls below  
51 their critical photoperiod. In comparison, short-day (SD) plants, such as rice (*Oryza sativa*) and  
52 soybeans (*Glycine max*), flower when night length exceeds their critical photoperiod. Because  
53 the timing of flowering is determined by the photoperiod, the flowering of LD and SD plants is  
54 accelerated under LD and SD conditions, respectively. However, several studies have examined  
55 the relationship between flowering and light quality in an LD model plant *Arabidopsis*.  
56 Specifically, continuous red light is considered to inhibit flowering, while continuous blue light  
57 promotes flowering (Mockler et al., 2003; Guo et al., 1998). Rice is an SD model plant, with  
58 blue light accelerating flowering and red light delaying it (Hirose et al., 2006; Itoh et al., 2010;  
59 Izawa et al., 2000; Takano et al., 2005). Thus, light quality under LD and SD conditions  
60 represents an important environmental factor that affects the timing of flowering and gene  
61 expression through initiating the signalling cascade of photoreceptors, including red/far-red  
62 absorbing phytochromes (PHYs) (Chen and Chory, 2011), blue/UV-A absorbing cryptochromes  
63 (CRYs) and phototropins (PHOTs) (Christie et al., 2015). CRY1 has a major role in regulating  
64 seedling de-etiolation under blue light, whereas CRY2 is involved regulating flowering in  
65 response to day-length (Liu et al. 2011). PHOT1 and PHOT2 overlap in function to regulate

66 hypocotyl and root phototropism, chloroplast accumulation movement, stomatal opening, leaf  
67 positioning and leaf flattening (Christie et al., 2015). Among these, PHYA, PHYB, and CRY2  
68 in *Arabidopsis* and their homologs in rice, have been identified to be related to flowering (Su et  
69 al., 2016). Molecular studies of the timing of flowering and light quality have been primarily  
70 conducted on *Arabidopsis* and rice. However, several photoreceptors are always simultaneously  
71 activated by sunlight, the signal conduction performed by different photoreceptors is not  
72 independent but interferes with or depends on each other, and the relationship among  
73 photoreceptors may be also related to the light environment and specific plant physiological  
74 activities (Chen et al., 2019). In *Arabidopsis*, antagonism or synergism between PHYs and  
75 CRYs in de-etiolation, shade avoidance responses and flowering were reported (Casal, 2000).  
76 Thus, studies on other species are needed to understand the genetic diversity of the control of  
77 flowering in relation to light quality.

78           Over the last 10-years, light emitting diodes (LED) have been used as source of light  
79 in plant factory systems where completely-controlled environmental conditions are needed. It is  
80 generally assumed that, compared with other light sources, LEDs irradiate more  
81 photosynthetically or photomorphogenetically effective wavelengths of light. Initially, red  
82 LEDs were used as a light source to promote photosynthesis (Morrow, 2008). Blue light has  
83 been documented to influence vegetative growth, photomorphogenesis, stomatal opening,  
84 chlorophyll synthesis, and the production of secondary metabolites (Islam et al., 2012;  
85 Nascimento et al., 2013). In *Arabidopsis*, a low intensity of blue LED light superimposed on red  
86 LED light induced increased growth in green tissue and that the growth enhancement was  
87 particularly prominent when the plants were cultivated under low red LED light (Takemiya et

88 al., 2005). In rice, blue LED light supplementation increased the proper growth and total  
89 nitrogen content of leaves, compared with red LED light alone (Ohashi-Kaneko et al., 2006).  
90 Interestingly, leaf lettuce grown under alternating irradiation of red and blue LEDs exhibits a  
91 greater growth-promoting effect compared to the simultaneous irradiation of red and blue LEDs  
92 (Shimokawa et al., 2014). Similarly, alternating red and blue light with an interval of 1 h  
93 enhances the accumulation of biomass, sucrose and starch in lettuce (Chen et al., 2019). In  
94 addition, monochromatic blue LED light influences the production of secondary metabolites;  
95 Blue LED light induces levels of anthocyanin accumulation in strawberry, *Fragaria × ananassa*  
96 cv. Sachinoka and Fengguang (Kadomura-Ishikawa et al., 2013; Xu et al., 2014). Furthermore,  
97 blue LED light promotes the accumulation of soluble sugars in non-heading Chinese cabbage  
98 (Fan et al., 2013). Thus, the effects of single lights versus combinations of lights (simultaneous  
99 or alternating) on several developmental processes and secondary metabolite production have  
100 been investigated in many plant species.

101 *Polygonum tinctorium* is an important industrial crop producing indigo blue dyes.  
102 Indigo plant has been a useful material for traditional herbal medicine in Japan to exhibit  
103 anti-oxidant, anti-allergic effect, anti-cancer and anti-inflammatory activities (Kunikata et al.,  
104 2000; Lin et al., 2009; Jang et al., 2012; Heo et al., 2014; Tokuyama-Nakai et al., 2019). It has  
105 many varieties, including “senbon” with red flowers and rounded leaves, and “kojoko” with  
106 white or red flowers and pointed leaves. The healthy leaves of indigo plants produce reactive  
107 indoxyl and efficiently glycosylate it with UDP-glucosyltransferase / indoxyl-b-D-glucoside  
108 synthase (UGT / IGS) to generate indican. Indican is a major metabolite of colourless glucoside  
109 and is a precursor of indigo (Minami et al., 2000). Thus, healthy leaves do not have any blue

110 colouration. However, when the tissue of leaves is damaged, indican is degraded by  
111 beta-glucosidase (BGL) to indoxyl and glucose, followed by the dimerization of indoxyl by  
112 spontaneous oxidation to form indigo via a leucoindigo intermediate (Epstein et al., 1967; Hue  
113 et al., 2018). The intracellular localization of BGL and IGS proteins has been detected in  
114 chloroplasts and the endoplasmic reticulum (ER), respectively (Minami et al., 1999; Inoue et al.,  
115 2018). In mature plants of *P. tinctorium*, the first and second new leaves contain larger amounts  
116 of indican per gram of tissue than older leaves and the other tissues (Minami et al., 2000; Inoue  
117 et al., 2018). Indican occurs in concentrations as high as a few percentage of the wet weight of  
118 indigo plant leaves during plant growth; however, knowledge remains limited about the  
119 regulatory mechanisms of synthesis and accumulation of indican.

120           Light control is a key component of controlled-environment agriculture, especially  
121 for closed vertical farming systems where artificial lamps are the only light source for plant  
122 growth. Optimizing LED light conditions could contribute towards developing novel  
123 agricultural technologies, such as plant factories. Here, we used *P. tinctorium* “senbon” to  
124 investigate how the quality of LED lights affects the growth and timing of flowering under  
125 various day-length conditions. We also analysed indican content to determine the correlation  
126 between indican synthesis and light quality. Our findings are expected to provide a feasible  
127 strategy for artificially regulating indican synthesis and flowering in *P. tinctorium*.

128

129 **2. Materials and Methods**

130 **2.1. Growth conditions**

131 *Polygonum tinctorium* cv. senbon (Tokushima Agriculture, Forestry, and Fisheries  
132 Technology Support Center, Tokushima Pref., Japan) was used and cultivated in a plant growth  
133 facility (plant factory) using circulation hydroponics and artificial LED lighting (a SHIGYO  
134 unit, Showa Denko, Japan) (Fig. 1A). For each experimental condition, *P. tinctorium* seeds  
135 were germinated in commercially available vermiculite, and grown at 22 °C under fluorescent  
136 light (Panasonic, Japan). Light intensity was 100–160  $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$  photosynthetic photon flux  
137 density (PPFD). The light cycle was 14-h light/10-h dark. When root length reached about 3 cm,  
138 seedlings were transferred to the hydroponic bed in the plant factory. Seedlings with five leaves  
139 were selected for the hydroponic experiments (Fig. 1B).

140 To examine the effect of LED light on the growth of *P. tinctorium*, we used 660-nm  
141 monochromatic red LED (PT R120V24, Showa Denko K.K., Japan), 450-nm monochromatic  
142 blue LED (PT B120V24, Showa Denko K.K., Japan), red/blue LED at a 2:1 ratio of  
143 660-nm/450-nm (DPT 2RB120T33-M2, Showa Denko K.K., Japan) and fluorescent white light  
144 (Panasonic, Japan). The examined light/dark photo-cycles were 8-h/16-h, 12-h/12-h, 14-h/10-h,  
145 16-h/ 8-h and 24-h/0-h. Fluorescent white light (FL) was used as a control. The day-length  
146 conditions for the control were 14-h/10-h light/dark photo-cycle (14-h photoperiod). Reflectors  
147 were used to prevent the contamination of lights from another shelf. The light intensity PPFD  
148 was measured by an RGB photon measuring instrument (Model-101EG, Nippon Medical &  
149 Chemical Instruments Co., Ltd, Japan). Nutrient solution Ootsuka-A formula (OAT-A formula,  
150 OAT Agrico Co., Ltd., Japan) was diluted twice, and used for hydroponic culture in the plant

151 factory. The diluted solution of Ootsuka-A formula was containing N (258 ppm), P<sub>2</sub>O<sub>5</sub> (60 ppm),  
152 K<sub>2</sub>O (202.5 ppm), CaO (115 ppm), MgO (30 ppm), MnO (0.75 ppm), B<sub>2</sub>O<sub>3</sub> (0.75 ppm), Fe  
153 (1.35 ppm), Cu (0.015 ppm), Zn (0.045 ppm), and Mo (0.015 ppm). The pH and EC of the  
154 hydroponic nutrient solution were kept at 5.8–6.9 and 0.8–1.2 dS·m<sup>-1</sup>, respectively. After 40  
155 days of hydroponic culture, the plants were collected. The fresh weight of plants, number of  
156 leaves, fresh weight of total leaves, length of main stem, number of branches and indican  
157 content of leaves were measured.

158

## 159 **2.2. *Indican extraction and HPLC analysis***

160 Leaves were harvested, and the fresh weight of each sample was recorded. Leaves  
161 were then frozen in liquid nitrogen. Indican was extracted by slightly modifying a previously  
162 reported protocol (Minami et al., 2000). For HPLC analysis, a frozen leaf was broken in pieces  
163 with a BioMasher II (Nippi, Japan) or a mortar in liquid nitrogen. It was then suspended in 0.5–  
164 5.0 mL of a methanol-chloroform solution (CH<sub>3</sub>OH:CHCl<sub>3</sub>:H<sub>2</sub>O = 12:5:3, v/v). The suspension  
165 was centrifuged at 17,000 g for 15 min. The supernatant was saved, and the pellet was extracted  
166 twice more in the same manner. The combined supernatants were mixed with 0.35~3.50 mL  
167 chloroform and 0.5~5.0 mL H<sub>2</sub>O. The mixture was then centrifuged. The aqueous layer was  
168 used for the quantitative analysis of indican.

169

## 170 **2.3. *RNA isolation and quantitative RT-PCR analysis***

171 Leaves were homogenized in TRI Reagent with a BioMasher II (Nippi, Japan). Total  
172 RNA extraction was performed by following the manufacturer's protocol. cDNA was

173 synthesised from 500 ng total RNA using the PrimeScript™ RT Master Mix (Perfect Real  
174 Time) (TaKaRa, Japan). Quantitative RT-PCR (qPCR) was performed on a Thermal Cycler  
175 Dice Real Time System (TaKaRa, Japan). Primer sequences for qPCR were based on cDNA  
176 sequence of *P. tinctorium* 'senbon' *actin* (*Pt'act*) and previously reported *beta-glucosidase*  
177 (*Pt'BGL*, AB003089). The following primer sets were designed using the Primer 3 software:  
178 5'-GCT GGA AAC TGC CAA GAG CA-3' and 5'-GGG CAT CTG AAC CTC TCA GCA-3'  
179 for *Pt'act*; 5'-CAA CCT CTT GGC AGC GTC AC-3' and 5'-CAA CCG CTC CCT CAT CGT  
180 CT-3' for *Pt'BGL*. In *indoxyl-b-D-glucoside synthase* (*Pt'IGS*), 5'-AGA CGG TGT CAT GTG  
181 AGT TTG C-3' and 5'-CGT CGT TCT TCC TAT CCT GAA-3' were used (Inoue et al., 2018).  
182 PCR reactions were performed in a mixture containing diluted cDNA, 200 nM of each primer,  
183 and 1x TB Green™ Premix Ex Taq™ II (TaKaRa, Japan). The following amplification  
184 parameters were applied: 95 °C for 30 s, followed by 40 cycles at 95 °C for 5 s and 60 °C for 30  
185 s. The target quantity in each sample was normalised to the reference control (*Pt'act*) using a  
186 comparative ( $2^{-\Delta\Delta Ct}$ ) method following the manufacturer's instructions.

187

#### 188 **2.4. Transcriptome sequencing**

189 The seedlings of *P. tinctorium* were grown with monochromatic red or  
190 monochromatic blue LED in a plant factory. Total RNA extraction from leaves was performed  
191 using TRI reagent, as described in the previous section 2.3. Total RNA samples were used for  
192 mRNA enrichment, fragmentation and cDNA library construction. cDNA library construction  
193 and sequencing with NovaSeq 6000 System was performed at MacroGen Japan. Transcriptome  
194 de novo assembly was performed to reconstruct the transcript sequences without the reference

195 genome sequence. To annotate the clustered unigenes, they were blasted against public  
196 databases with a blastx and BLASTN and BLASTX, including Kyoto Encyclopedia of Genes  
197 and Genomes (KEGG), NCBI Nucleotide (NT), Pfam, Gene ontology (GO), NCBI  
198 non-redundant Protein (NR), UniProt and EggNOG.

199

## 200 **2.5. *Statistical analysis***

201 Data are presented as mean  $\pm$  SD. Statistical analyses were performed using a  
202 two-tailed Student's *t*-test.

203

## 204 3. Results

### 205 3.1. Effects of various light conditions on growth and flowering during the hydroponic 206 culture of *P. tinctorium*

207 As the control, we examined the hydroponic culture of *P. tinctorium* cv. senbon under  
208 fluorescent light (FL) under a stable 12-h light/12-h dark photo-cycle (12-h photoperiod), a  
209 stable 14-h light/10-h dark photo-cycle (14-h/10-h photoperiod) and 24-h continuous irradiation  
210 (24-h photoperiod) in the plant factory. New leaves were formed one at a time from the top of  
211 the stem, and the leaves had a rounded blade shape (Fig. 1C). Phyllotaxis was an alternate type  
212 of leaf that formed at each knot on the stem, and then new branches began to form sequentially  
213 at each petiole from the bottom of the main axis (Fig. 1D, E). The fresh weight (FW) of shoots  
214 was greatest under 24-h photoperiod at 40 days after planting, reaching significant level  
215 compared with other treatment in the present study (Fig. 2). In brief, the 24-h photoperiod  
216 produced the highest growth parameters, including number of the leaves (NL) and FW, the  
217 length of main stem and number of branched shoots (Table 1). No significant differences were  
218 detected for certain growth parameters, including FW and NL between the 14-h and 16-h  
219 photoperiods (data not shown). In comparison, the 12-h photoperiod resulted in flowering.  
220 Flower bud formation and blooming flowers were observed at the apical meristem of main stem  
221 within 66 days after planting during hydroponic culture under the 12-h photoperiod (Fig. 1F-H).  
222 However, flowering was not observed under a 14-h photoperiod nor other LD conditions.

223 The effects of light quality on plant growth and flowering time were examined in  
224 hydroponic system with simultaneous red and blue (R+B), monochromatic red (R) and  
225 monochromatic blue (B). The means of these light intensities were  $197.8 \pm 21.0 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$  for

226 R+B,  $151.5 \pm 16.6 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$  for R, and  $55.3 \pm 6.5 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$  for B, respectively.

227 Compared with the 14-h and 24-h photoperiods under simultaneous R+B treatments, there was

228 no significant difference in the fresh weight of shoots (Fig. 2). The only difference occurred for

229 the length of the main stem between the growth parameters of 14-h and 24-h photoperiod

230 treatments (Table 1). Under the 12-h photoperiod, growth parameters were lower, with

231 flowering being observed at a rate of 15.7% in the total shoot apical (Table 2). In the

232 monochromatic R treatment, the fresh weight of shoots and their growth parameters were the

233 highest under the 24-h photoperiod (Table 1). Of note, even though the growth parameters

234 under the 12-h photoperiod with monochromatic R were similar to those under 12-h

235 photoperiod with FL, flower bud formation was not observed in any shoot apicals under the

236 12-h photoperiod after 66 days of hydroponic culture (0.0%, Table 2). Compared with FL and

237 simultaneous R+B, no morphological changes were observed in leaf shape and the phyllotaxis

238 of plants under monochromatic R. In comparison, under monochromatic B resulted in poor

239 growth based on the fresh weight of shoots and their growth parameters (Fig. 2 and Table 1).

240 The length of the main stem under the 24-h photoperiod with monochromatic B was statistically

241 indistinguishable from that under the 24-h photoperiod with FL (Table 1); however, there were

242 significant differences in the number of nodes ( $10.8 \pm 0.9$  in monochromatic B vs  $14.5 \pm 1.3$  in

243 FL) and internode length ( $3.0 \pm 0.2$  cm in monochromatic B vs  $2.5 \pm 0.1$  cm in FL). Thus, this

244 phenomenon might be the increased internode elongation (spindly growth). In contrast to the

245 monochromatic R treatment, the rate of flowering was highest under the 12-h photoperiod with

246 monochromatic B treatment (87.6%, Table 2). Thus, flowering was noticeably enhanced by blue

247 light in hydroponic *P. tinctorium*.

248

### 249 3.2. *Effects of light quality on indican synthesis*

250 To examine the effects of light conditions on indican synthesis, the indican content  
251 of leaves at three positions (1st, 4th and 7th) was compared under various light conditions.  
252 Under the 14-h photoperiod with FL, indican was present in  $1.01 \pm 0.18$ ,  $0.19 \pm 0.04$  and  $0.14 \pm$   
253  $0.02$  % at the 1st, 4th and 7th leaf position, respectively (Fig. 3). Under FL or simultaneous  
254 R+B treatment, indican content at the 4th and 7th positions of leaves was significantly higher  
255 for the 24-h photoperiod compared to the 14-h photoperiod. Similarly, under monochromatic R  
256 or B treatment, indican content at the 4th and 7th positions of leaves was higher for the 24-h  
257 photoperiod compared to the 14-h photoperiod. Under 12-h photoperiod with monochromatic B  
258 treatment, the 1st position of leaves had the lowest levels of indican content, but the highest  
259 flowering rate. *Pt'IGS* was expressed at relatively high levels in the 1st position of leaves  
260 compared with the other leaf positions (Fig. 4). The relative expression levels of *Pt'BGL* in the  
261 1st position of leaves were also high dramatically, because the expression levels of *Pt'BGL* in  
262 the 4th and 7th leaves were not detectable with qPCR (Fig. 4).

263

### 264 3.3. *Time-dependent change to the indican content of leaves*

265 There was a significant difference in plant growth between blue light and other light  
266 conditions. The size of the 4th and 7th leaves also differed under each light condition. Of note,  
267 because the leaves at the 1st position where indican content was measured were approximately  
268 the same size, we expected that the amount of indican contents in the 1st leaves treated with  
269 blue light to be relatively higher. Under fluorescent lamps, the indican content of new leaves

270 gradually increased. After reaching 1.1%, no increase was observed. The results were the same  
271 for both the 14-h photoperiod and 24-h photoperiod (Fig. 5A). However, under the blue LED,  
272 the 14-h photoperiod and 24-h photoperiod differed. For the 24-h photoperiod, no further  
273 increase was observed in new leaves once 1.7% indican content was reached (Fig. 5A). In  
274 additional experiments, we found that the indican contents of leaves significantly increased  
275 ( $0.62 \pm 0.05$  % to  $0.89 \pm 0.13$  %) when monochromatic blue LED light was changed from 60 to  
276  $120 \mu\text{mol m}^{-2} \text{s}^{-1}$  under the 12-h photoperiod, while no other significant changes were detected  
277 under LD conditions. Furthermore, when the light intensity of the red and blue LEDs was the  
278 same under 24-h photoperiod for 23 days, indican content was higher under blue light  
279 conditions ( $1.11 \pm 0.14$  % in red vs  $1.45 \pm 0.16$  % in blue).

280 Time dependent changes to *Pt'IGS* and *Pt'BGL* expression differed under the 24-h  
281 photoperiod with blue LED, which promoted indican synthesis (Fig. 5B). For plants grown  
282 under a 24-h photoperiod, *Pt'IGS* and *Pt'BGL* expression increased, whereas *Pt'IGS* expression  
283 decreased at 38 days of growth. *Pt'IGS* expression under the 24-h photoperiod with blue LED  
284 was significantly higher than that under the 24-h photoperiod with FL during the early stage of  
285 growth. *Pt'BGL* expression under the 24-h photoperiod with blue LED was significantly higher  
286 than that under the 24-h photoperiod with FL at all times of day.

287

#### 288 4. Discussion

289 Light controls many of the physiological processes of plants as signals. Plant  
290 responses are triggered by changes to light intensity, light quality and photoperiod. Thus, here,  
291 we investigated the growth, flowering and indican synthesis of indigo plant *P. tinctorium* under  
292 various photoperiod conditions with red and blue LED lights. In examination of the effect of  
293 photoperiods, the 24-h photoperiod promoted the greatest shoot biomass in *P. tinctorium*.  
294 Monochromatic red light increased the growth parameters more than monochromatic blue light;  
295 however, simultaneous red and blue conditions had higher growth parameters than  
296 monochromatic red conditions. Thus, simultaneous blue and red lights appear to be synergistic  
297 for *P. tinctorium* growth. In lettuce, alternating irradiation of red and blue LEDs exhibits a  
298 greater growth-promoting effect compared to the simultaneous irradiation of red and blue LEDs  
299 (Shimokawa et al., 2014; Chen et al., 2019). In *P. tinctorium*, compared to the simultaneous  
300 irradiation of red and blue light in the 12-h photoperiod, alternating red and blue light at 4-h and  
301 12-h intervals produced low numbers of branches but increased stem length significantly (data  
302 not shown). Thus, alternating irradiation may negatively affect growth in *P. tinctorium*, likely  
303 repressing photomorphogenesis. In addition, we demonstrated that blue light intensity affects  
304 the stem growth: When the amount of blue and red light was reduced to  $25 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ , the  
305 length of the main stem and number of nodes were lower in both cases. When the same intensity  
306 of red and blue LEDs was compared ( $60 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ ) under the 24-h photoperiod for 40 days,  
307 growth parameters (number of leaves, fresh weight, number of branches, etc.) were significantly  
308 lower in blue light condition. In the latter case, the length of the main stems reached 25 cm  
309 under monochromatic blue light faster than under monochromatic red light. There was no

310 difference in the number of nodes ( $11.8 \pm 0.5$  in blue vs  $12.0 \pm 0.8$  in red), but the internodes  
311 were increased under blue light ( $2.0 \pm 0.1$  cm in blue vs  $1.6 \pm 0.1$  cm in red), implying that  
312 promoted internode elongation (spindly growth). Thus, spindly stem growth may depend on  
313 blue light intensity.

314           Light quality affects the flowering of *P. tinctorium*. A stable 12-h photoperiod under  
315 FL induced flowering in hydroponic *P. tinctorium* (14.2%, Table 2), we used a stable 12-h  
316 photoperiod as the SD condition for flowering. Monochromatic blue light had the highest  
317 flowering rate. In comparison, blue and red light combined (e.g., blue + red) decreased the  
318 flowering rate, while monochromatic red light entirely inhibited flowering. Blue light strongly  
319 promoted flowering in *P. tinctorium*, whereas red light was suitable for growth without  
320 flowering. Changing light at appropriate intervals (e.g., from red to blue) could induce the  
321 formation of buds for flowering within 30 days (data not shown). Previous studies reported that  
322 PHYA, PHYB and CRY1 regulate the timing of flowering in *Arabidopsis* and rice (*Oryza*  
323 *sativa*). *PHYA* mutations in rice coupled with mutations in either *PHYB* or *PHYC* cause  
324 dramatic early flowering (Takano et al., 2005). Thus, light receptors play an important role in  
325 the photoperiodic control of flowering and red light might inhibit flowering in SD plants. *CRY2*  
326 antisense transgenic rice flowers later than WT under both LD and SD conditions (Hirose et al.,  
327 2006). Thus, blue light signalling can promote flowering in SD plants. Blue light accelerated  
328 flowering, while additional red light delayed it, in the current study; thus, negative effects, such  
329 as later flowering, was likely caused by red light under SD conditions in *P. tinctorium*.  
330 Monochromatic blue light produced the highest indican content in leaves under LD conditions,  
331 but the lowest under SD conditions (Fig. 3). For *P. tinctorium* cultivated throughout the whole

332 growth period, red and blue light had synergistic effects on growth under LD conditions;  
333 however, blue light was the most efficient lighting strategy at producing high indican content in  
334 leaves and greater flowering. The blue-light receptor gene *CRY2* and the far-red-light receptor  
335 gene *PHYA* promote flowering under LD conditions in *Arabidopsis*, by contrast, red-light  
336 receptor gene *PHYB* inhibits flowering under both LD and SD conditions in *Arabidopsis*  
337 (Johnson et al., 1994; Guo et al., 1998; Mockler et al., 1999). These findings indicate that light  
338 receptors play an important role in the photoperiodic control of flowering.

339           Under the 24-h photoperiod with monochromatic blue LED light, *Pt'IGS* transcripts  
340 increased with indican content until 31 days of growth (Fig. 5). Thus, the accumulation of  
341 indican was likely related to an increase in *Pt'IGS* transcripts. Subsequently, indican did not  
342 increase any further under FL and monochromatic blue LED. Thus, this equilibrium might be  
343 related to a decline in *Pt'IGS* expression. Interestingly, the number of *Pt'BGL* transcripts under  
344 blue light increased significantly until 38 days of growth, compared with that under control.  
345 Thus, blue light might regulate to enhance the accumulation of both indican and *Pt'BGL*  
346 expression in *P. tinctorium* leaves. Although indican concentration reaches a few percentage of  
347 the wet weight of leaves during plant growth, knowledge remains limited about the  
348 accumulation mechanisms of indican *in vivo*.

349           The major bioactive compounds of indigo plants were identified to be indigo,  
350 indirubin, and tryptanthrin (Liau et al., 2007). Indirubin is an isomer of indigo, and it is also a  
351 metabolite of *P. tinctorium* (Xiao et al., 2002). In general, the yield of indigo and indirubin are  
352 influenced by environmental factors and the quality of growing season (Wang et al., 2019).  
353 Tryptanthrin was detected exclusively in the extracts of the leaves, but not in stems

354 (Tokuyama-Nakai et al, 2018). However, knowledge remains limited about the mechanisms of  
355 accumulation for indirubin and tryptanthrin. Indirubin is produced from indoxyl in a process  
356 similar to indigo *in vivo*, but no reports describe the tryptanthrin synthesis pathway in plants.  
357 RNA-seq analyses provide a powerful tool for acquiring transcriptomic information and  
358 identifying the genes involved in the biosynthesis and metabolism of natural products in plants.  
359 RNA-seq analyses for indican biosynthesis pathway genes were performed in two indigo plants,  
360 *Indigofera tinctoria* and *P. tinctorium* (Sarangi et al., 2015; Minami et al., 2015; Wang et al.,  
361 2019). We performed RNA-seq analysis of *P. tinctorium* grown under blue light versus red light  
362 in a plant factory. Interestingly, the relative expression of *Pt'IGS* and *Pt'BGL* in 1st leaves  
363 grown under monochromatic blue light was higher compared to that under monochromatic red  
364 light based on RNA-seq analysis, which was confirmed by qPCR analysis (Fig. 6).

365 RNA-seq analysis revealed that the major enzymes involved in indican accumulation  
366 were highly expressed under blue light condition, providing a credible insight towards  
367 understanding why indican accumulated at this treatment. It has been reported that indole can be  
368 oxidized to form indoxyl in the presence of CYP450, which promotes the transformation of  
369 accumulated indole to indoxyl (Song et al., 2011). The transgenic tobacco plants expressing  
370 both human *CYP2A6* and maize *indole synthase (bx1)* resulted in the formation of indoxyl and  
371 lower level of indican compared with in *P. tinctorium*, but did not develop the formation of  
372 indigo (Warzecha et al., 2006), indicating that the most indoxyl was less transformed to indican  
373 by ubiquitous glucosyl transferases (GTs). Thus, repression of *Pt'IGS* function in indigo plants  
374 or overexpression of specific *Pt'IGS/UGTs* in other indigo plants may be efficiently mimicked  
375 for biosynthetic pathway in metabolic engineering of plants to accumulate indigo or indirubin or

376 tryptanthrin. *Pt'IGS* is associated with ER membranes and may interact with ER membrane  
377 localized CYP450s in *P. tinctorium* (Inoue et al., 2018). There are seven unigenes encoding  
378 CYP450s and six unigenes encoding UGTs including *Pt'IGS* in *P. tinctorium* by RNA-seq  
379 analysis (Wang et al., 2019). However, the function of these genes and what controls the  
380 transcription of those genes including *Pt'IGS* and *Pt'BGL* were still unknown. Our findings  
381 revealed that LD condition with blue light, i.e. a blue light signaling is involved in transcription  
382 of *Pt'IGS* and *Pt'BGL* genes. Monochromatic blue light promoted the increase of *Pt'IGS*  
383 mRNA transcription in *P. tinctorium* compared with those under fluorescent light or red light,  
384 indicating that up-regulated *Pt'IGS* may promote indican accumulation in vacuoles. In addition,  
385 *Pt'BGL* was up-regulated by monochromatic blue light, indicating that up-regulated *Pt'BGL*  
386 may be stored in chloroplasts. Therefore, the leaf tissues highly accumulated indican and BGL  
387 can be used to produce more indigo and indirubin. In summary, it was found that blue light  
388 provides feasible strategy for artificially promoting the indican synthesis pathway and also  
389 flowering in *P. tinctorium*.  
390

391 **5. Conclusions**

392           Regulating light conditions is a key component of controlled-environment agriculture,  
393 especially for closed vertical farming systems where artificial lamps are the only source of light  
394 for plant growth. *Polygonum tinctorium* is an SD plant, for which flowering is drastically  
395 enhanced by monochromatic blue LED light under 12-h photoperiods. In the blue light  
396 treatment, under 12-h or 24-h photoperiod showed the lowest or highest levels of indican  
397 content of leaves. Compared with the plants treated with fluorescent white light, treatment with  
398 monochromatic blue LED light under a 24-h photoperiod increased *Pt'IGS* and *Pt'BGL*  
399 expression and indican content of leaves. These results reveal the novel mechanism by which  
400 the indican synthesis pathway is controlled by blue light signalling to promote the accumulation  
401 of indican and BGL proteins in vacuoles and chloroplasts of *P. tinctorium* leaves, respectively.  
402 Blue light treatment could be used to control the indican synthesis pathway and flowering in *P.*  
403 *tinctorium* with high efficiency, by strictly using day-length in plant factories.  
404

405 **Declaration of Competing Interest**

406           There are no conflicts to declare.

407

408

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415 Tokushima, Japan.

416

417 **Figure legends**

418

419 Fig. 1. Hydroponic culture of the indigo plant *Polygonum tinctorium* under fluorescent light in a  
420 plant factory.

421 A, Type of circulation in the hydroponic system with artificial lights. B, Seedlings with five  
422 leaves, just after planting. C, New leaves are indicated by arrows, lateral and top view. No.1–5  
423 in B and C correspond to each leaf position, respectively. D, New branches are indicated by  
424 arrows. E, Growth of *P. tinctorium* plants 14 days after planting. F, Initial flower bud is  
425 indicated by an arrow. G, Developing flower buds. H, Blooming flowers.

426

427 Fig. 2. Comparison of the fresh weight of plant shoots grown under SD and LD conditions.

428 Graphs show the effect of simultaneous red and blue (R+B), monochromatic red (R) or blue (B)  
429 LEDs on the growth of *P. tinctorium* and fluorescent light (FL) for control, in three different  
430 lighting conditions. 12-h represents a stable 12-h light/12-h dark photo-cycle, 14-h represents  
431 14-h light/10-h dark photo-cycle and 24-h represents 24-h continuous lighting. Data are the  
432 means  $\pm$  SD, n = 4~15 from two to three independent experiments,  $P^{\#} < 0.05$  (14-h vs 24-h).

433

434 Fig. 3. Effects of light quality and photoperiod on the indican content of leaves at various  
435 positions.

436 Comparison of indican content in leaves at various positions using LED lighting (R+B, R, B)  
437 and control (FL) under the three photoperiods (12-h, 14-h, 24-h) for 30 days. 1st, 4th and 7th  
438 correspond to leaf position; 1st is the youngest leaf, 7th is the oldest leaf, and 4th is the

439 intermediate aged leaf. Data are the means  $\pm$  SD, n = 4~15 from two to three independent  
440 experiments.  $P^{\#} < 0.05$ ,  $P^{\#\#} < 0.01$  (14-h vs 24-h);  $P^* < 0.05$ ,  $P^{**} < 0.01$  (12-h vs 14-h).

441

442 Fig. 4. Relative expression levels of genes involved in the indican synthesis pathway.

443 Relative expression levels of *Pt'IGS* and *Pt'BGL* at different leaf positions. 1st is the youngest  
444 leaf, 7th is the oldest leaf, and 4th is the intermediate aged leaf.

445

446 Fig. 5. Time-dependent changes to indican content and the expression of *Pt'IGS* and *Pt'BGL*  
447 during growth under LD conditions in *Polygonum tinctorium*.

448 A, Changes to indican contents under 14-h and 24-h photoperiods with FL or monochromatic  
449 blue LED. B, Changes to the relative expression level of *Pt'IGS* and *Pt'BGL* are shown for the  
450 24-h photoperiod with FL or monochromatic blue LED. Data are the means  $\pm$  SD, n = 4.

451

452 Fig. 6. Relative expression levels of *Pt'IGS* and *Pt'BGL* in the 1st leaves.

453 Plants were grown under SD conditions with monochromatic red LED (R) or monochromatic  
454 blue LED (B) treatment. A, Relative expression levels of *Pt'IGS* by quantitative RT-PCR  
455 (qPCR) and RNA-seq analyses. B, Relative expression levels of *Pt'BGL* by qPCR and RNA-seq  
456 analyses.

457

458

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630

631 **Table 1** Results of the hydroponic culture of the indigo plant *Polygonum tinctorium* in a  
 632 plant factory.  
 633

Light conditions	Number of leaves	Fresh weight of leaves (g)	Length of main stem (cm)	Number of branched shoots	
FL(white)	12-h	211.0 ± 20.6	27.7 ± 5.4	15.8 ± 1.0*	27.0 ± 5.4
	14-h	223.0 ± 55.3	33.0 ± 11.5	22.7 ± 4.6	33.8 ± 7.2
	24-h	336.5 ± 69.2 <sup>#</sup>	59.3 ± 14.4 <sup>##</sup>	33.9 ± 2.4 <sup>##</sup>	51.1 ± 12.8 <sup>#</sup>
R+B	12-h	253.0 ± 35.5*	39.8 ± 6.6	16.8 ± 1.5 <sup>**</sup>	38.0 ± 9.0
	14-h	356.3 ± 59.3	60.1 ± 19.3	23.1 ± 2.0	50.3 ± 10.4
	24-h	356.9 ± 40.7	60.9 ± 16.2	31.2 ± 3.6 <sup>##</sup>	56.9 ± 9.3
R	12-h	217.3 ± 20.7	28.8 ± 3.4	18.0 ± 0.9*	32.5 ± 3.0
	14-h	236.5 ± 98.8	42.1 ± 18.3	20.6 ± 1.1	40.8 ± 12.5
	24-h	317.9 ± 37.0 <sup>#</sup>	61.6 ± 13.5 <sup>#</sup>	29.8 ± 3.3 <sup>##</sup>	50.5 ± 5.0
B	12-h	91.3 ± 7.5	8.1 ± 1.3	13.9 ± 1.2*	12.5 ± 2.4
	14-h	94.7 ± 16.8	8.8 ± 2.9	17.7 ± 2.6	12.3 ± 2.6
	24-h	117.5 ± 20.1 <sup>#</sup>	21.2 ± 6.6 <sup>##</sup>	31.5 ± 5.8 <sup>##</sup>	17.8 ± 2.9 <sup>##</sup>

634

635 Plants were cultivated in a plant factory for 40 days under three different photoperiods (12-h,  
 636 14-h, 24-h) using LED lighting; simultaneous red and blue LEDs (R+B), monochromatic red  
 637 LED (R), monochromatic blue LED (B) and control (FL). Data are the means ± SD, n = 4~12  
 638 from two to three independent experiments.  $P^{\#} < 0.05$ ,  $P^{\#\#} < 0.01$  (14-h vs 24-h);  $P^* < 0.05$ ,  
 639  $P^{**} < 0.01$  (12-h vs 14-h).

640

641 **Table 2** Effects of light quality on the flowering of *Polygonum tinctorium* under SD  
 642 **condition.**  
 643

Light treatment	Number of flowering	Number of branched shoots	Rate of flowering (%)
FL (white)	8.1 ± 5.9	57.0 ± 11.5	14.2
R+B	11.8 ± 4.9	75.1 ± 15.2**	15.7
R	0.0 ± 0.0**	64.8 ± 14.7	0.0
B	30.9 ± 12.3**	35.3 ± 8.8**	87.6

644  
 645 Plants were cultivated under 12-h photoperiod conditions with fluorescent white light (FL),  
 646 simultaneous red and blue LEDs (R+B), monochromatic red LED (R) or monochromatic blue  
 647 LED (B) for 66 days in a plant factory. Data are the means ± SD (n = 8 or 12). Flowering rate is  
 648 the percentage of branch shoots with flower buds out of total branched shoots. Days to  
 649 flowering after the start of a stable 12-h photoperiod treatment.  $P^{***} < 0.01$  (vs FL).

Fig 1

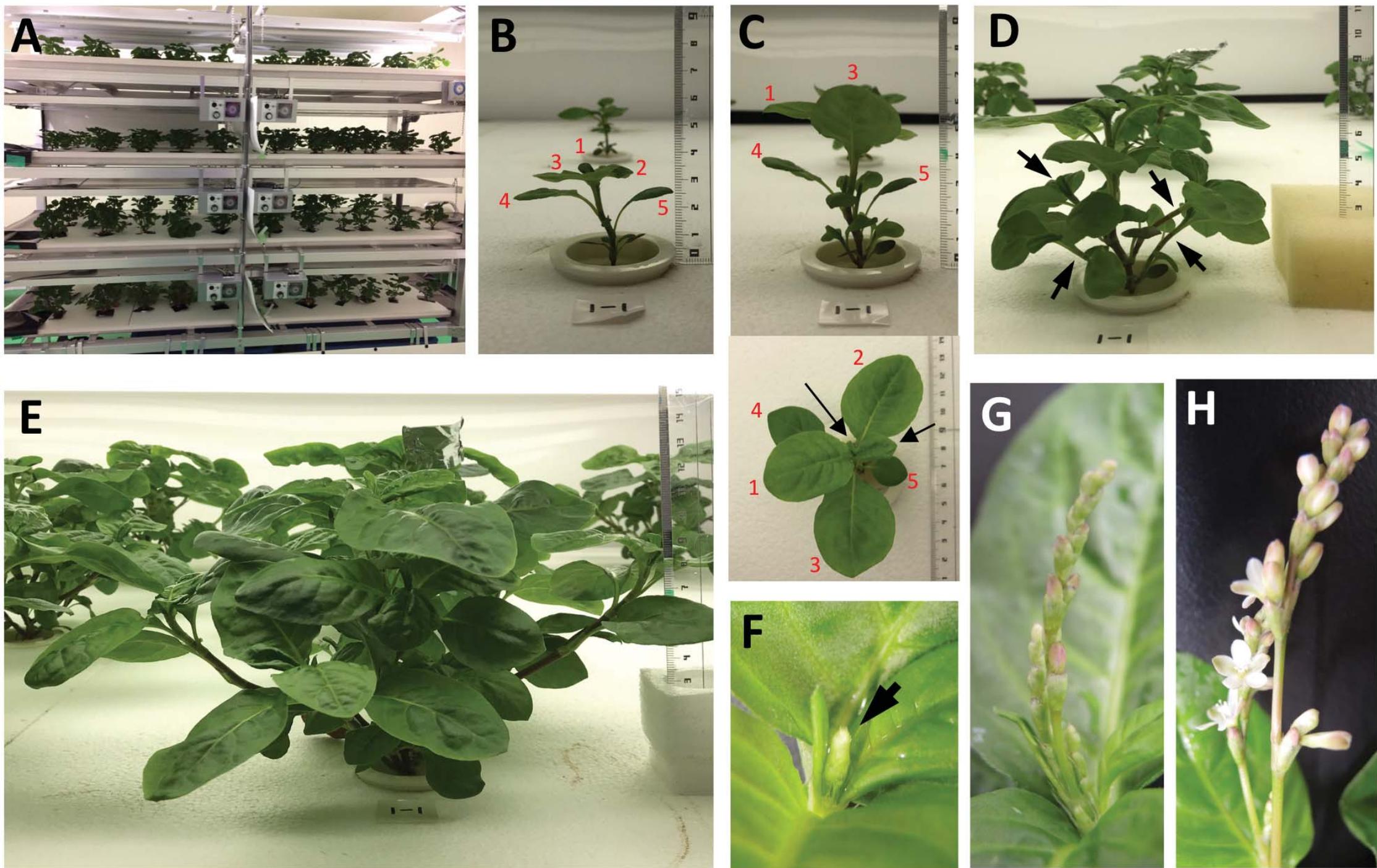


Fig 2

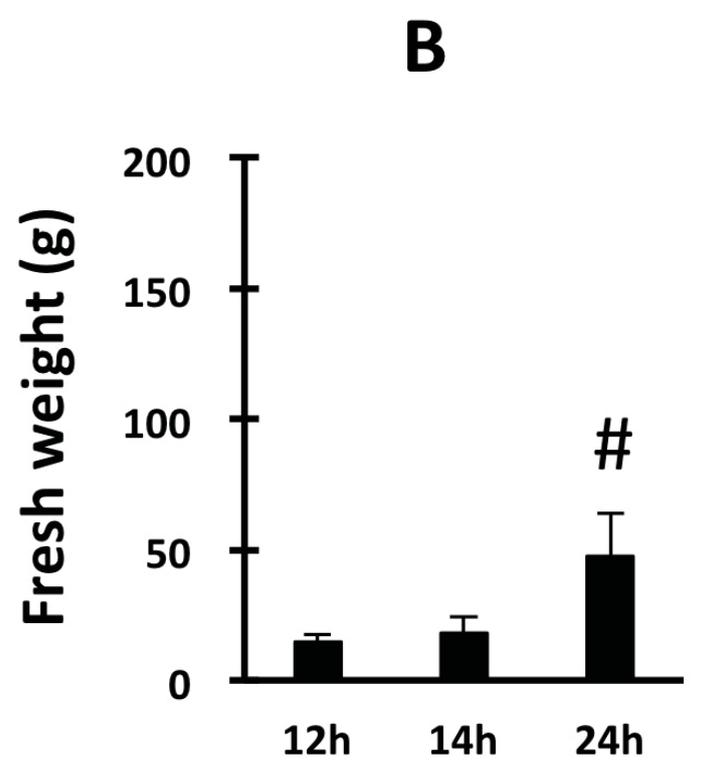
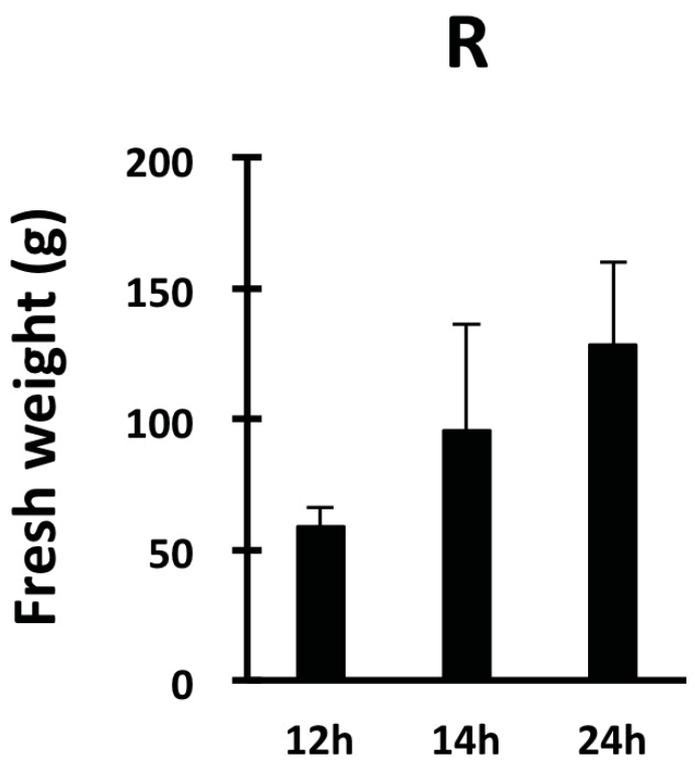
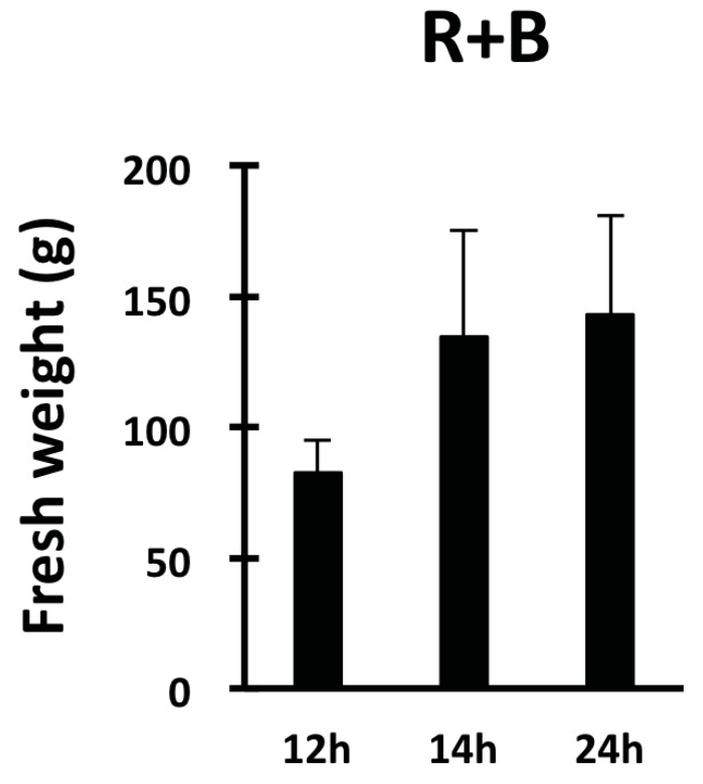
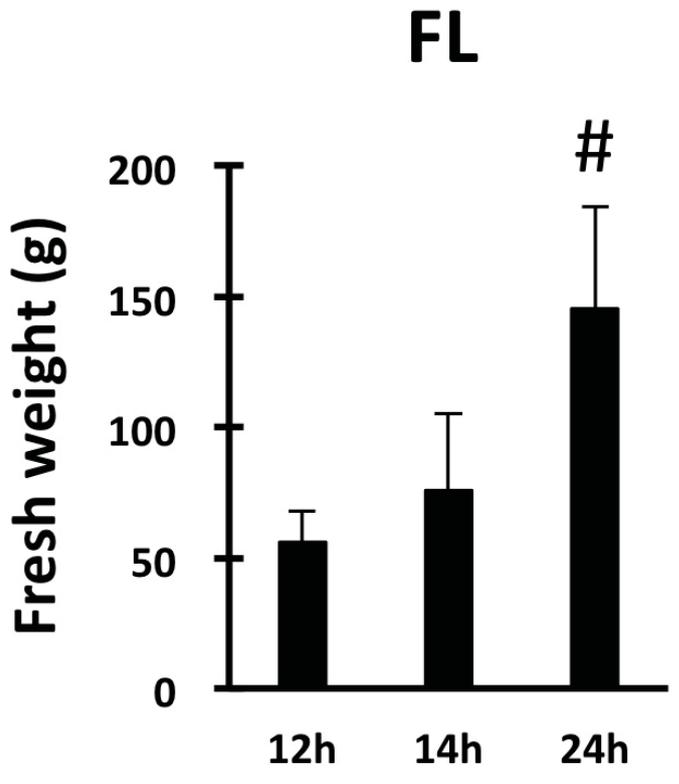
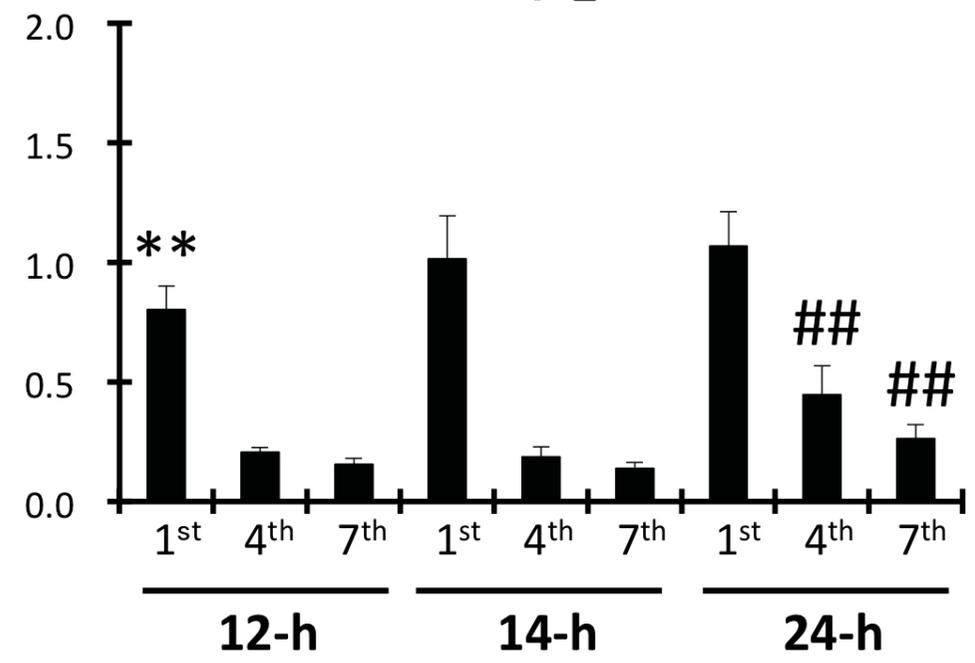
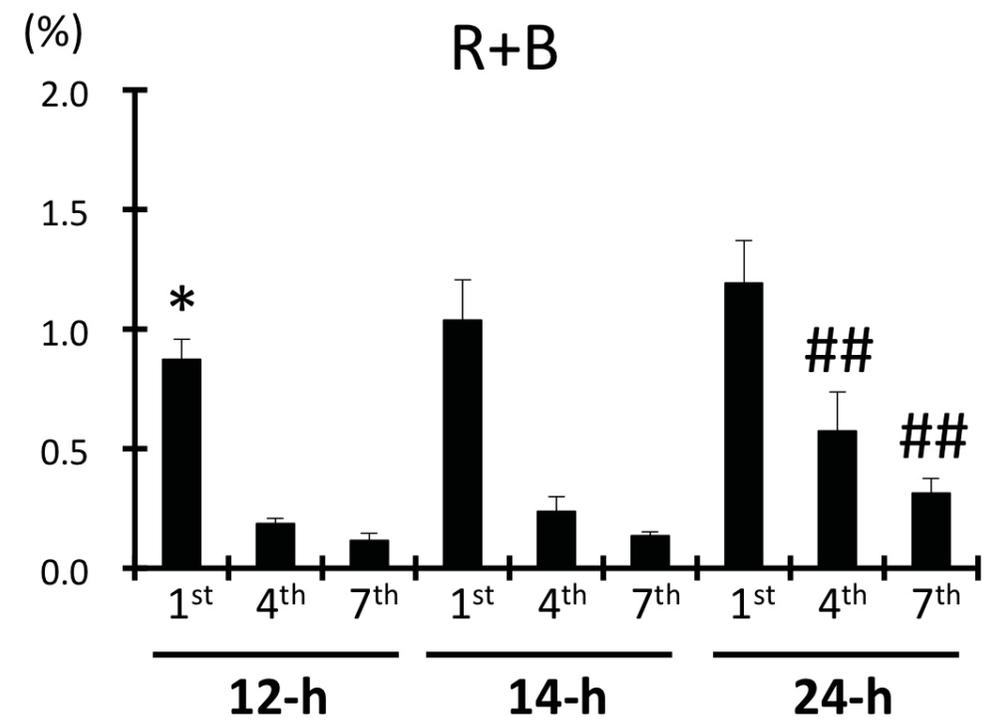


Fig 3 (%)

FL

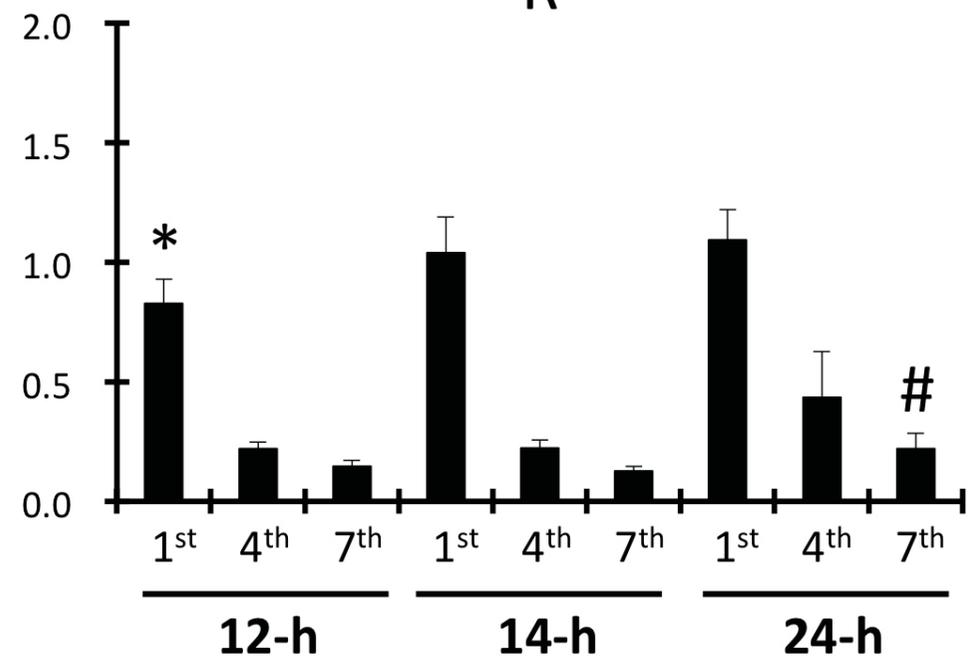


R+B



(%)

R



B

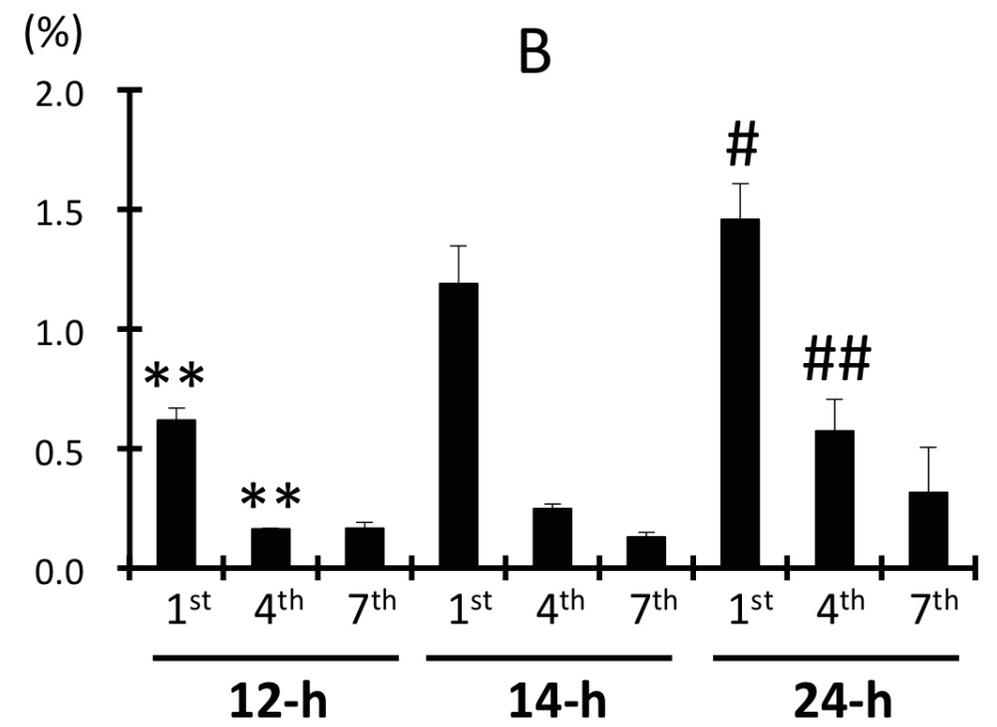


Fig 4

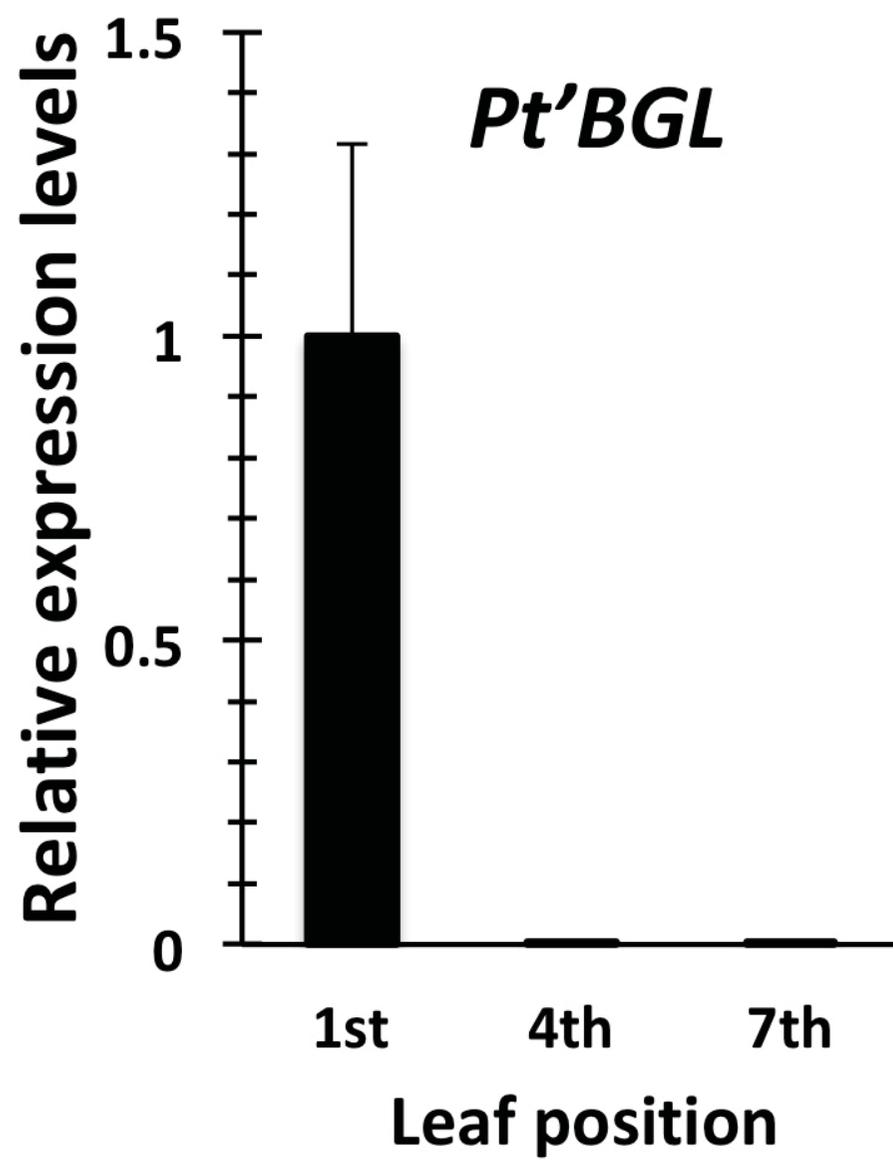
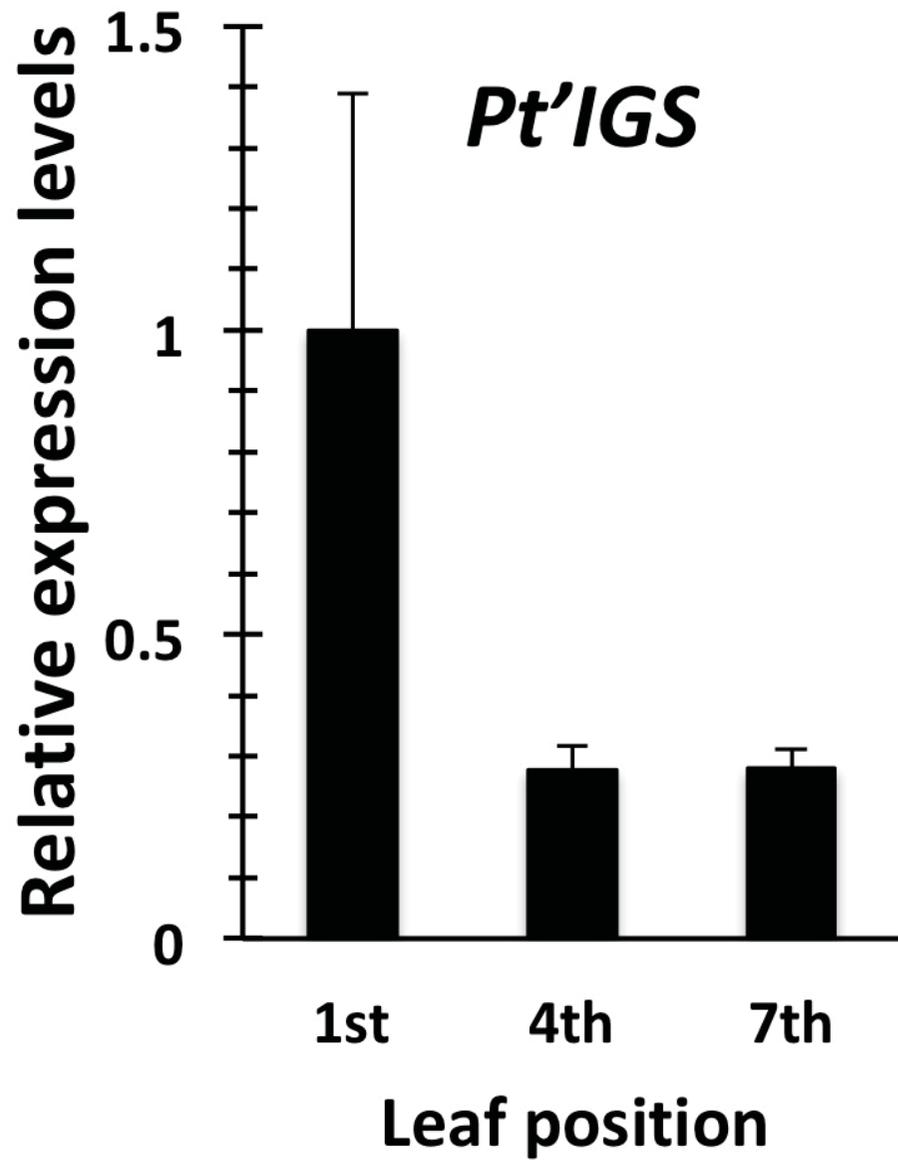
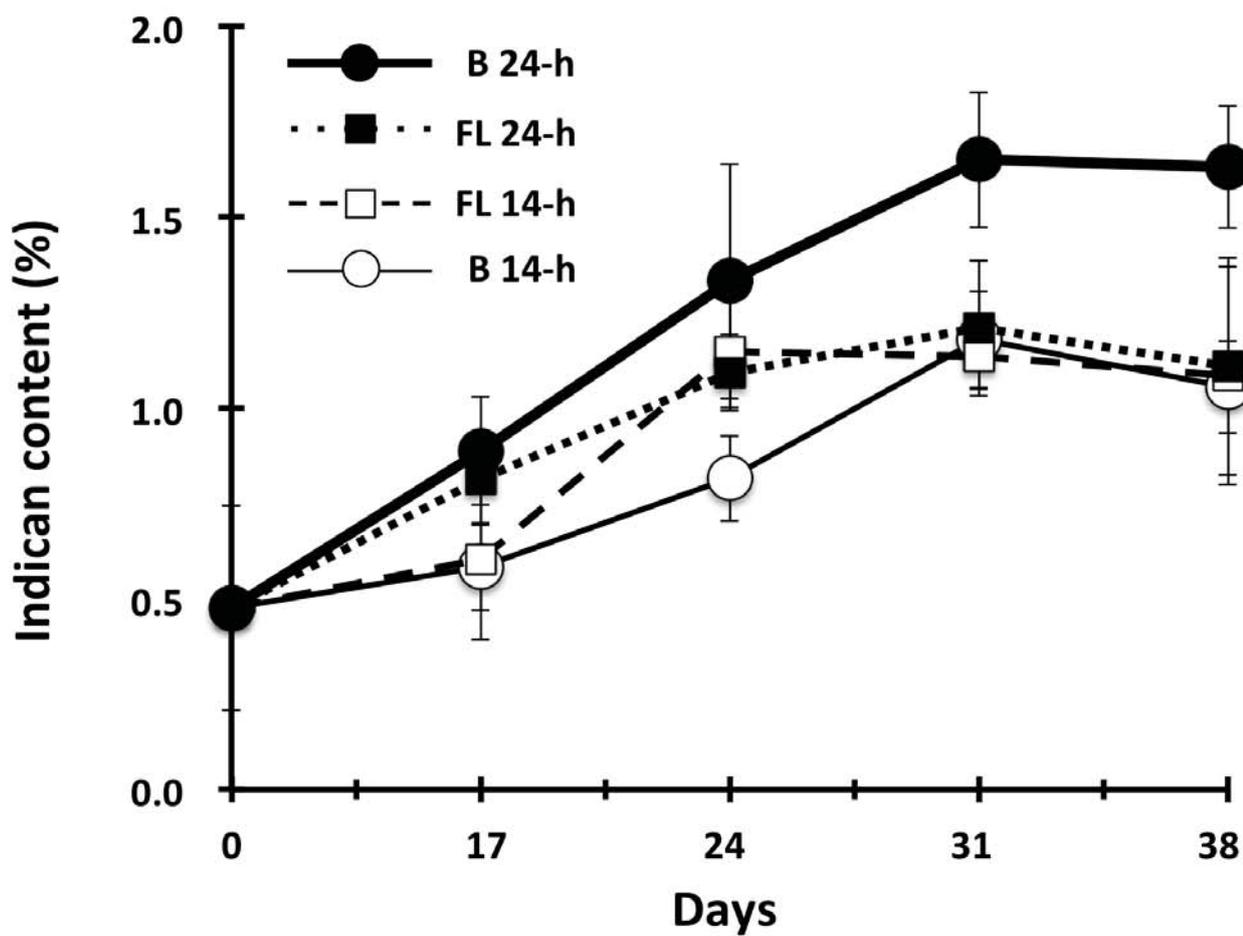


Fig 5

**A**



**B**

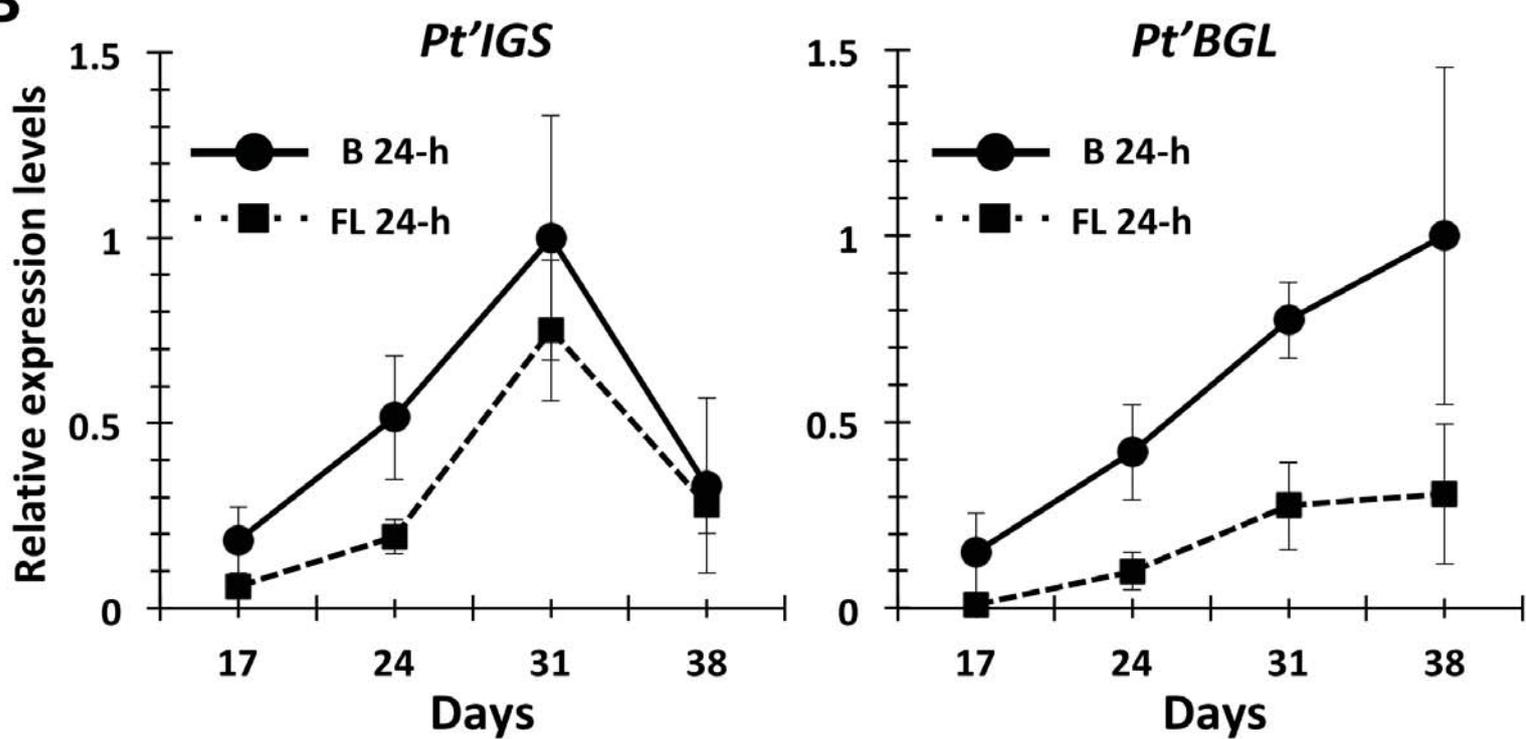
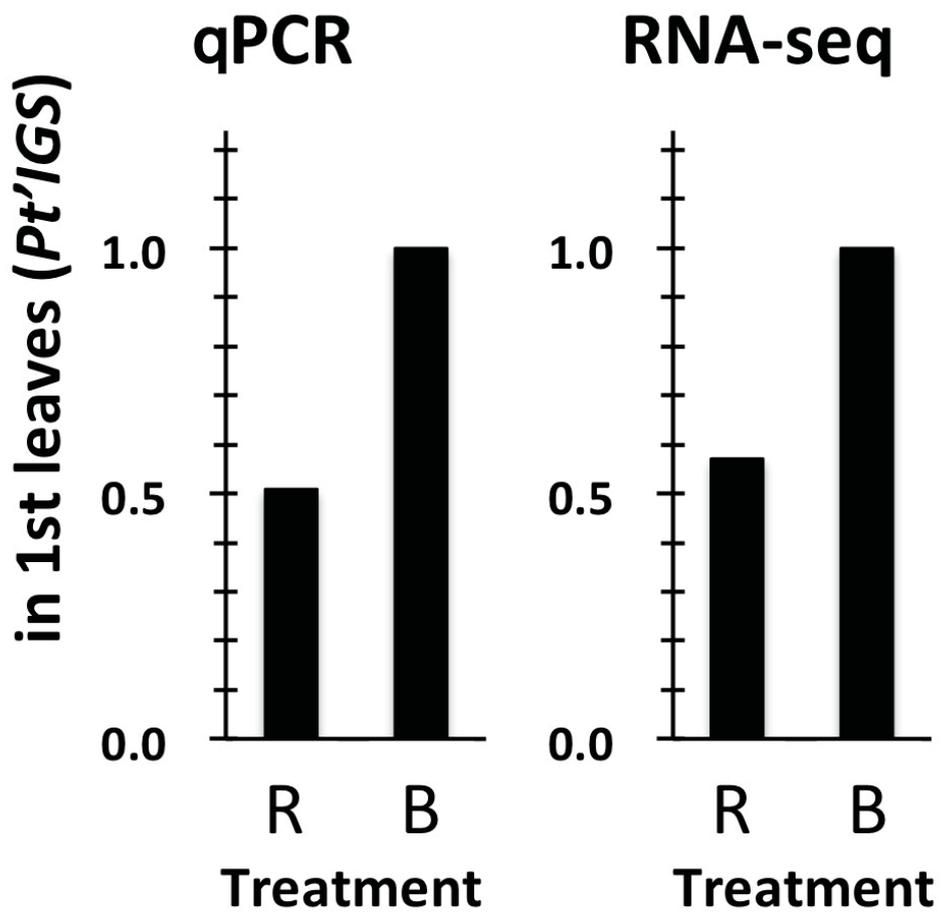


Fig 6

**A**

Relative expression levels  
in 1st leaves (*Pt'IGS*)



**B**

Relative expression levels  
in 1st leaves (*Pt'BGL*)

