

1     **Contributions of the ischiofemoral ligament, iliofemoral ligament, and conjoined**  
2     **tendon to hip stability after total hip arthroplasty: a cadaveric study**

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19    **Running title:** Joint stability in hip arthroplasty

20

21    **Author contributions:**

22    All authors contributed to the study conception and design. Material preparation was  
23    done by YT and YT. Surgical procedures for cadaver specimen were performed by YT,  
24    TG, JI, KW, and DH. The first draft of the manuscript was written by YT and was

25 revised by TG and KS. All authors commented on previous versions of the manuscript.

26 All authors read and approved the final manuscript.

27

28 **Abstract**

29 An adequate soft tissue balance is important in total hip arthroplasty (THA). This study  
30 assessed the contribution of the iliofemoral ligament, ischiofemoral ligament, and  
31 conjoined tendon to the range of hip rotation after THA and hip stability in response to  
32 axial traction. THA was performed in eight fresh-frozen cadaveric specimens via an  
33 anterolateral approach using a navigation system. The ischiofemoral ligament, the  
34 medial arm of the iliofemoral ligament, and the conjoined tendon were resected in that  
35 order. The ranges of external and internal rotation and the amount of movement of the  
36 femoral head in response to axial traction were measured with the hip in 10° of  
37 extension, the neutral position, and in 10°, 30°, and 60° of flexion. Resection of the  
38 medial arm of the iliofemoral ligament significantly increased the range of external  
39 rotation in 10° of extension, the neutral position, and in 10°, 30°, and 60° of flexion.  
40 The conjoined tendon was the most important inhibitor of internal rotation from 10° of  
41 extension to 30° of flexion. Although each single element had a minor role in stabilizing  
42 the hip when axial traction was applied, resection of two or more elements significantly  
43 affected joint stability. The iliofemoral ligament and conjoined tendon are the main  
44 inhibitors of external rotation and internal rotation respectively when THA is performed  
45 using an anterior or anterolateral approach. Resection of two or more elements could  
46 greatly affect hip stability when axial traction is applied.

47

48 **Keywords:** total hip replacement, anterolateral approach, dislocation, hip capsule, short  
49 external rotators

50

51 **Introduction**

52 Appropriate management of soft tissue is quite important in total hip arthroplasty  
53 (THA), and there is increasing interest in the role of the capsular ligaments in joint  
54 stability after THA<sup>1-4</sup>. The main components of the hip capsule are the iliofemoral,  
55 ischiofemoral, and pubofemoral ligaments<sup>3-8</sup>. The iliofemoral and ischiofemoral  
56 ligaments are thought to be the major anatomic elements of the hip capsule and the  
57 dominant restraints for external and internal rotation, respectively<sup>1,3,9-12</sup>. Intraoperative  
58 damage to these capsular ligaments might increase the risk of an excessive range of  
59 motion of the hip, which is associated with dislocation and/or impingement. The short  
60 external rotators may also be important stabilizers of the hip joint, but selective  
61 resection of the conjoined tendon is sometimes needed for correct implantation of the  
62 stem when THA is performed using an anterior or anterolateral approach<sup>13-15</sup>. A major  
63 concern for surgeons is the effect of the resection of the capsular ligaments or conjoined  
64 tendon for postoperative joint stability.

65 Although hip joint stability has been investigated in several studies, most of them were  
66 performed using skeletonized cadaveric hip joints with complete removal of the muscle  
67 tissue<sup>1,3,9,12,16</sup>. The fresh-frozen whole-body cadaver model is ideal for evaluating hip  
68 joint stability after THA because it allows examination of various potentially important  
69 contributors to stability, including alignment of the implant, the capsular ligaments, and  
70 the muscles around the hip.

71 The purpose of this study was to evaluate the contribution of the ischiofemoral and  
72 iliofemoral ligaments and conjoined tendon to the range of motion of the prosthetic hip  
73 in external and internal rotation after THA via an anterolateral muscle-sparing approach.  
74 In addition, the resistance of the prosthetic joint to axial separation was also measured.

75

76 **Methods**

77 *Subjects*

78 This study was approved by our institutional review board and performed in line with  
79 the principles of the Declaration of Helsinki. Written informed consent is routinely  
80 obtained from all cadaveric donors and their families when they donate their bodies to  
81 the institution for research purposes. Eight hips of 8 fresh-frozen cadavers (5 male, 3  
82 female) were used. Mean age at the time of death was 78.1 years (range, 69–89). All  
83 cadaveric specimens were macroscopically intact without gross deformity or obvious  
84 joint contracture. Evaluation of osseous morphology by computed tomography (CT)  
85 found no evidence of osteoarthritic changes, such as joint space narrowing, osteophytes,  
86 deformity of the femoral head, or previous hip surgery, in any of the specimens. All  
87 cadavers were stored at -20°C until examination. At the time of study, each specimen  
88 had been thawed for 48 h at 21°C (room temperature).

89

90 *Surgical procedure and experimental evaluation of joint motion and distraction*  
91 *resistance.*

92 We performed THA in the supine position with a Trident cup and Accolade II femoral  
93 hip stem (Stryker, Mahwah, NJ) using a standard anterolateral approach. Briefly, we  
94 made a skin incision at the anterior border of the gluteus medius muscle and accessed  
95 the hip capsule through the interval between the tensor fascia lata and gluteus medius  
96 muscle. The lateral arm of the iliofemoral ligament was resected to expose the hip joint  
97 (Fig. 1a). The ischiofemoral ligament and the medial arm of the iliofemoral ligament  
98 were preserved. We used a CT-based navigation system (Stryker, Freiburg, Germany)

99 for preoperative planning, implantation, and postoperative motion analysis of the hip  
100 joint (Fig. 2). Registration of the navigation system at the pelvis and femur was  
101 performed according to the manufacturer's protocol. Preoperative CT images in  
102 DICOM format were transferred to the three-dimensional planning station. Pelvic  
103 coordinates were determined by identifying 8 landmarks, including the anterior superior  
104 iliac spine, pubic tubercle, and ischium on both sides, the pubic symphysis, and the  
105 sacral midplane. Femoral coordinates were determined by identifying 12 landmarks on  
106 both femurs, including the center of the femoral head, the piriformis fossa, the proximal  
107 posterior aspect of the femur, the posterior aspect of the medial condyle and lateral  
108 condyle, and the center of the knee. During the operation, 4-mm apex pins were inserted  
109 into the pelvic rim and distal portion of the femur and the active marker tracker was  
110 firmly connected to the pins (Fig. 2). After the hip joint was exposed, initial paired-point  
111 matching registration was performed by digitizing the four bony landmarks determined  
112 during the preoperative planning. Surface matching registration was then performed on  
113 the surfaces of the pelvis and femur <sup>17</sup> (Fig. 3). When registration was complete, we  
114 checked the root mean square values between the surface model and the digitized points  
115 and considered values < 1 mm to be acceptable. Once registered, a series of  
116 examinations could be performed using the same coordinate system in the pelvis and  
117 femur. We resected the femoral neck based on the position indicated by the navigation  
118 system. The acetabulum was then under-reamed by 1 mm and the trial cup was inserted  
119 using the press-fit technique. Basically, the target cup placement angles were 40° of  
120 anatomic inclination and 25° of anatomic anteversion. Finally, femoral rasping was  
121 performed. The final rasp was used for the examination. In each case, we used a trial  
122 head with a diameter of 32 mm, and the neck size was chosen so that the leg-length

123 discrepancy after THA was within 5 mm of that on the contralateral side according to  
124 the navigation system to avoid an extreme change in soft tissue tension after surgery. At  
125 the time of implantation, the final cup and stem data (e.g., size, location, and alignment)  
126 were recorded, after which ROM and movement of the center of the prosthetic femoral  
127 head could be monitored in real time (Figs. 4 and 5). After placement of the trial  
128 implant, we assessed the range of external rotation, range of internal rotation, and  
129 amount of movement of the prosthetic femoral head in response to axial traction. Each  
130 assessment was performed in 10° of hip extension, the neutral position, and 10°, 30°,  
131 and 60° of hip flexion. During the assessments of external and internal rotation, the hip  
132 position was confirmed by the navigation system and the hip abduction and adduction  
133 angles were kept in the neutral position, defined when the anatomic axis of the femur  
134 was parallel to the midline of the body (Fig. 4). During assessment of movement of the  
135 prosthetic femoral head in response to axial traction on the leg, the position of the hip  
136 was confirmed by the navigation system to be neutral in terms of the abduction and  
137 rotation angles (Fig. 5). The hip was kept in a stable flexed position by placing pillows  
138 between the femur and the surgical table (Fig. 5). When measuring the range of rotation,  
139 we reduced dispersion by manually applying a fixed rotation torque of 20 Nm using a  
140 dynamometer (Fig. 4). The separation distance in the axial direction was defined as the  
141 amount of movement between the prosthetic femoral head and the trial insert under 250  
142 N of manual traction using a spring scale (Fig. 5). This value of traction force was set  
143 with reference to a similar study<sup>18</sup>. Movement of the femoral head by < 5 mm could not  
144 be displayed because of the limitations of the navigation system so was measured  
145 manually by marking the position of the femoral head before and after traction using an  
146 electronic caliper (measurement range, 0.01–150 mm). Resection of the lateral arm of

147 the iliofemoral ligament only was defined as the “intact” condition (initial step) (Fig.  
148 1b). We then established three further conditions by resecting the soft tissues  
149 surrounding the hip joint in the following order to simulate the anterolateral approach:  
150 (1) the ischiofemoral ligament (defined as “ischiofemoral ligament resection”); (2) the  
151 medial arm of the iliofemoral ligament (defined as “iliofemoral ligament resection”);  
152 and (3) the conjoined tendon (defined as “conjoined tendon resection”). We then  
153 measured the range of hip internal and external rotation, and amount of movement of  
154 the prosthetic femoral head when distraction force was applied under each hip flexion  
155 angle. All measurements were performed twice by the same senior surgeon and the  
156 results are shown as the average of two measurements.

157

#### 158 *Statistical analysis*

159 Data were analyzed using repeated-measures analysis of variance with a post hoc test  
160 using the Tukey method in each setting. Given the small number of subjects, a post-hoc  
161 calculation of effect size and statistical power was performed using G\*Power version  
162 3.1.9.7 software. Based on the calculated effect size, the statistical power of each  
163 measurement was over 0.8, indicating that 8 specimens would be sufficient to detect  
164 statistically significant differences in internal rotation, external rotation, and amount of  
165 movement of the femoral head. All statistical analyses were performed using SPSS  
166 software (version 24.0; IBM Corp., Armonk, NY, USA). A *P*-value < .05 was  
167 considered statistically significant. The intraclass correlation coefficients indicated  
168 perfect intra-examiner reproducibility (0.99 for range of rotation and 0.98 for amount of  
169 movement of the femoral head).

170

171 **Results**

172 *Range of external rotation*

173 The changes in range of external rotation in each resection step are summarized in Table  
174 1 and Fig. 6. When the iliofemoral ligament was resected, the mean amount of external  
175 rotation increased by 15.1° in 10° of extension, 16.4° in the neutral position, 8.2° in 10°  
176 of flexion, 3.4° in 30° of flexion, and 3.5° in 60° of flexion, and statistically significant  
177 differences between before and after iliofemoral ligament resection were observed in  
178 10° of extension ( $P = .012$ ), the neutral position ( $P < .01$ ), and 10° of flexion ( $P < .01$ ).  
179 There were small but steady increases in external rotation at the time of the  
180 ischiofemoral ligament and conjoint tendon resection steps in all hip positions, with no  
181 significant differences. When the ischiofemoral and iliofemoral ligaments were  
182 resected, the mean range of external rotation increased by 18.2° in 10° of extension,  
183 18.7° in the neutral position, 12.0° in 10° of flexion, 3.7° in 30° of flexion, and 5.5° in  
184 60° of flexion. The  $P$ -value was  $< .01$  for all hip positions except for 30° of flexion ( $P$   
185  $= .07$ ). When the iliofemoral ligaments and conjoint tendon were resected, the mean  
186 range of external rotation increased by 20.6° in 10° of extension, 17.3° in the neutral  
187 position, 12.5° in 10° of flexion, 6.9° in 30° of flexion, and 7.5° in 60° of flexion. These  
188 increases were statistically significant ( $P < .01$ ) in all hip positions. When all three  
189 elements were resected, the mean range of external rotation increased by 23.7° in 10° of  
190 extension, 19.6° in the neutral position, 16.3° in 10° of flexion, 7.2° in 30° of flexion,  
191 and 9.5° in 60° of flexion. The increases were statistically significant ( $P < .01$ ) in all hip  
192 positions.

193

194 *Range of internal rotation*

195 The changes in range of internal rotation in each step are summarized in Table 2 and  
196 Fig. 7. When the ischiofemoral ligament was resected, the mean range of internal  
197 rotation increased by 3.4° in 10° of extension, 6.3° in the neutral position, 6.7° in 10° of  
198 flexion, 7.6° in 30° of flexion, and 5.5° in 60° of flexion. Statistically significance was  
199 observed only in 10° of extension ( $P = .039$ ). When the iliofemoral ligament was  
200 resected, the mean change in range of internal rotation was small and not statistically  
201 significant in any hip position. When the conjoined tendon was resected, the mean range  
202 of internal rotation increased by 6.0° in 10° of extension, 12.0° in the neutral position,  
203 13.0° in 10° of flexion, 12.3° in 30° of flexion, and 4.4° in 60° of flexion. Resection of  
204 the conjoined tendon resulted in a significant increase in the range of internal rotation  
205 except in 60° of flexion ( $P = .569$ ). When the ischiofemoral and iliofemoral ligaments  
206 were resected, the mean range of internal rotation increased by 8.1° in 10° of extension  
207 ( $P < .01$ ), 9.2° the in neutral position ( $P = .101$ ), 10.6° in 10° of flexion ( $P = .079$ ),  
208 10.8° in 30° of flexion ( $P = .053$ ), and 10.1° in 60° of flexion ( $P < .01$ ). There was a  
209 significant increase in range of internal rotation in 10° of extension and in 60° of  
210 flexion. When the iliofemoral ligament and conjoined tendon were resected, the mean  
211 range of internal rotation increased by 8.7° in 10° of extension, 14.9° in the neutral  
212 position, 16.9° in 10° of flexion, 15.5° in 30° of flexion, and 9.0° in 60° of flexion. The  
213  $P$ -value was  $< .01$  for all hip positions except for 60° of flexion ( $P = .061$ ). When all  
214 three elements were resected, the mean range of internal rotation increased by 14.1° in  
215 10° of extension, 21.2° in the neutral position, 23.6° in 10° of flexion, 23.1° in 30° of  
216 flexion, and 14.5° in 60° of flexion. The increases were statistically significant ( $P < .01$ )  
217 for all hip positions.

218

219 *Amount of movement of the prosthetic femoral head when distraction force was applied*  
220 The results for amount of movement of the prosthetic femoral head during axial traction  
221 are summarized in Table 3 and Fig. 8. The increase in movement of the prosthetic  
222 femoral head was minor after resection of any single element in all hip positions. A  
223 significant increase was observed only at 30° of hip flexion after resection of the  
224 iliofemoral ligament ( $P = .011$ ). When the ischiofemoral and iliofemoral ligaments were  
225 resected, movement of the prosthetic femoral head increased by a mean of 3.2 mm in  
226 10° of extension, 4.6 mm in the neutral position, 3.8 mm in 10° of flexion, 4.9 mm in  
227 30° of flexion, and 5.0 mm in 60° of flexion. The increase in movement compared with  
228 the “intact” condition was significant in all hip positions ( $P < .01$ ) except in 60° of  
229 flexion ( $P = .055$ ). When the iliofemoral ligament and conjoined tendon were resected,  
230 movement of the prosthetic femoral head increased by a mean of 2.9 mm in 10° of  
231 extension, 4.2 mm in the neutral position, 4.6 mm in 10° of flexion, 3.7 mm in 30° of  
232 flexion, and 2.8 mm in 60° of flexion. When compared with the “ischiofemoral ligament  
233 resection” condition, the increase in movement was significant in 10° of extension ( $P$   
234  $< .01$ ), in the neutral position ( $P < .01$ ), in 10° of flexion ( $P < .01$ ), and in 30° of flexion  
235 ( $P = .017$ ) but not in 60° of flexion ( $P = .451$ ). When all three elements were resected,  
236 movement of the femoral head increased by a mean of 4.0 mm in 10° of extension, 4.2  
237 mm in the neutral position, 6.1 mm in 10° of flexion, 6.8 mm in 30° of flexion, and 4.9  
238 mm in 60° of flexion. When compared with the “intact” condition, the difference was  
239 significant in all hip positions ( $P < .01$ ) except in 60° of flexion ( $P = .063$ ).

240

241 **Discussion**

242 In this study, we evaluated the contributions of the ischiofemoral ligament, the  
243 iliofemoral ligament, and the conjoined tendon to the range of motion of the prosthetic  
244 hip in external and internal rotation. The resistance of the prosthetic joint to axial  
245 separation was also measured. Resection of the iliofemoral ligament resulted in a  
246 marked increase in external rotation from 10° of extension to 10° of flexion. There was  
247 a steady increase in the range of internal rotation with each step. Resection of the  
248 conjoined tendon had a particularly marked effect on internal rotation from 10° of  
249 extension to 30° of flexion. Resection of two or more elements led to a significant  
250 increase in the amount of movement of the femoral head when axial leg traction was  
251 applied in all hip positions except for 60° of flexion.

252 The iliofemoral ligament has been reported to have a significant role in limiting external  
253 rotation and anterior translation of the femur<sup>9, 16</sup>. Furthermore, Martin et al. found that  
254 the medial arm of the iliofemoral ligament had the greatest ability to inhibit external  
255 rotation of the hip in extension<sup>3</sup> while Hidaka et al. found that external rotation with  
256 extension placed a high strain on the medial arm of the iliofemoral ligament<sup>7</sup>. In the  
257 present study, there was a marked increase in external rotation from 10° of extension to  
258 10° of flexion but not in 30° or 60° of hip flexion after resection of the medial arm of  
259 the iliofemoral ligament, possibly because the function of this ligament was limited as a  
260 result of relaxation of the anterior aspect of the capsule in more than 30° of hip flexion.

261 Our finding that the iliofemoral ligament is important in preventing excessive external  
262 rotation in extension (where there is a risk of anterior dislocation) is consistent with  
263 previous reports. Therefore, preservation of the medial arm of the iliofemoral ligament  
264 is likely to be important in decreasing the risk of postoperative anterior dislocation.

265 Our study findings also indicate that the conjoined tendon has the strongest influence on  
266 internal rotation. The range of internal rotation was significantly increased by resection  
267 of the conjoined tendon in each hip position except at 60° of hip flexion. Other reports  
268 have suggested that the ischiofemoral ligament is the most important inhibitor of  
269 internal rotation with a native head size <sup>3,9</sup>. However, those studies focused on the  
270 function of the capsular ligaments in skeletonized cadaveric hips that only preserved the  
271 capsule and did not evaluate the conjoined tendon. Safran et al. assessed the  
272 contribution of peri-articular soft tissues to the kinematics and stability of the hip and  
273 concluded that the kinematics of the hip was influenced by peri-acetabular soft tissue;  
274 specifically that range of motion increases with removal of increasing amounts of those  
275 tissues <sup>19</sup>. It should be borne in mind that data obtained from skeletonized cadavers may  
276 differ from those in a clinical setting. We believe that the effect of soft tissues on range  
277 of motion at the hip is better studied in whole-body cadavers with intact muscle than in  
278 skeletonized cadavers. In the present study, the ischiofemoral ligament seemed to be the  
279 second most important inhibitor of internal rotation after the conjoined tendon. The  
280 range of internal rotation was about 1.3 times greater after resection of the ischiofemoral  
281 ligament from 10° of extension to 30° of flexion. However, no statistically significant  
282 inhibition of internal rotation could be identified at 60° of flexion; in this position, the  
283 amount of change in internal rotation was relatively small in comparison with other  
284 flexion angles. These findings suggest that the tension on other tissues, such as the  
285 gluteal muscles or other short external rotators, becomes stronger at 60° of hip flexion  
286 <sup>20</sup>.

287 The stability of the hip joint when axial traction is applied is thought to be important,  
288 and separation between the femoral head and acetabular insert is often observed during  
289 the swing phase of walking and might contribute to increased wear after THA <sup>21</sup>.  
290 Several biomechanics studies using cadaveric hip joints have indicated that the hip  
291 capsule is a significant stabilizer when axial traction is applied <sup>18,21</sup>. Takao et al. found  
292 that the separation between the femoral head and acetabulum during axial leg traction  
293 was significantly increased after circumferential resection simulating THA performed  
294 by an anterior approach but remained unchanged by stepwise resection of the piriformis,  
295 conjoined tendon, and external obturator <sup>18</sup>. We also found a significant increase in the  
296 amount of movement of the femoral head when axial traction was applied after  
297 resection of both the ischiofemoral and iliofemoral ligaments. Therefore, in addition to  
298 resection of the lateral arm of the iliofemoral ligament, single resection of the  
299 ischiofemoral or iliofemoral ligament during THA using an anterior or anterolateral  
300 approach might not significantly affect axial laxity. At 60° of flexion, movement of the  
301 femoral head was relatively large under all conditions with no statistically significant  
302 difference. This finding may reflect loosening of the capsular ligaments and a greater  
303 contribution of the posterior muscles, such as the gluteus maximus and the hamstrings,  
304 to hip stability in this amount of hip flexion.

305 This study has several limitations. First, although the pubofemoral ligament and lateral  
306 band of the iliofemoral ligament contribute to hip stability <sup>3,22</sup>, the function of these  
307 ligaments was not evaluated. In this study, we simply simulated THA using the  
308 anterolateral approach. When using our standard surgical technique, THA cannot be  
309 completed without resection of the lateral arm of the iliofemoral ligament. Moreover,  
310 the distal footprint of the pubofemoral ligament merges with the medial arm of the

311 iliofemoral ligament, which meant that we could not selectively evaluate the  
312 pubofemoral ligament. A further study is needed to determine the contribution of each  
313 capsular ligament to hip stability under various surgical conditions. Second, we did not  
314 assess the effect of variation in the size of the femoral head, neck offset, or stem  
315 anteversion. van Arkel et al. reported that THA decreased the ability of the native  
316 capsular ligaments to restrain hip motion especially when a smaller femoral head was  
317 used <sup>1</sup>. The biomechanics of the capsule are also affected by femoral offset, leg length,  
318 and femoral neck length. Therefore, the contribution of each element to hip stability  
319 could depend on the size of the implant. However, this study focused on the impact of  
320 resection or preservation of the capsular ligaments and the conjoined tendon in THA.  
321 Nevertheless, the condition of implants ideally should have been standardized in this  
322 study. Third, the cadaveric hip specimens used in this study were normal and did not  
323 have the thickened and shortened capsular ligaments, bony deformity, and joint  
324 contracture typically observed in patients with osteoarthritis of the hip. Thus, our results  
325 are not entirely representative of the patients encountered in clinical practice. However,  
326 we believe that the normal hip joint was better for evaluation of the true function of the  
327 capsule and tendons. Fourth, the sample size was small. Although the number of  
328 specimens was validated by a power analysis, the results of the statistical analyses  
329 might have been different had the number of specimens been greater. Fifth, the  
330 navigation system used in this study does not record movement of the femoral head that  
331 is less than 5 mm despite having excellent nominal accuracy of 0.5 mm for translations  
332 and 0.5° for rotations <sup>23</sup>. This is because the navigation system recognizes 0–4 mm of  
333 movement of the femoral head as normal and displays it as “no lift-off”. This setting is  
334 for clinical use, and the normal range (0–4 mm) is defined to reflect the jumping

335 distance (degree of translation of the center of the femoral head required before  
336 dislocation occurs) of 28 mm of the prosthetic femoral head after THA. This setting is  
337 independent of the accuracy of the navigation system but a characteristic of the product.  
338 Therefore, we calculated movement of the femoral head that was less than 5 mm  
339 manually using an electronic caliper in the surgical view. We acknowledge that the  
340 amount of movement of the femoral head in response to axial traction may vary  
341 according to the measurement method used. However, we believe that our protocol was  
342 reliable and had minimal effect on our findings given that the measurement order was  
343 small and the intraclass correlation coefficients indicated perfect intra-examiner  
344 reproducibility (0.99 for range of rotation and 0.98 for amount of movement of the  
345 femoral head). Finally, intra-examiner reproducibility was only assessed by the  
346 intraclass correlation coefficient. However, we endeavored to reduce error between  
347 examinations by fixing the leg in each flexed position using pillows, controlling the  
348 rotation torque by a dynamometer, and determining the distraction force by a spring  
349 scale. Moreover, the range of hip motion and the amount of movement of the femoral  
350 head were monitored in each specimen using a navigation system with a fixed  
351 coordinate system. The results obtained by different examiners were essentially the  
352 same. Therefore, the intraclass correlation coefficient was adequate for assessing the  
353 reproducibility of the results obtained using this examination system.

354 In conclusion, resection of the iliofemoral ligament during THA markedly increased  
355 external rotation of the hip from 10° of extension to 10° of flexion. In contrast, the  
356 conjoined tendon and ischiofemoral ligament greatly contributed to internal rotation of  
357 the hip. Although the iliofemoral ligament, ischiofemoral ligament, and conjoined  
358 tendon each have a minor role in stabilizing the hip when axial traction is applied,

359 resection of two or more of these elements could significantly affect the stability of the  
360 joint. Surgeons require an understanding of the effects of resection of the capsular  
361 ligaments and the conjoined tendon when performing THA to be able to manage soft  
362 tissue appropriately in individual patients.

363

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365 Not applicable.

366

367 **Conflict of Interests:**

368 The authors declare that there are no conflict of interests.

369

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428 modern computer-based navigation system. *Int J Med Robot* 3(2):117–124.
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- 430

431 **Figure Legends**

432 Fig. 1 (a) Photograph of the anterior aspect of the hip capsule. The black dotted lines  
433 show the medial arm of the iliofemoral ligament and the black arrow indicates the  
434 resection line of the hip capsule during surgery. (b) Photograph showing the “intact”  
435 condition after surgery. The medial band of the iliofemoral ligament and the  
436 ischiofemoral ligament are completely preserved. AIIS, anterior inferior iliac spine;  
437 ISFL, ischiofemoral ligament; LA, lateral arm of the iliofemoral ligament; MA, medial  
438 arm of the iliofemoral ligament

439

440 Fig. 2 Photograph showing the positioning of the cadaveric specimen and the CT-based  
441 navigation system used in this study. The navigation system can monitor hip motion and  
442 alignment with respect to the pelvis dynamically through the infrared sensor camera  
443 array by recognizing the motion of the trackers fixed on the femur and pelvis.

444

445 Fig. 3 Images captured by the CT-based navigation system. Surface match registration  
446 was performed by digitizing more than 30 points on the surfaces of the pelvis and  
447 femur.

448

449 Fig. 4 Photographs showing the methods used to assess internal rotation of the hip. (a)  
450 Assessment of internal rotation in 10° of hip flexion. The left hip was internally rotated  
451 by pushing the apex pin inserted into the anterior aspect of the left femur. The force of  
452 the push was controlled by a dynamometer and hip alignment was confirmed by the  
453 navigation system. Images were captured before (b) and after (c) application of internal  
454 rotation torque. The entries bordered by the white square indicate hip alignment.

455

456 Fig. 5 Images showing the method used to assess movement of the prosthetic femoral  
457 head when distraction force was applied in 10° of hip flexion. (a) Pillows (represented  
458 by the hatched areas) were placed between the femur and the surgical table to stabilize  
459 the hip in a flexed position. A constant traction force of 250 N was applied using a  
460 spring scale through an apex pin inserted into the distal end of the femur. Images were  
461 captured before (b) and after (c) traction force was applied. The entries bordered by the  
462 white squares indicate hip alignment (the hip position was controlled in neutral during  
463 abduction and rotation) and the entry underlined in white indicates the amount of  
464 movement of the femoral head.

465

466 Fig. 6 Range of external rotation with stepwise resection of the ischiofemoral ligament,  
467 the medial arm of the iliofemoral ligament, and the conjoined tendon for each hip  
468 flexion angle. Differences were statistically significant at  $*P < .05$  or  $**P < .01$ .

469

470 Fig. 7 Range of internal rotation with stepwise resection of the ischiofemoral ligament,  
471 the medial arm of the iliofemoral ligament, and the conjoined tendon for each hip  
472 flexion angle. Differences were statistically significant at  $*P < .05$  or  $**P < .01$ .

473

474 Fig. 8 Amount of movement of the femoral head in response to axial traction with  
475 stepwise resection of the ischiofemoral ligament, the medial arm of the iliofemoral  
476 ligament, and the conjoined tendon for each hip flexion angle. Differences were  
477 statistically significant at  $*P < .05$  or  $**P < .01$ .

478

Table 1. Range of external rotation after resection of each soft tissue element according to hip flexion angle

		Intact		Ischiofemoral ligament resection			Iliofemoral ligament resection			Conjoined tendon resection		
		Mean (°)	Range	Mean (°)	Range	<i>P</i> -value	Mean (°)	Range	<i>P</i> -value	Mean (°)	Range	<i>P</i> -value
10°	of extension	21.9	5–47	25.0	5–52	0.890	40.1	20–60	0.012	45.6	22–66	0.599
Neutral		29.8	13–51	32.1	12–53	0.863	48.5	31–67	< 0.01	49.4	28–70	0.992
10°	of flexion	33.1	17–50	36.9	22–52	0.349	45.1	30–61	< 0.01	49.4	30–71	0.248
30°	of flexion	39.3	28–48	39.6	27–51	0.993	43.0	30–53	0.116	46.5	38–55	0.098
60°	of flexion	38.9	31–52	40.9	33–51	0.524	44.4	35–55	0.104	48.4	37–63	0.053

The *P*-value was calculated for comparison of each ligament before and after resection

Table 2. Range of internal rotation after resection of each soft tissue element according to hip flexion angle

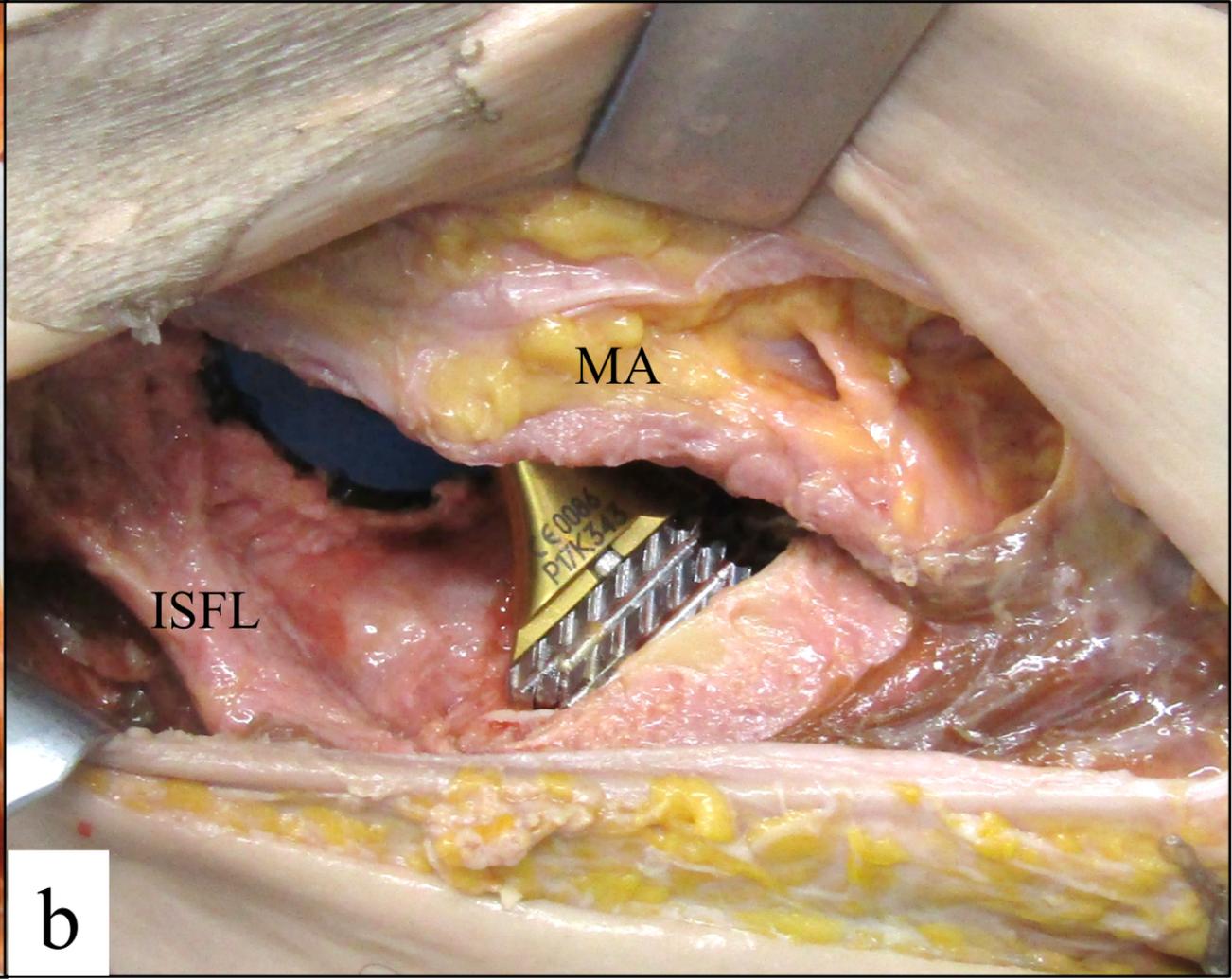
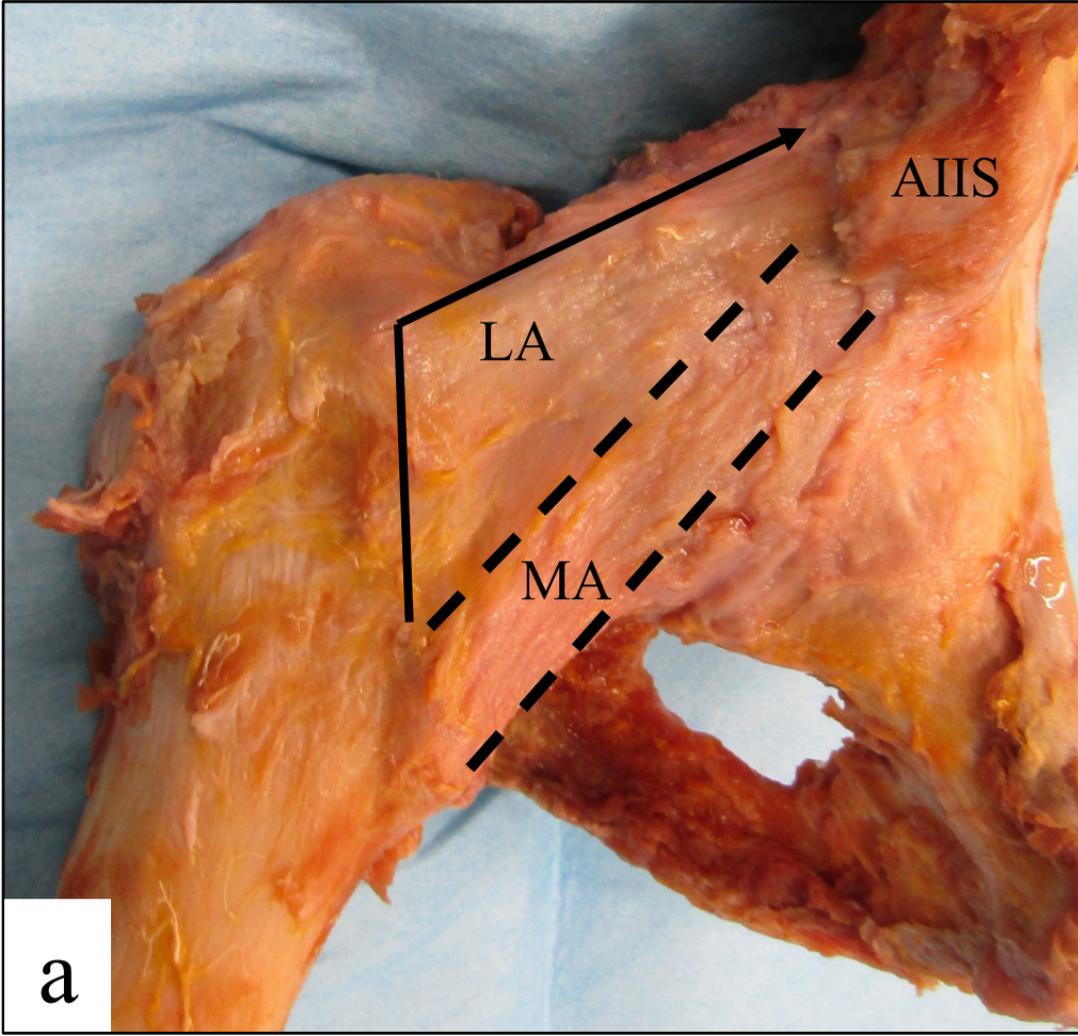
		Intact		Ischiofemoral ligament resection			Iliofemoral ligament resection			Conjoined tendon resection		
		Mean (°)	Range	Mean (°)	Range	<i>P</i> -value	Mean (°)	Range	<i>P</i> -value	Mean (°)	Range	<i>P</i> -value
10° extension	of	20.0	12–41	25.4	19–45	0.039	28.1	20–48	0.462	34.1	24–53	0.019
Neutral		23.6	18–44	29.9	19–56	0.366	32.8	22–57	0.869	44.8	29–70	0.021
10° flexion	of	24.4	16–46	31.1	23–53	0.386	35.0	25–61	0.787	48.0	27–72	0.024
30° flexion	of	24.3	14–45	31.9	23–59	0.243	35.1	26–62	0.842	47.4	26–70	0.025
60° flexion	of	27.3	16–53	32.8	18–56	0.377	37.4	25–57	0.524	41.8	29–64	0.569

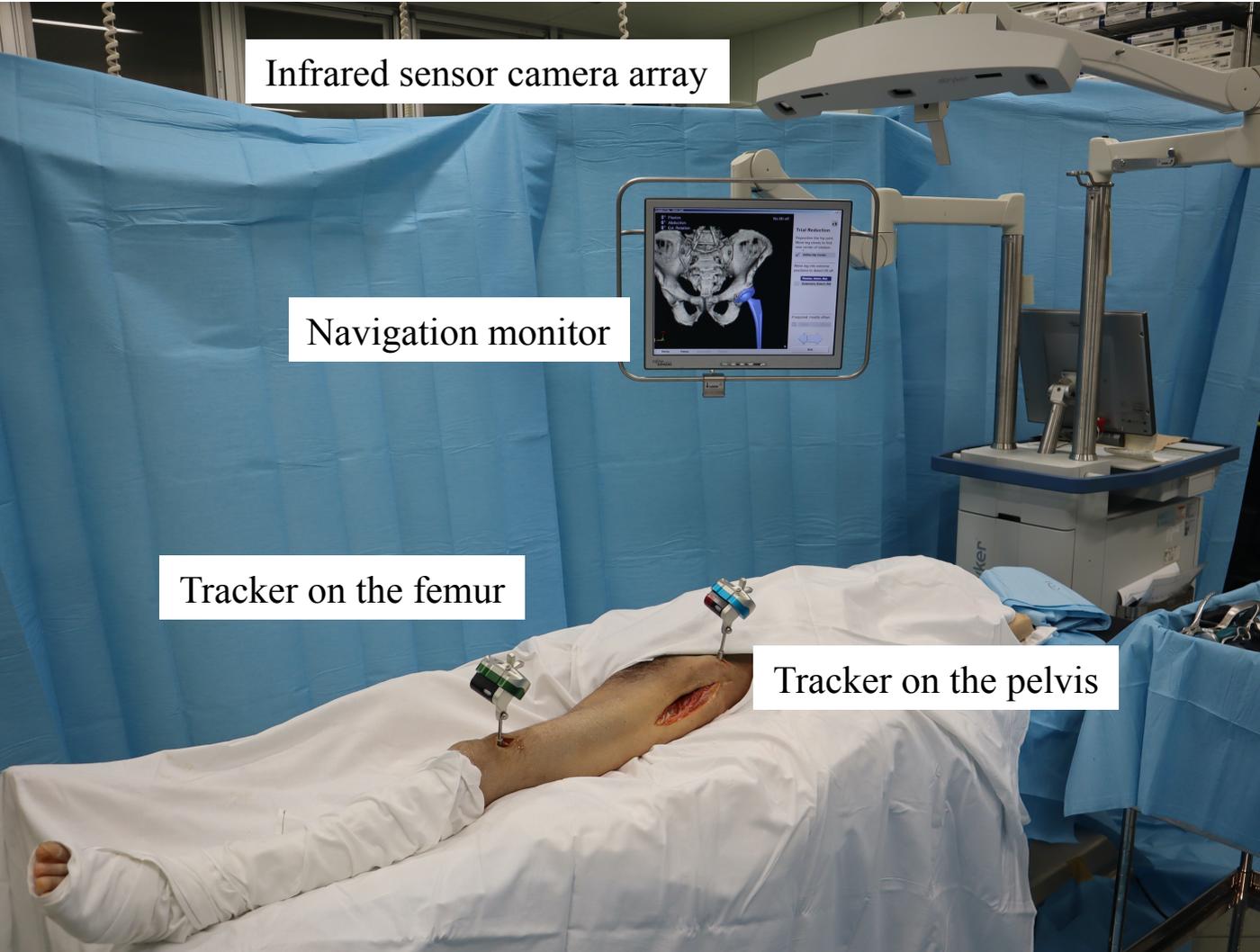
The *P*-value was calculated for comparison of each ligament before and after resection

Table 3. Amount of movement of the center of the femoral head when axial traction was applied according to hip flexion angle

	Intact		Ischiofemoral ligament resection			Ilio-femoral ligament resection			Conjoined tendon resection		
	Mean (mm)	Range	Mean (mm)	Range	<i>P</i> -value	Mean (mm)	Range	<i>P</i> -value	Mean (mm)	Range	<i>P</i> -value
10° of extension	2.8	0–8	3.9	0–11	0.487	6.0	0–13	0.056	6.8	0–16	0.771
Neutral	4.5	0–11	6.4	0–11	0.299	9.1	4–13	0.067	10.6	2–18	0.487
10° of flexion	7.3	0–13	9.5	1–14	0.202	11.1	4–17	0.466	14.1	6–19	0.056
30° of flexion	10.6	2–17	11.6	4–17	0.803	15.5	7–21	0.011	15.3	7–19	0.996
60° of flexion	12.4	4–19	14.5	8–21	0.655	17.4	7–26	0.413	17.3	6–23	1.000

The *P*-value was calculated for comparison of each ligament before and after resection.





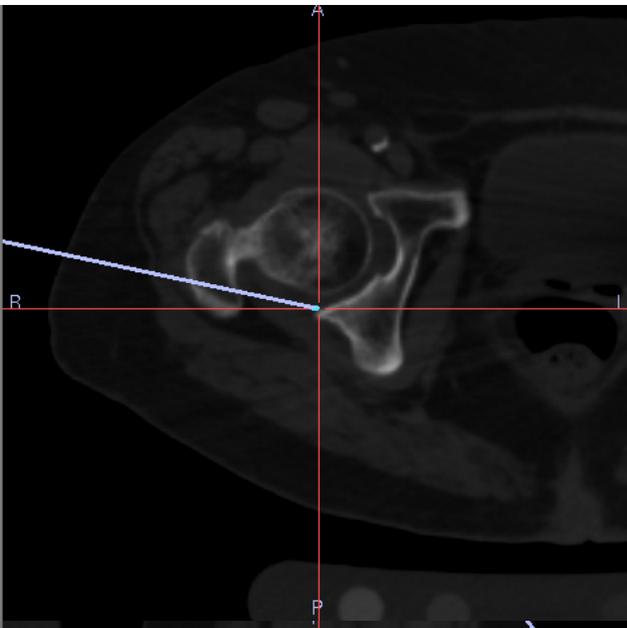
Infrared sensor camera array

Navigation monitor

Tracker on the femur

Tracker on the pelvis

**Fig.2**



## Pelvis Surface Matching

Matching succeeded.  
100.0 % of the collected  
points were used for  
surface matching.

Delete All

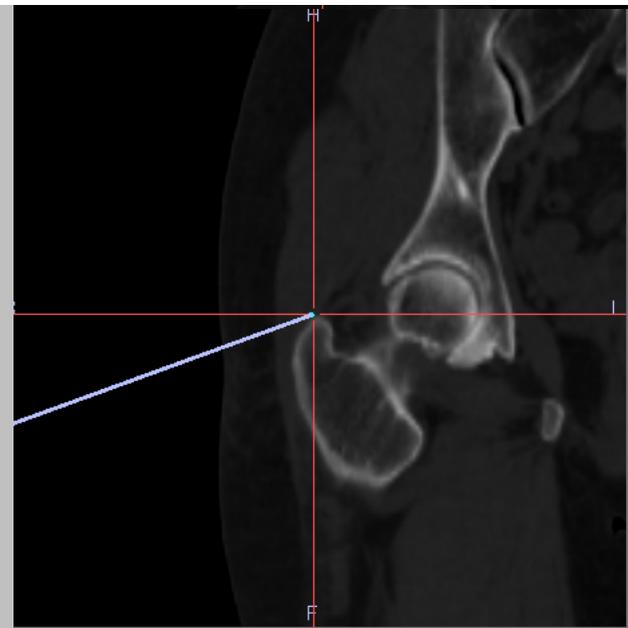
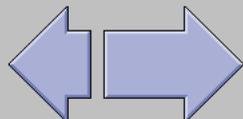
Delete Last

Digitize Points

33 points collected

Mean Deviation: 0.46mm

Validate registration  
by navigating well  
known landmarks.



## Femur Surface Matching

Matching succeeded.  
100.0 % of the collected  
points were used for  
surface matching.

Delete All

Delete Last

Digitize Points

37 points collected

Mean Deviation: 0.75mm

Validate registration  
by navigating well  
known landmarks.

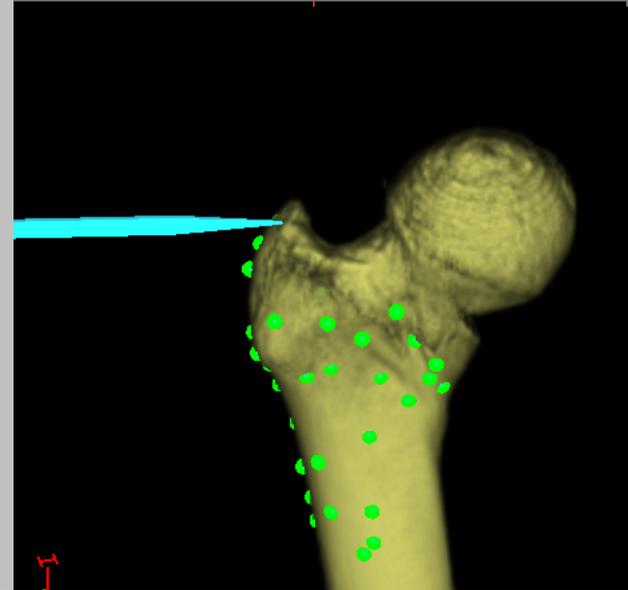
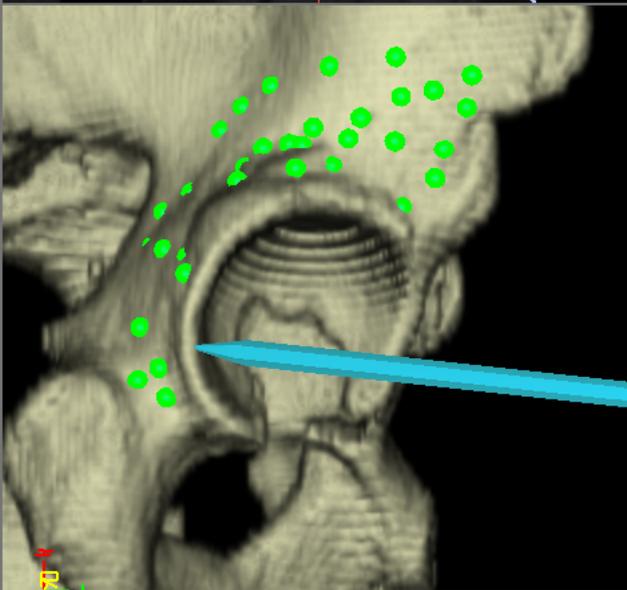
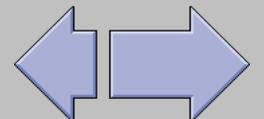
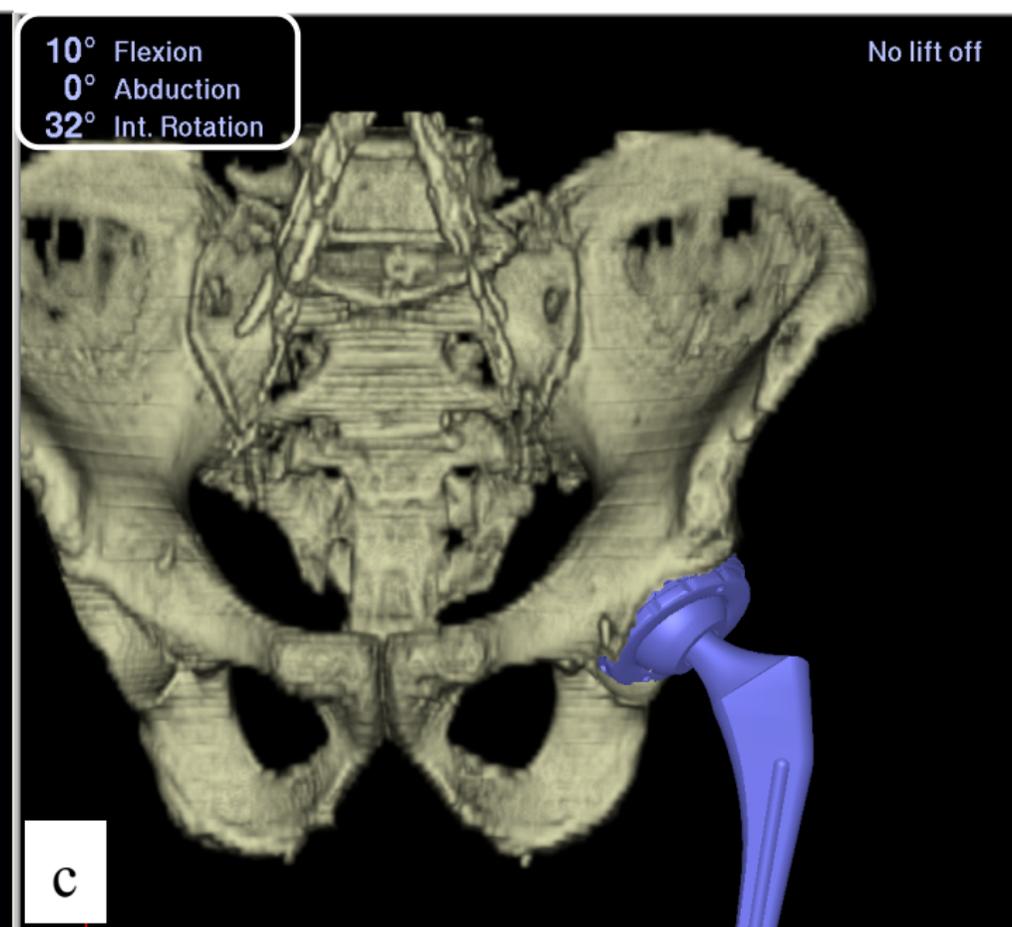
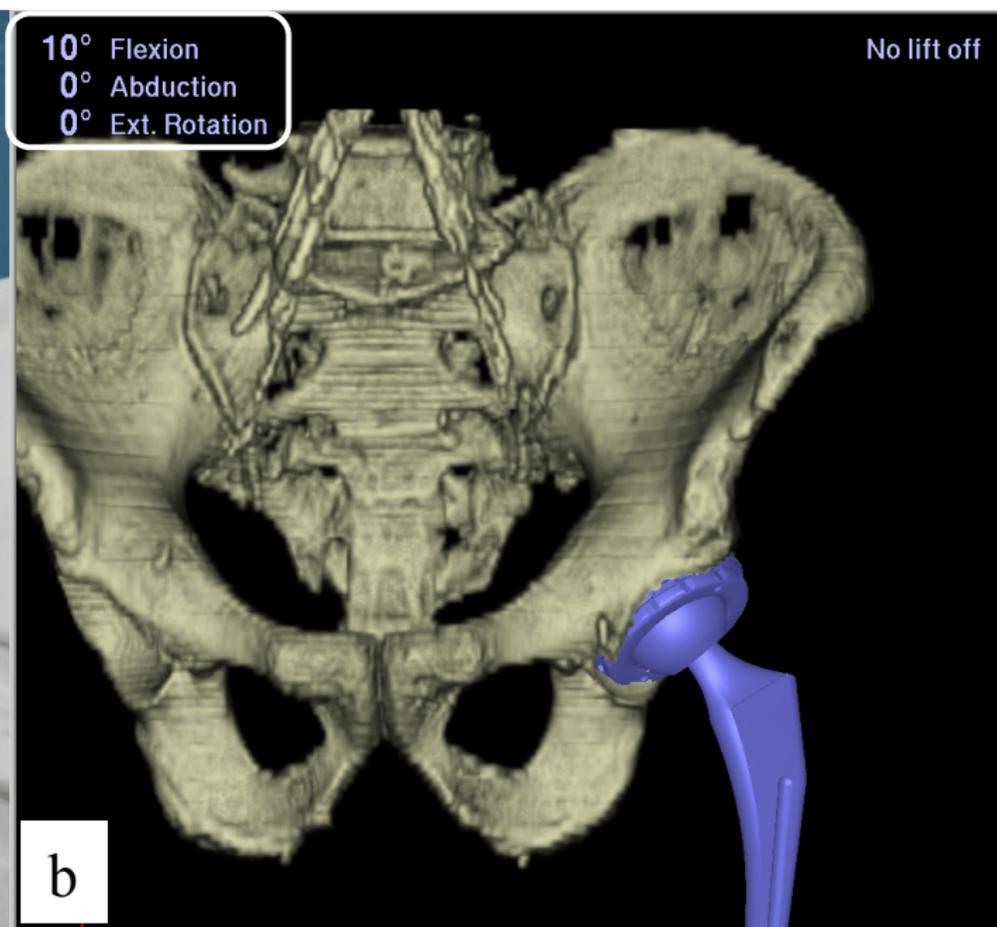
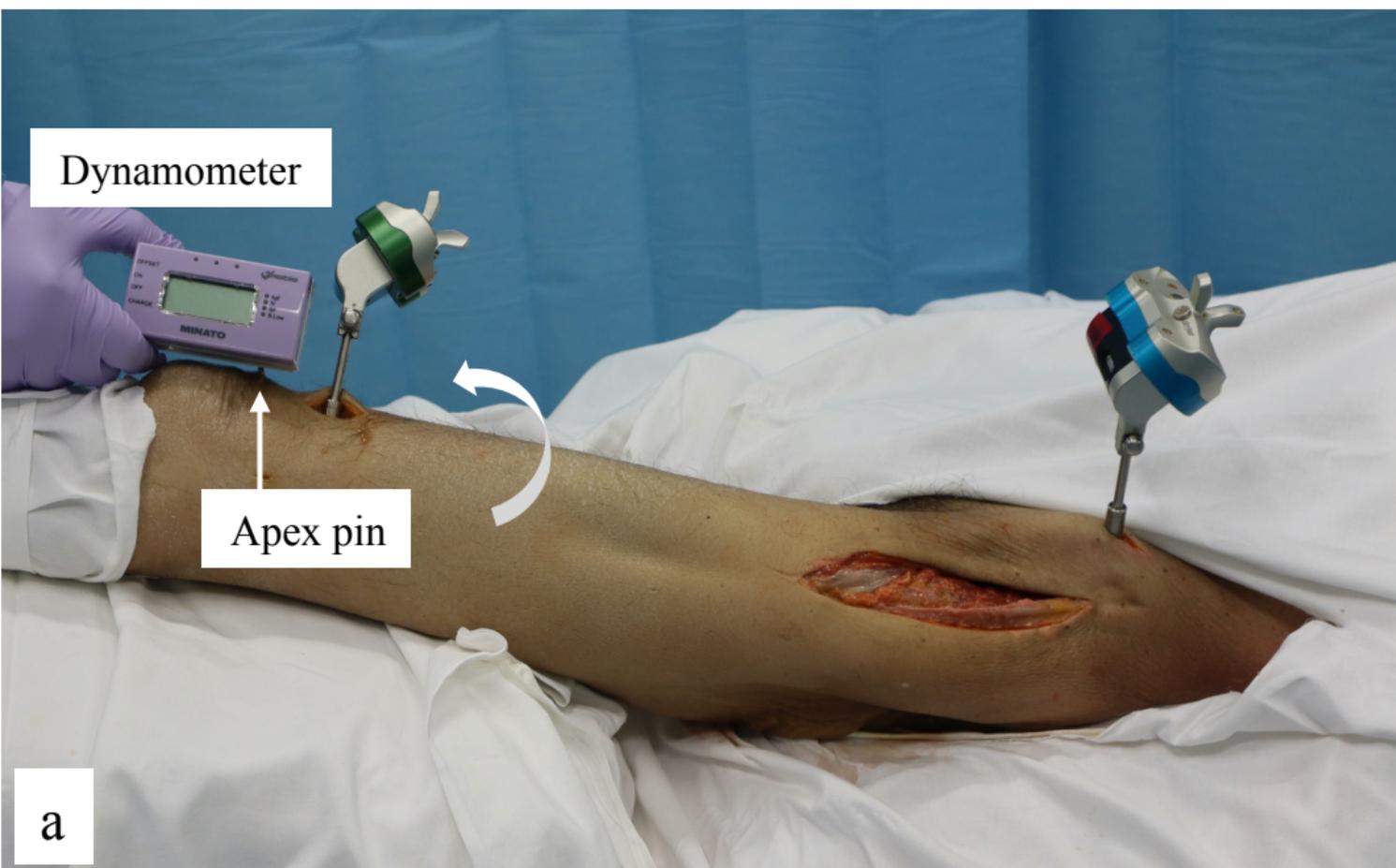
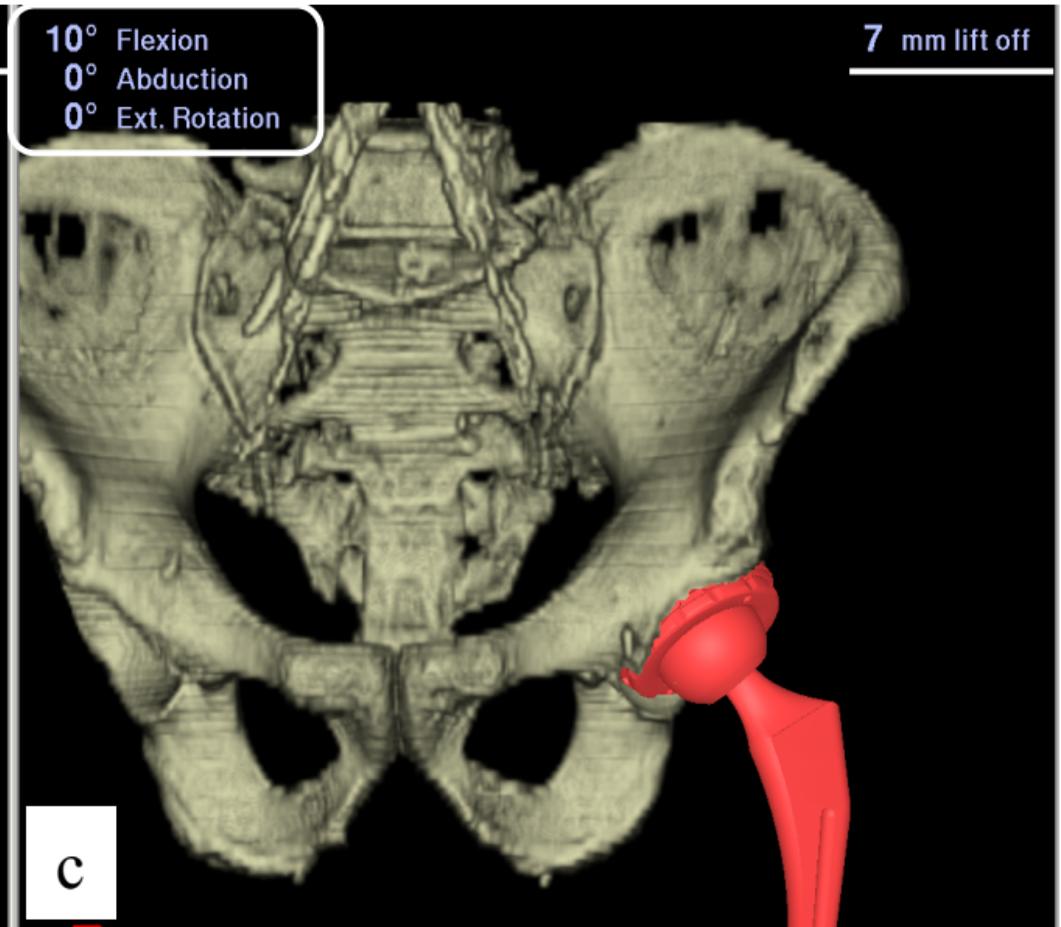
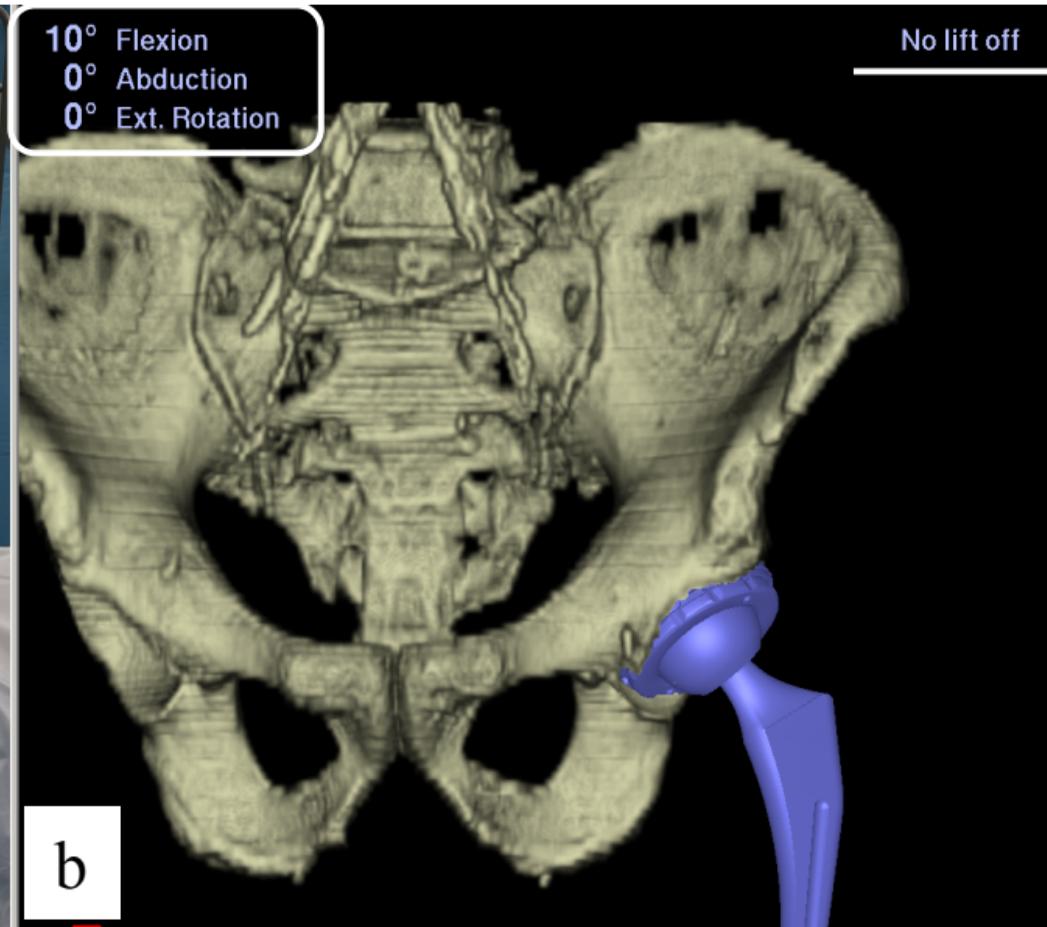
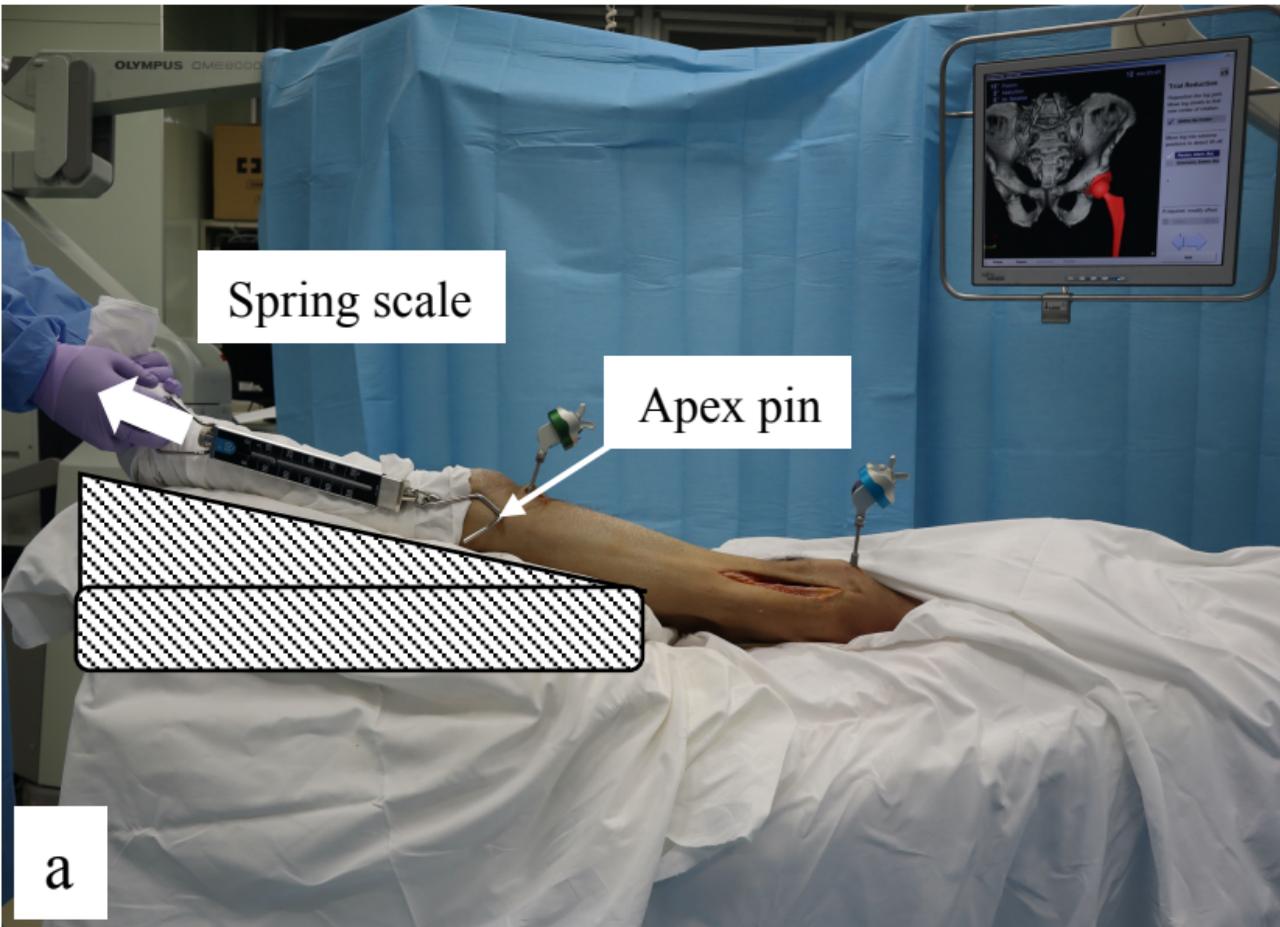


Fig.3



**Fig.4**



**Fig.5**

Intact
  Ischiofemoral resection
  Iliofemoral resection
  Conjoined resection

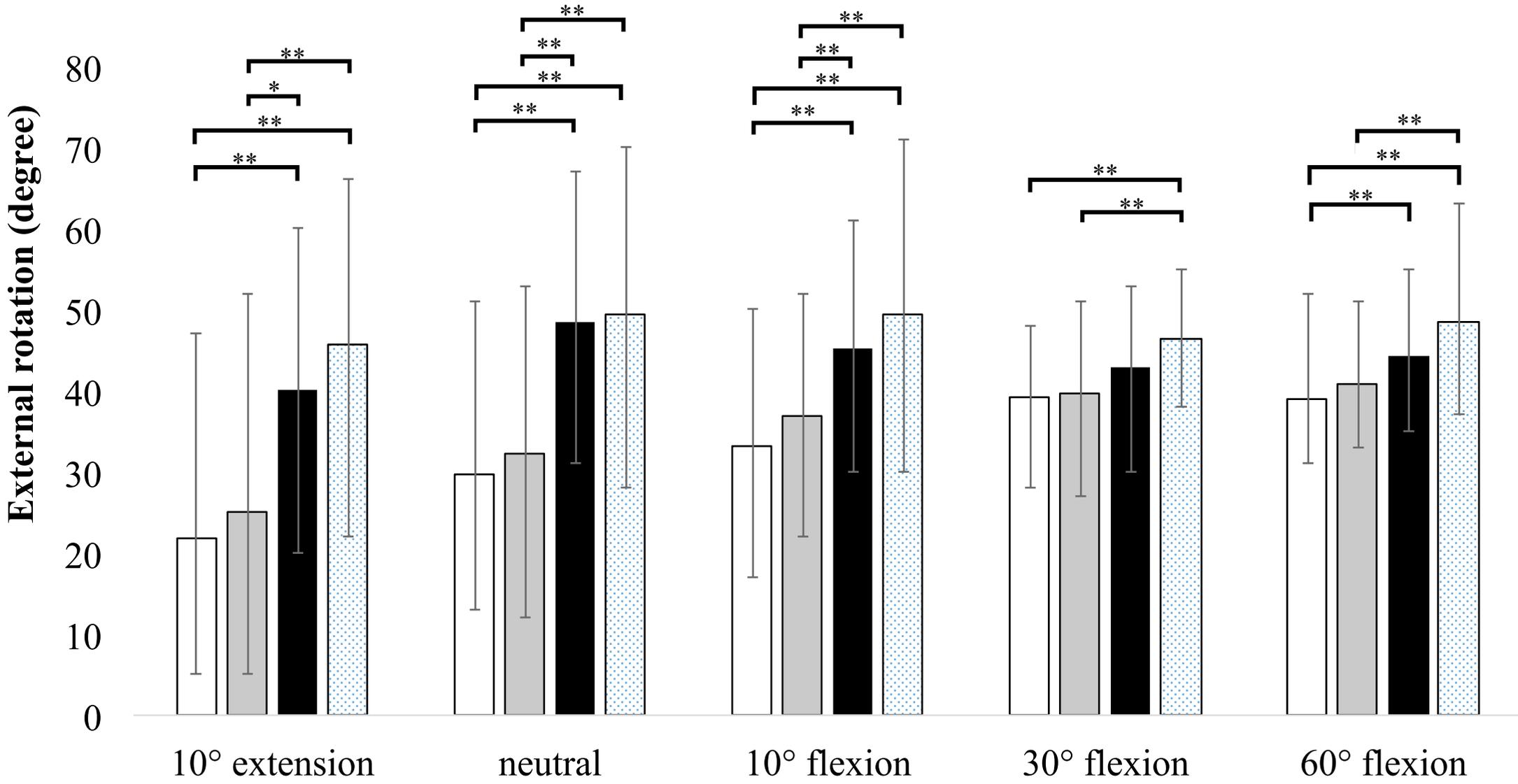
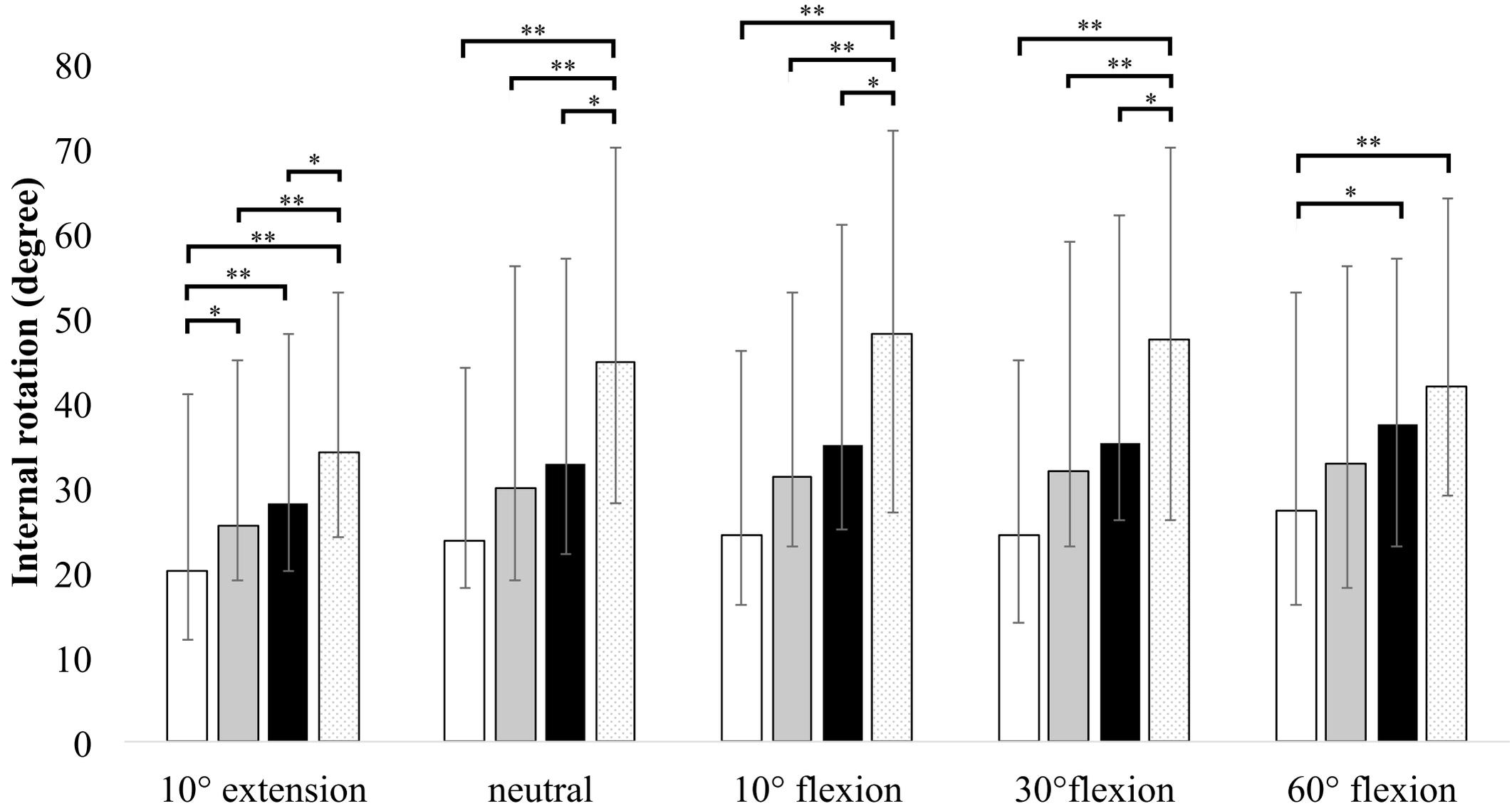


Fig.6

Hip flexion angle (degree)

**Intact**
 **Ischiofemoral resection**
 **Iliofemoral resection**
 **Conjoined resection**



**Fig.7**

**Hip flexion angle (degree)**

□ Intact    ■ Ischiofemoral resection    ■ Iliofemoral resection    ▨ Conjoined resection

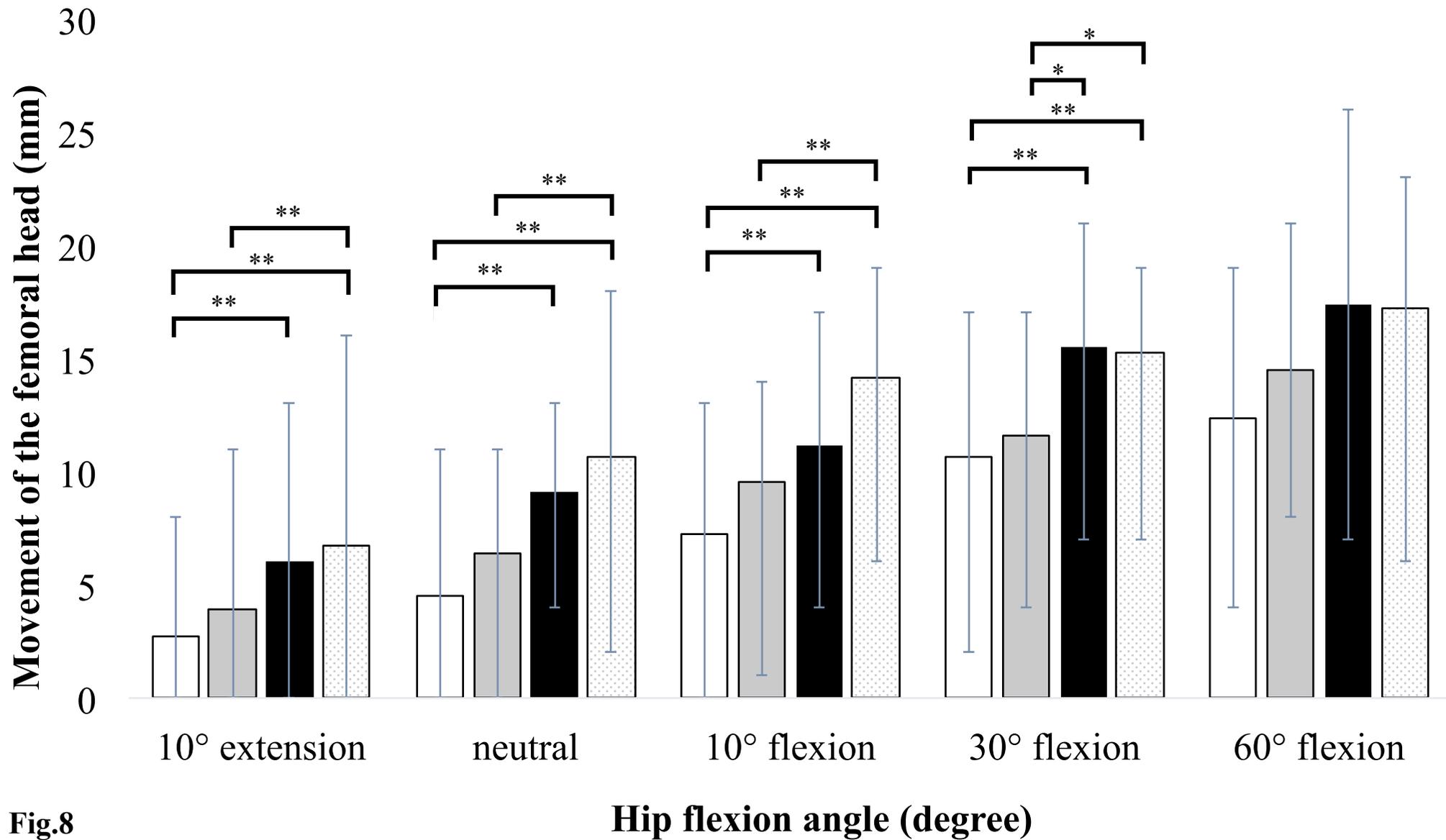


Fig.8