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1	β -defensin 2 synthesized by a cell-free protein synthesis system and encapsulated in
2	liposomes inhibits adhesion of Porphyromonas gingivalis to oral epithelial cells
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20	Keywords: β-defensin 2, Cell-free protein synthesis system, Liposome, Drug delivery
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34 Abstract

35 β -defensin 2 (BD-2), an antimicrobial peptide (AMP), is expressed by oral epithelial cells and plays an important role in innate immunity of the oral cavity. Cell-free protein 36 37 synthesis (CFPS) systems have been studied for the synthesis of various proteins, 38 however, the synthesis of BD-2 by a CFPS system has not been extensively explored. 39 Liposomes have been developed as tools for drug delivery. A delivery of liposome-40 encapsulated AMP to oral epithelium may be useful to prevent oral infectious diseases. 41 In the present study, we investigated the antimicrobial activity of the BD-2 protein, 42artificially synthesized using a CFPS system and encapsulated in liposomes. BD-2 protein 43was artificially synthesized using template DNA and a reconstituted CFPS system and was identified by western blotting. Bilayer liposomes were prepared using 1,2-dioleoyl-4445sn-glycero-3-phospho-choline and 3-sn-phosphatidylcholine from egg yolk. The 46 artificially synthesized BD-2 was encapsulated in liposomes, collected by ultrafiltration, 47and detected by western blotting. Human oral epithelial cells were cultured with the liposome-encapsulated BD-2 and the concentration of BD-2 in the cell lysate of the 4849culture with the synthesized BD-2 was higher than that of the control cultures. The 50antimicrobial activity of the synthesized BD-2 was investigated by an adhesion assay of 51Porphyromonas gingivalis to oral epithelial cells. The artificially synthesized BD-2 and

52	its liposome significantly inhibited adhesion of <i>P. gingivalis</i> to oral epithelial cells. These
53	results suggest that artificially synthesized BD-2 and liposome-encapsulated BD-2 shows
54	antimicrobial activity and can potentially play a role in oral healthcare for periodontal
55	diseases.
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70 Introduction

Oral healthcare practices is important to prevent systemic and oral diseases such as periodontal diseases and dental caries [1, 2]. Plaque control by tooth brushing is an essential action for oral healthcare; however, proper tooth brushing techniques may be difficult for aged individuals with physical disabilities. Although some chemical drugs in carrier devices are commercially available and administered to periodontal pockets for the treatment of periodontal diseases [3], the use of biological methods with biomolecules for the prevention of periodontal diseases has not been extensively explored.

78 β -defensin 2 (BD-2), a cysteine-rich cationic peptide with three disulfide bonds and 79a molecular weight of 4-5 kDa, is one of the antimicrobial peptides (AMPs) that is expressed in oral epithelial cells and immune cells, shows antimicrobial activity, and 80 81 plays an important role in innate immunity and biological defense [4-6]. BD-2 expression 82 is low level in keratinocytes of healthy epithelium, but is increased by pro-inflammatory 83 cytokines, bacteria and lipopolysaccharide [7] and this peptide shows broad spectrum 84 antimicrobial activity against bacteria and fungi by forming pores and increasing the 85 permeability of bacterial membranes [8-10]. The synthesized BD-2 demonstrated 86 antibacterial activity against P. gingivalis and Aggregatibacter actinomycetemcomitans 87 [11], and BD-2 inhibited the growth of *P. gingivalis* and *Fusobacterium nucleatum* [12],

suggesting that BD-2 plays a significant role in innate immunity against periodontaldiseases.

90 Cell-free protein synthesis (CFPS) system is a platform technology used for 91 artificial synthesis of proteins without direct use of living cells and bacteria, and recently 92 many proteins including membrane proteins, proteins with cytotoxicity and 93 immunoglobulins have been synthesized using CFPS systems [13-16]. The CFPS system 94is different from the preparing method of recombinant proteins and does not use plasmids 95 or virus vectors in the process of protein synthesis. The PURE system is a reconstituted 96 CFPS system that consisting of multiple factors, which is suitable for efficient and high-97 purity protein synthesis because it contains factors that are associated with protein 98 synthesis, but not components associated with protein degradation [13, 17]. There are a 99 few reports on the synthesis of AMPs using CFPS systems. Chen et al. [18] showed a 100 fusion protein containing human BD-2 using an E. coli cell-free system in which the 101 plasmid containing the human BD-2 gene was needed, and the prepared fusion protein 102was purified to obtain a pure BD-2 protein. However, their method was complicated, and 103 the purity of the prepared BD-2 solution was not very high.

Liposomes encapsulate peptides/proteins, nucleic acids and chemical drugs [19-21]
and are known as carrier devices for drug delivery system (DDS) in the treatments for

107 arthritis and cystic fibrosis [22, 23]. Liposomes are vesicles composed of pho 108 layers comprising hydrophilic and hydrophobic parts, having several lipid struct 109 as mono-layer and bi-layers with a diameter of 0.1~100 µm [19, 24]. Yamada o 110 prepared giant bi-layer liposomes with diameters of 10-50 µm using two phos 111 by the spontaneous transfer method. The giant liposomes encapsulated DNA 112 microRNAs, proteins, CFPS system and bacteria [20, 26, 27], suggesting the 113 liposomes can be useful as carrier devices for specific proteins synthesized by 114 system. 115 The purpose of the present study was to investigate the antibacterial a 116 artificially synthesized BD-2 that was encapsulated in liposomes and delivered 117 epithelial cells, against <i>P. gingivalis</i> , and the possibility that the present biologic 118 contributes to oral healthcare of periodontal diseases. 119 120 Materials and Methods 121 121 Materials	106	several diseases including various tumors, leukemia, infectious diseases, rheumatoid
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 119 120 Materials and Methods 121 Materials 	118	contributes to oral healthcare of periodontal diseases.
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122 1,2-Dioleoyl-sn-glycero-3-phosphocholine (DOPC) and 1,2-dioleoyl-sn-glycero-3
123 phosphoethanolamine (DOPE) were purchased from Avanti Polar Lipid, Inc. (Alabaster,

6

AL). 3-sn-Phosphatidylcholine from egg yolk (Egg-PC) and mineral oil were obtained
from FUJIFILM Wako PURE Chemical Co. (Osaka, Japan). PUREfrex[®]2.1 was obtained
from GeneFrontier Co. (Chiba, Japan) and CytoTellTM UltraGreen was purchased from
AAT Bioquest Inc. (Sunnyvale, CA, USA).

128

129 **BD-2** synthesis using CFPS system

130 The template DNA sequence for BD-2 protein synthesis was designed according to a 131 modification of the DNA sequence derived from human DEFB4A mRNA 132(NM 004942.3), with the sequences of T7 promoter and ribosome binding site, and AT-133 rich codons. The DNA template design for BD-2 was supported by GeneFrontier Co., and 134 its sequence was GAA ATT AAT ACG ACT CAC TAT AGG GAG ACC ACA ACG GTT 135TCC CTC TAG AAA TAA TTT TGT TTA ACT TTA AGA AGG AGA TAT ACC A ATG 136GGA ATT GGA GAT CCA GTA ACT TGT TTA AAA TCT GGC GCT ATT TGC CAC 137 CCT GTT TTC TGT CCG CGC CGT TAC AAA CAG ATC GGT ACT TGC GGC CTG 138 CCG GGT ACC AAG TGT TGC AAA AAA CCG TAA TGA ATA ACT AAT CC. The BD-2 protein was synthesized according to the instruction manual of PUREfrex[®]2.1 139140 (GeneFrontier). Briefly, the template DNA for BD-2 protein synthesis, cysteine, glutathione, and three solutions including amino acids, NTPs, tRNA, ribosome, 141

142	translation factors and other factors in the kit and pure water were mixed at a rate indicated
143	in the instruction manual, and incubated at 37°C for 6 h. Eight independent BD-2 protein
144	samples were synthesized using the PUREfrex® system. The total amount of synthesized
145	protein was determined using the TaKaRa BCA Protein Assay Kit (TaKaRa Bio, Shiga,
146	Japan).

Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and
western blotting

Protein samples were prepared by the syntheses with or without a template DNA for BD2 using PUREfrex[®]2.1 kit. In SDS-PAGE, the synthesized BD-2 (total protein 100 µg),
template DNA-free protein (total protein 100 µg) and recombinant BD-2 protein (3 µg,
Abcam, ab243124, Cambridge, MA, USA) were electrophoretically separated on an SDS-

154 polyacrylamide gel (Mini-PROTEIN TGX, 4-20%, Bio-Rad, CA, USA), stained with

155 Quick-CBB PLUS (FUJIFILM Wako Pure Chemical) for 1 h, and de-stained with

156 distilled water for 1 h. For western blotting, the synthesized BD2 protein (total protein

157 7.5 μ g), template DNA-free protein (total protein 7.5 μ g) and recombinant BD-2 protein

- 158 (120 ng) were electrophoretically separated on an SDS-polyacrylamide gel (4-20%) and
- 159 transferred to a polyvinylidene difluoride (PVDF) membrane using a Trans-Blot Turbo

160	Transfer System [®] (Bio-Rad). The PVDF membrane with BD-2 protein was blocked with
161	PVDF Blocking Reagent for CanGet Signal® (TOYOBO, Tokyo, Japan) for 1 h at room
162	temperature and then washed in Tris-buffered saline supplemented with Tween 20. The
163	membrane was reacted with anti-BD-2 antibody (1/1000 dilution, GeneTex International
164	Co.: GTX56023, Hsinchu, Taiwan) in CanGet Signal® Solution 1 (TOYOBO) overnight
165	at 4°C. After washing, the membrane was reacted with horseradish peroxidase (HRP)-
166	conjugated anti-rabbit IgG (1/15000 dilution, GeneTex) in CanGet Signal® Solution 2
167	(TOYOBO) for 1 h at room temperature, and the BD-2 immuno-signal on the membrane
168	was developed using ECL TM Western Blotting Detection Reagents (GE Healthcare Japan,
169	Tokyo, Japan) and visualized using Image Quant LAS 500 (GE Healthcare). Over three
170	independent, synthesized BD-2 protein were analyzed by SDS-PAGE and western
171	blotting.

173 Enzyme-linked immunosorbent assay (ELISA)

The amount of synthesized BD-2 protein was determined using Human BD-2/beta-Defensin-2 ELISA kit (Arigo biolaboratories, Hsinchu, Taiwan) in accordance with manufacturer's instruction. Briefly, the synthesized BD-2 and template DNA-free protein were appropriately diluted in a diluent buffer and reacted with anti-BD-2 antibody in the microtiter plate of a kit at 37°C for 1.5 h. After washing, the immune reactant was incubated with a second horseradish peroxidase (HRP)-conjugated antibody for 1h and HRP-streptavidin solution for 30 min at 37°C, and then reacted with 3,3',5,5'tetramethylbenzidine substrate for 15 min in the dark. After termination of the reaction, the absorbance of the immuno-complex was determined at 450 nm using a microplate reader. Data are expressed as mean \pm SD of each 5 samples of the synthesized sBD-2 and template DNA (tDNA) free protein (Fig. 1C)

185

186 Liposome preparation

187 Bilayer liposomes were prepared by a spontaneous transfer method with DOPC-DOPE 188 and Egg-PC according to the modification method of Hamada et al. [28]. Briefly, the 189 mixture of 0.9 mM DOPC and 0.1 mM DOPE, and 0.454 mM Egg-PC were dissolved in 190 chloroform/methanol (2:1 v/v), dried with nitrogen gas, re-dissolved in mineral oil (MP 191 Biomedicals, Illkirch, France) and sonicated at 50°C for 1 h. The DOPC-DOPE solution 192was overlaid on a 0.5 M glucose solution at a volume ratio of 0.71:1 in a tube and 193 incubated for 2 h at room temperature. Re-dissolved Egg-PC and 0.5 M sucrose solution 194 were mixed at a volume ratio of 16:1 and emulsified. A water-in-oil droplet emulsion was prepared from Egg-PC and the sucrose solution, overlaid on the DOPC-DOPE and 195

196 glucose solution, and incubated at 4°C for 1 h (Fig. 2A). The formed bi-layer liposomes
197 were observed using an inverted microscope (ECLIPSE Ti-U, Nikon, Tokyo, Japan). The
198 bi-layer liposomes were prepared by a spontaneous transfer method more than ten times.
199

- 200 Encapsulation of synthesized BD-2 in liposomes
- 201 The synthesized BD-2 protein was concentrated by lyophilization, dissolved in 0.5 M
- sucrose solution and thoroughly mixed with Egg-PC for 30 s to prepare an emulsion. This
- 203 water-in-oil droplet emulsions including BD-2 was overlaid on the layer of DOPC-DOPE
- and glucose solution, and incubated at 4°C for 1 h according to the modified method of
- Hamada et al. [28]. The liposome-encapsulated BD-2 in the intermediate phase was
- 206 collected by ultra-filtration (Amicon Ultra-0.5 Centrifuge Filter Devices, 3K, Merck
- 207 Millipore, Co. Cork, Ireland) and detected by western blotting (Fig. 3A). The protein
- 208 encapsulation was confirmed by three independent BD-2 protein samples.
- 209

210 Delivery of synthesized BD-2 in liposomes to oral epithelial cells

- Human oral epithelial cells (TR146 cells) were seeded at 0.9×10^4 cells/cm² and cultured
- 212 in Ham's F-12 medium (FUJIFILM Wako Chemical Co.) supplemented with 10% fetal
- 213 bovine serum, penicillin and streptomycin for 5 days. Cells were cultured with or without

214	the synthesized BD-2 protein and template DNA-free protein for 16 h and the conditioned
215	medium (medium fraction) was collected and mixed with phenylmethylsulfonyl fluoride
216	(Merck Sigma-Aldrich Japan, Tokyo, Japan). Cell lysates (cellular fraction) were
217	dissolved in RIPA Lysis Buffer containing a protease inhibitor cocktail and sodium
218	orthovanadate (Santa Cruz Biotechnology, Santa Cruz, CA, USA). The cell and medium
219	fractions were separated by SDS-PAGE, transferred to PVDF membranes, and analyzed
220	by western blotting for traces of BD-2. The delivery of synthesized BD-2 protein samples
221	to oral epithelial cells was confirmed at three independent experiments. The concentration
222	of BD-2 in the cell fraction was determined by ELISA (Cont. n=6 samples, tDNA free
223	n=6 samples, sBD-2 n=12 samples) (Fig. 4A).

225 Adhesion assay of *P. gingivalis* to oral epithelial cells

The adhesion assay of *P. gingivalis* to oral epithelial cells was performed according to the modified method described by Zanaboni *et al.* [29]. Briefly, epithelial cells were seeded at 2 x 10^4 cells/cm² in 96-well black plate (Sumitomo Bakelite, Tokyo, Japan) and cultured for 5 days, and then cultured with the synthesized BD-2 protein (100 ng/mL), a template DNA-free protein and recombinant BD-2 (25 ng/mL) for 16 h. *P. gingivalis* ATCC33277 was anaerobically cultured in a brain heart infusion (BD Bioscience,

232	Franklin, Lakes, NJ) broth containing hemin (5 μ g/mL) and menadione (1 μ g/mL) for 24
233	h, washed in phosphate-buffered saline solution (PBS), and labelled with Cyto Tell
234	UltraGreen (AAT Bioquest Inc., Sunnyvale, CA, USA) for 15 min at 37°C in the dark.
235	The labeled <i>P. gingivalis</i> was washed and prepared at 2.5 x 10^{6} /well at 100 multiplicity
236	of infection, incubated with oral epithelial cells that were pre-treated with the synthesized
237	BD-2 protein, a template DNA-free protein and recombinant BD-2 for 2 h at 37°C. Cells
238	and adhered bacteria were washed in PBS, and the fluorescence intensity of the bottom
239	surface of the culture well was determined using a fluorescence microplate reader
240	(TECAN Infinite [®] M200Pro, Switzerland) at 485/535 nm (excitation/emission) to
241	evaluate the adhesion of bacteria to oral epithelial cells. In another experiment using
242	liposome-encapsulated BD-2, oral epithelial cells and P. gingivalis were individually pre-
243	treated with the encapsulated BD-2 protein (300 ng/mL), a template DNA-free protein
244	and liposomes (Control) for 16 h, and the pre-treated cells and bacteria were co-incubated
245	at 37°C for 2 h. After cells and bacteria were washed in PBS, the fluorescence intensity
246	of the cultured wells was determined using a fluorescence microplate reader (TECAN).
247	The concentrations of the synthesized BD-2 and its liposome-encapsulated protein were
248	determined from the result of preliminary experiments (100 ng/mL and 300 ng/mL,
249	Supplemental data). Data are expressed as the mean ± SD of all samples from three

250 independent experiments, (A) n=24 samples (n=8/experiment) and (B) n=30 samples

251 (n=10/experiment).

252

253 Statistical analysis

- 254 Statistical analyses were performed using Excel Analysis 2012 for Windows (SSRI,
- 255 Tokyo, Japan). The comparisons among multiple groups were performed by a one-way
- analysis of variance (ANOVA) followed by Tukey-Kramer analysis, and the significance
- 257 of differences between two groups was estimated using Student's t-test. P values less than
- 258 0.05 were considered to be significant.
- 259

260 **Results**

261 Synthesized BD-2 protein

The proteins were synthesized by the reaction mixture with or without a template DNA of BD-2 using a CFPS system, and the total protein concentration of the two synthesized

- 264 protein samples were 6.36 mg/mL and 6.26 mg/mL, respectively. When 100 μ g of the
- 265 synthesized proteins was analyzed by SDS-PAGE, some bands of proteins were detected
- 266 in both samples with or without a template DNA of BD-2, however, a clear specific band
- 267 with approximately 4 kDa molecular weight was not observed (Fig. 1A). In the western

268	blot analysis of BD-2, a specific immune signal was identified in the synthesized BD-2
269	sample with a molecular weight of 4 kDa, which was similar to that of recombinant BD-
270	2, however, there was no band in the synthesized protein from a template DNA-free (Fig.
271	1B). Further, the BD-2 concentration in the synthesized BD-2 protein sample was 206.2
272	μ g/mL and its concentration in the protein sample derived from template DNA-free was
273	below the measurement limit by ELISA (Fig. 1C).

275 Encapsulation of synthesized BD-2 into prepared liposomes

276Phospholipid bilayer liposomes were prepared from DOPC-DOPE and Egg-PC by a 277spontaneous transfer method (Fig. 2A). The prepared liposomes had various sizes, with 278diameters of 1-140 µm (Fig. 2B). The synthesized BD-2 was encapsulated in liposomes 279and collected by ultra-filtration (Fig. 3A). The BD-2 band with a molecular weight of approximately 4 kDa was detected in two fractions of the liposome-encapsulated BD-2 280281sample and its ultra-filtrated sample (Fig. 3B). This band was similar to that of the 282recombinant BD-2. However, BD-2 was not detected in the flow-through fraction 283obtained by ultra-filtration. These results suggest that the synthesized BD-2 protein was 284encapsulated in liposomes and collected by ultra-filtration with a nominal molecular 285weight limit of 3000.

287 Delivery of liposome-encapsulated BD-2 to oral epithelial cells

288Oral epithelial cells were cultured with liposome-encapsulated BD-2 protein and a 289template DNA-free protein and their cellular and medium fractions were assayed by 290western blotting and ELISA (Fig. 4A). The immunological signal of BD-2 was clearly 291identified in the cellular and medium fractions from the culture with the synthesized BD-2922 protein (Fig. 4B, Sample 3 and 6), and was similar to that of the liposome-encapsulated 293 BD-2 sample before culture (Sample 7) and a recombinant BD-2 (Sample 9). In contrast, 294a very weak band of BD-2 was detected in the cellular fraction of the culture with only 295liposome and liposome-encapsulated protein from a template DNA-free (Sample 1 and 296 2) and in the medium fraction of oral epithelial cells at the growth stage (Sample 7). 297 However, there was no BD-2 signal in the medium fraction of the culture with only 298liposome and liposome-encapsulated protein from a template DNA-free (Sample 4 and 299 5).

To investigate the amount of BD-2 protein delivered to oral epithelial cells, the BD-2 protein in the cellular fraction was determined by ELISA (Fig. 4C). BD-2 concentration in the cellular fraction of culture with liposome-encapsulated BD-2 protein was 1.52 ng/mL, which was significantly higher than that of liposomes without BD-2 (0.29 ng/mL) and with a template DNA-free protein (0.27 ng/mL) (*P*<0.01). These results showed that the synthesized BD-2 protein encapsulated in liposomes was delivered to oral epithelial cells.

307

308 Inhibitory effect of BD-2 on adhesion of *P. gingivalis* to oral epithelial cells

309 When oral epithelial cells and P. gingivalis were treated with the synthesized BD-2 (100 310 ng/mL), the adhesion of bacteria to cells was inhibited by approximately 7% in 311 comparison to a template DNA-free protein (P < 0.01), and this inhibitory activity was 312similar to that of recombinant BD-2 (Fig. 5A). The raw values of fluorescence intensity 313 were 29991 \pm 1079 (protein-free; Control), 28243 \pm 852 (synthesized BD-2), 30126 \pm 314 1988 (template DNA-free protein) and 28117 ± 1490 (recombinant BD-2). When the 315effect of liposome-encapsulated BD-2 (300 ng/mL) was investigated, the synthesized BD-316 2 protein (300 ng/mL) in liposomes decreased adhesion of P. gingivalis to oral epithelial 317 cells by 5%, compared to a template DNA-free protein (Fig. 5B). The raw values of 318 fluorescence intensity were 31854 ± 1481 (protein-free; Control), 30516 ± 1127 319 (synthesized BD-2) and 31491 ± 1567 (template DNA-free protein). These results 320 suggested that the artificially synthesized, liposome-encapsulated BD-2 significantly 321inhibited the adhesion of *P. gingivalis* to oral epithelial cells.

323 Discussion

324 This study investigated the possibility that the artificially synthesized BD-2 protein 325 contributes to improve oral healthcare. Human gingival epithelial cells (HGECs) were 326 stimulated with P. gingivalis ATCC33277 and the expression of BD-2 mRNA in HGECs 327 was increased [30]. BD-2 level in gingival crevicular fluid (GCF) in the chronic 328 periodontitis group was significantly higher than that in healthy control group, and GCF 329 BD-2 concentration was positively correlated with copy numbers of P. gingivalis and 330 Tannerella forsythia in GCF [31, 32]. These reports suggested that cellular production of 331BD-2 protein was elevated in periodontal diseases with periodontopathic bacteria in the 332 periodontal pockets.

333 On the other hand, the synthesis of BD-2 using CFPS has not been extensively 334 explored. Xu and Chen *et al.* [33, 34] formed an *E. coli*-cell-free system for production 335 of a fusion protein containing BD-2, in which a plasmid was used for BD-2 and Trx-Tag; 336 they showed that the concentrations of BD-2 fused with green fluorescent protein and 337 trxA-BD-2 fusion protein were 0.25 mg/mL and 0.35 mg/mL, respectively. In the present 338 study, the mean concentration of BD-2 protein synthesized using a PURE system was 339 206.2 μ g/mL when its concentration was determined using a BD-2 ELISA kit. Our BD-2

340	concentration was similar to that reported by Xu and Chen [18, 33, 34], and the procedure
341	of CFPS system in the present study was simple and did not require a plasmid with the
342	BD-2 gene. BD-2 demonstrated antibacterial activity against P. gingivalis and
343	susceptibility against P. gingivalis ATCC33277 at a minimum inhibitory concentration
344	(MIC) of 34.6 μ g/mL compared to the MIC (<250 μ g/mL) of A. actinomycetemcomitans
345	Y4 [11,12]. The concentration of BD-2 synthesized in the present study (206.2 μ g/mL)
346	exceeded MIC (34.6 µg/mL) of BD-2 for <i>P. gingivalis</i> ATCC33277 [12]. The artificially
347	synthesized BD-2 significantly inhibited the adhesion of P. gingivalis to oral epithelial
348	cells at 100 ng/mL, and liposome-encapsulated BD-2 significantly inhibited bacterial
349	adhesion at a concentration of 300 ng/mL. These results suggest that BD-2, which was
350	artificially synthesized using the CFPS system, has effective antimicrobial activity against
351	P. gingivalis.

BD-2 inhibited the growth of several bacteria including *P. gingivalis*, *F. nucleatum*, *E. coli* and *P. aeruginosa* [8-12]. The mechanism of antimicrobial activity of BD-2 has not yet been defined. BD-2 molecules aggregates and are inserted into the bacterial membrane, and forms multimeric pores in bacterial membranes, thereby change the permeability of bacterial membrane and causes membrane depolarization, and consequently disrupts bacterial membrane [8, 10]. Cationic and amphiphilic BD-2

interacts with the lipid bilayer of bacterial membrane and leads to a leak of internal
contents from the bacterial cell [8]. The mechanism of inhibition of *P. gingivalis*-adhesion
by synthesized BD-2 in the present study has not yet been accurately elucidated. However,
the characteristics of BD-2 influence the cell membrane of *P. gingivalis* and appear to
disturb bacterial adhesion to oral epithelial cells.

363 Several antimicrobial medications and disinfectants such as doxycycline, 364 minocycline, metronidazole and chlorhexidine are contained in some DDS devices that 365 are capsules, fibers, gels/pastes, particles and strips, and theses complex are delivered to 366 inflammatory periodontal tissues and work as the chemical treatment of periodontal 367 diseases [35-39]. Mou et al. [36] reported that minocycline- and zinc oxide-loaded serum 368 albumin encapsulated in hydrogels showed antimicrobial activity against P. gingivalis and 369 Prevotella intermedia, and Chaturvedi et al. [38] showed that nanofibers containing 370 doxycycline improved clinical indicators such as probing depth (PD) and gingival index 371 (GI) in patients with chronic periodontitis. Some preparations with carrier device are 372 marketed for oral care and management of periodontal diseases and administered into 373 periodontal pockets [3]. On the other hand, liposomes are also used as a carrier of 374medications in the studies and treatments of periodontal diseases. When superoxide 375 dismutase encapsulated into liposome that was composed of soya lecithin and cholesterol

376	and a diameter of 600 nm was applied to around teeth after scaling and root planing in
377	dogs with experimental periodontitis, the levels of PD and GI were significantly
378	decreased [40]. Lactoferrin is known as an antimicrobial peptide that has an iron-binding
379	characteristic, and when bovine lactoferrin with multi-lamellar liposome composed of soy
380	phosphatidylcholine was orally administered to the individuals with multiple sites of
381	more than 3 mm PD for 4 weeks, PD was significantly reduced [41]. Furthermore, Shi et
382	al. [42] prepared the liposomes composed of Egg-PC, cholesterol and 1,2-distearoyl-sn-
383	glycereo-3-phosphorylethanolamine-polyethylene glycol 2000, with a size within 200 nm,
384	and showed that resveratrol encapsulated into this liposome decreased inflammatory
385	cytokine level in macrophages and alveolar bone resorption, and ameliorated
386	experimental periodontitis in mice. These reports suggested a possibility that AMP,
387	antioxidant and enzyme encapsulated into small-sized liposomes demonstrated the useful
388	effects on periodontal treatments. In contrast, the liposomes prepared in the present study
389	had diameters ranging from 1 to 140 μ m and were classified as giant liposome [24, 43].
390	Giant liposomes encapsulate some biological molecules and chemical materials including
391	DNA, RNA, proteins and drugs [44-46], and act as a container of protein synthesis
392	reaction by the PURE system [47] and as vaccine carriers and immunological adjuvants
393	[48], suggesting that giant liposomes are also useful carriers in DDS. We suppose that

394	artificially synthesized BD-2 encapsulated in liposomes may be useful for the prevention
395	of periodontal diseases. Although further studies of the in vitro and in vivo effects of
396	liposomes encapsulating AMPs are needed to proceed our project in the future, but we
397	believe that the results of this study provide the foundation for the next generation of oral
398	healthcare systems using AMPs.
399	
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404	DNA sequences with AT-rich codons for BD-2 synthesis.
405	
406	Author contributions
407	YH: Planning study, performing experiments (template DNA preparation, synthesized
408	BD-2 analysis, bacterial adhesion assay etc.), writing and reviewing a manuscript and
409	summarizing study. JK: Co-planning study, performing experiments (liposome
410	preparation, western blotting and ELISA), and supporting the preparation of figures in
411	the manuscript. RK: Performing experiments (cell culture, ELISA and western blotting).

412	KY: Observing liposomes. MB: Supporting SDS-PAGE and western blotting procedures,
413	KK: Instructing liposome preparation and delivery experiments. HY: Advising study
414	performance. YS: Instructing cell-free protein synthesis and evaluating the result data,
415	
416	Conflict of interest
417	The authors declare no conflicts of interest related to this study.
418	
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593 Figure legends
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594 Fig. 1 SDS-PAGE, western blotting and ELISA of synthesized BD-2 protein. The

595 synthesized proteins and a recombinant BD-2 protein were analyzed by (A) SDS-PAGE

596 and Coomassie Brilliant Blue staining, and (B) western blotting. These results were

597 confirmed by over three independent protein samples. (C) BD-2 concentration in the

598 synthesized proteins was determined by ELISA. Data are expressed as mean \pm SD of 5

599 samples. **P<0.01. SDS-PAGE: Sodium dodecyl sulfate-polyacrylamide gel

600 electrophoresis, ELISA: enzyme-linked immunosorbent assay, sBD-2: synthesized BD-2,

601 tDNA free: template DNA-free protein, rBD-2: recombinant BD-2

602

603 Fig. 2 Liposome preparation and observation. (A) Liposomes were prepared according to

- a spontaneous transfer method with DOPC, DOPE and Egg-PC. (B) The prepared
- 605 liposomes were observed using an inverted microscope at magnification x 20. Scale bars:

606	100 μm. DOPC: 1,2-Dioleoyl-sn-glycero-3-phosphocholine, DOPE: 1,2-dioleoyl-sn-
607	glycero-3 phosphoethanolamine, Egg-PC: 3-sn-phosphatidylcholine from egg yolk
608	

Fig. 3 Encapsulation of synthesized BD-2 protein into liposomes. (A) Procedure of encapsulation of synthesized BD-2 in liposomes and collection. (B) Synthesized BD-2 samples were analyzed by western blotting. Sample 1: synthesized BD-2 sample, Sample 2: liposome-encapsulated Sample 1, Sample 3: ultra-filtrated Sample 2, Sample 4: flowthrough of ultra-filtrated Sample 2, Sample 5: recombinant BD-2. This result was confirmed by three independent protein samples.

. . .

616 Fig. 4 Delivery of liposome-encapsulated BD-2 to oral epithelial cells. (A) Protocol of 617delivery of the liposome-encapsulated BD-2 to cells, collection and assays. (B) Oral 618 epithelial cells were cultured with liposome-encapsulated samples of protein-free, a 619 template DNA-free protein and the synthesized BD-2 protein for 16 h, and the cellular 620 and medium fractions were collected and analyzed by western blotting for BD-2. 621 Sample 1: cellular fraction of protein-free, Sample 2: cellular fraction of a template DNA-622 free protein, Sample 3: cellular fraction of synthesized BD-2 protein, Sample 4: medium 623 fraction of protein-free, Sample 5: medium fraction of a template DNA-free protein,

624	Sample 6: medium fraction of synthesized BD-2 protein, Sample 7:liposome-
625	encapsulated BD-2 protein before addition to cell culture, Sample 8: conditioned medium
626	of TR146 cells, Sample 9: recombinant BD-2. This result was confirmed by three
627	independent protein samples. (C) BD-2 concentration in cellular fractions derived from
628	protein-free, a template DNA-free protein and synthesized BD-2 protein were determined
629	by ELISA. Data are expressed as mean \pm SD of 6-12 samples. ** <i>P</i> <0.01. Cont.: protein-
630	free, tDNA free: template DNA-free protein, sBD-2: synthesized BD-2

632 Fig. 5 Inhibitory effect of BD-2 on adhesion of *P. gingivalis* to oral epithelial cells. (A) 633 Effect of the synthesized BD-2. (B) Effect of the liposome-encapsulated synthesized BD-634 2. The mean fluorescence intensity of Control in (A) and (B) were 29991 and 31854, 635 respectively, and values are shown as percentage of Control. Data are expressed as the 636 mean \pm SD of all samples from three independent experiments, (A) n=24 samples (n=8/experiment) and (B) n=30 samples (n=10/experiment). **P<0.01. Cont.: protein-637 638 free, sBD-2: synthesized BD-2, tDNA free: template DNA-free protein, rBD-2: recombinant BD-2 639





(B)



(A)

< Procedure of sample preparation >

Synthesis of BD-2 (sBD-2) ↓ Encapsulation of sBD-2 into Liposomes ↓ Ultra-filtration ↓ Collection of liposome-encapsulated sBD-2











Supplemental data. Effect of the synthesized BD-2 and its liposome-encapsulated protein on the adhesion of *P. gingivalis* to oral epithelial cells. Oral epithelial cells (TR146 cells) were cultured with the synthesized BD-2 (A, sBD-2, 0-300 ng/mL) and liposome-encapsulated sBD-2 (B, 0-300 ng/mL) for 16 h. *P. gingivalis* labeled with a fluorescent reagent were co-cultured with the cells for 2 h in the medium containing sBD-2 and liposome-sBD-2. After washing the culture, a fluorescent intensity was determined using a fluorescence plate reader at 485/535 nm (excitation/emission). The values were expressed as percentage of each Control. Data are shown as mean \pm SD of 4-5 samples (A) and 6 samples (B). **P*<0.05, ***P*<0.01.