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1 Lipocalin 2, synthesized using a cell-free protein synthesis system and

2 encapsulated into liposomes, inhibits the adhesion of *Porphyromonas*

3 gingivalis to human oral epithelial cells

- 4 5
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- 24
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- 26 Lipocalin 2, Liposome, Oral epithelial cells, Oral healthcare.
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35 Abstract

36 Background and objective: Lipocalin 2 (LCN2), a glycoprotein expressed in epithelial cells and leukocytes, has an antibacterial effect and plays a role in innate immunity. The 3738 delivery of LCN2 encapsulated in liposomes to oral epithelium may be useful to prevent 39 oral infectious diseases. This study aimed to investigate the inhibitory effect of LCN2, 40 artificially synthesized using a cell-free protein synthesis (CFPS) system, on the adhesion 41 of Porphyromonas gingivalis to oral epithelial cells in order to approach oral healthcare 42using LCN2. 43Methods: LCN 2 was synthesized using a CFPS system and assayed by Western blotting, 44mass spectrometry and enzyme-linked immunosorbent assay (ELISA). The bilayer liposomes were prepared by the spontaneous transfer method using 1,2-dioleoyl-sn-45glycero-3 phosphocholine (DOPC), 3-sn-phosphatidylcholine from Egg Yolk (Egg-PC), 46 47and 1,2-dioleoyl-sn-glycero-3 phosphoethanolamine (DOPE). The cellular and medium 48fractions derived from the culture of oral epithelial cells with liposome-encapsulated 49LCN2 were assayed by Western blotting and ELISA. The effect of the synthesized LCN2 50on adhesion of the labeled P. gingivalis to oral epithelial cells was investigated as an 51evaluation of its antibacterial activity.

52 Results: The synthesized LCN2 protein was identified by Western blotting; its amino acid

53	sequence was similar to that of recombinant LCN2 protein. The additions of DOPE and
54	octa-arginine in the outer lipid-layer components of liposome significantly increased the
55	delivery of liposomes to epithelial cells. When oral epithelial cells were cultured with
56	the synthesized and liposome-encapsulated LCN2, LCN2 was identified in the cellular
57	and medium fractions by Western blotting and its concentration in the cellular fraction
58	from the culture with the synthesized LCN2 was significantly higher than that of a
59	template DNA-free protein. The synthesized LCN2 and liposome-encapsulated LCN2
60	significantly inhibited the adhesion of <i>P. gingivalis</i> to oral epithelial cells compared with
61	template DNA-free protein.
62	Conclusion: LCN2 was artificially synthesized by a CFPS system, encapsulated in
63	liposomes and delivered to oral epithelial cells, and demonstrated an antibacterial action
64	against P. gingivalis. This approach may become a useful model for oral healthcare.
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71 1 | INTRODUCTION

72Oral healthcare plays an important role in preventing systemic diseases as well as oral diseases such as periodontal diseases, dental caries and infectious mucosal diseases.^{1,2} 73Tooth brushing is an integral part of oral healthcare, especially among elderly individuals, 74that prevent infectious oral and systemic diseases.³ Plaque control via tooth brushing is 7576difficult for elderly individuals with physical handicaps and for those whose hands are 77disabled. Although chemical components in mouth rinses, toothpaste, and gels are 78partially useful in maintaining oral health, the suitable use of these dental materials is 79complicated for elderly individuals. Antibacterial drugs/antibiotics and anti-inflammatory 80 drugs are at times used for treatments of periodontal diseases, however, the overuse of these drugs is not suitable as elderly individuals often take multiple medicines for other 81 systemic diseases.⁴ 82

Antimicrobial peptides (AMPs), including lipocalin 2 (LCN2), β-defensin 2 (BD-2) and secretory leukocyte protease inhibitor, are expressed in oral epithelial cells and play an important role in innate immunity of the oral cavity.^{5,6} LCN2 is a secreted glycoprotein with a molecular weight of 24-25 kDa, and produced by leukocytes, macrophages and epithelial cells.^{6,7} The secreted LCN2 binds to its receptor (24p3R) that is expressed in neutrophils, fibroblasts, retinal and ovarian epithelial cells, and shows

89 multiple physiological functions such as antibacterial activity, modulation of inflammatory responses and cell migration.^{6,8-12} LCN2 binds to bacterial siderophores and 90 91 depletes iron/heme, a condition required for bacterial growth; thus, it suppressed the growth of Escherichia coli,^{13,14} and combated against Klebsiella pneumoniae in mice 92liver,¹⁵ suggesting that LCN2 has a bacteriostatic action and plays a role in protection 93 94against infectious diseases. 95 Several cell-free protein synthesis (CFPS) systems have been derived from E. coli, 96 wheat embryos, rabbit reticulocytes, yeast and insect cells, and contain the whole cell lysates from several cells.¹⁶⁻¹⁹ In contrast, the PURE system is a reconstituted CFPS 9798 system and contains T7 RNA polymerase, nucleoside triphosphates (NTPs), aminoacyl-99 tRNA synthetases, amino acids for transcription, ribosome, several initiation factors, 100 elongation factors, release factors, ribosome recycling factor for translation and enzymes system to regenerate ATP and GTP for energy regeneration.²⁰ The PURE system contains 101 102 the proteins and ribosomes that are individually purified from E. coli at a high level, but 103 not the whole cell lysates, and the reactive solution without specific factors can be prepared using the PURE system.²¹ The synthesized proteins are scarcely degraded 104105because the PURE system does not contain nucleases, proteases, and the factors that are not associated with protein synthesis.²¹ Several proteins, including green fluorescent 106

107	protein, β -galactosidase and immunoglobulin-G, G-protein on lipid bilayer and
108	granulocyte-macrophage colony-stimulating factor, have been synthesized using several
109	CFPS systems. ²²⁻²⁴ However, there were few reports that AMPs were synthesized using
110	CFPS systems, and LCN2 has never been synthesized using any CFPS system in the past.
111	Liposomes are vesicles of lipid bilayers with hydrophilic and hydrophobic parts
112	and are classified according to their vesicle size and construction of uni-lamellar and
113	multi-lamellar. ^{25,26} They can be prepared using the methods such as spontaneous transfer,
114	centrifugation, electro-formation and microfluidics, ^{27,28} and encapsulate peptides/
115	proteins, RNA, DNA and several chemical drugs. ^{26,29} Some liposomes have parts that are
116	bound to cells on their vesicle membrane and have constructions that are similar to
117	cellular membrane. ^{30,31} Due to these characteristics, liposomes have been studied as a
118	drug delivery system (DDS) for treatments of diseases such as tumors, infectious diseases,
119	rheumatoid arthritis, cystic fibrosis and periodontal diseases. ^{32,33} Peptides/proteins,
120	including albumin, epidermal growth factor, calcitonin and insulin have been
121	encapsulated into liposomes and delivered orally. ²⁶ Giant liposomes with a diameter of
122	approximately 1-100 μ m are similar to biological cells, ²⁵ and prepared using two
123	phospholipids with mineral oil at the oil/water interface by spontaneous transfer
124	method. ²⁸ CFPS systems and DNA plasmid coding for connexin-43 enhanced green

125	fluorescent protein (Cx43-EGFP) or microRNAs for yellow fluorescent protein (YFP)
126	were encapsulated into giant liposomes, and Cx43-EGFP and YFP proteins were
127	synthesized in those liposomes, ^{29,34} suggesting that specific proteins are synthesized by
128	CFPS system in giant liposomes.
129	We have been studying AMPs that are produced by human oral epithelial cells, ⁵
130	and aim to create a foundation for oral healthcare using AMPs. In the present study, we
131	investigated LCN2 synthesis using the CFPS system and efficient delivery of LCN2
132	encapsulated into giant liposomes to oral epithelial cells and its inhibitory effect on the
133	adhesion of <i>P. gingivalis</i> to oral epithelial cells.
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135	2 MATERIALS AND METHODS
136	2.1 Materials
137	1,2-Dioleoyl-sn-glycero-3-phosphocholine (DOPC), 1,2-dioleoyl-sn-glycero-3
138	phosphoethanolamine (DOPE) and 1,2-dioleoyl-sn-glycero-3 phosphoethanolamine-N-
139	lissamine rhodamine B sulfonyl (Rhodamine-DOPE) were purchased from Avanti Polar
140	Lipid, Inc. (Alabaster, AL). Mineral oil and 3-sn-Phosphatidylcholine from Egg Yolk
141	(Egg-PC) were purchased from FUJIFILM Wako PURE Chemical Co. (Osaka, Japan).
142	Lissamine TM Rhodamine B 1,2-Diphytanoyl-sn-glycero-3-phosphoethanolamine,
	7

143 Triethylammonium salt (Rhodamine DHPE) and (N-(7-Nitrobenz-2-Oxa-1,3-diazol-4-144yl)-1,2-dihexadecanoyl-sn-glycero-3-phosphoethanolamine, Triethylammonium salt (NBD-PE) were purchased from Thermo Fisher Scientific Japan (Tokyo, Japan). 145CvtoTellTM UltraGreen was purchased from AAT Bioquest Inc. (Sunnyvale, CA, USA). 146

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148 2.2 | LCN2 synthesis using CFPS system

149LCN2 peptide was synthesized according to the instruction manual for PUREfrex[®]2.1 150(GeneFrontier, Chiba, Japan). In brief, the template DNA prepared for LCN2 protein 151synthesis, cysteine, glutathione, amino acids, NTPs, tRNA, ribosome and translation 152factors in the kit were mixed at a rate indicated in the instruction manual, and incubated 153at 37°C for 6 h. The template DNA for LCN2 protein synthesis was prepared by two PCR procedures. The total cDNA was synthesized by a reverse transcription reaction from 154human bone marrow RNA (TaKaRa Bio Inc., Shiga, Japan) using DNase I Amplification 155156Grade (Invitrogen, Life Technologies Corp./Thermo Fisher Scientific, Carlsbad, CA, USA) and PrimerScript[®] II 1st strand cDNA Synthesis Kit (TaKaRa Bio). The first PCR 157158was performed using cDNA, the forward primer, reverse primer for LCN2 and 159PrimeSTAR Max DNA Polymerase (TaKaRa Bio) at 98°C for 10 s, 56°C for 5 s and 72°C for 5 s for 35 cycles. The product of first PCR was purified using QIAquick Gel Extraction 160

161	Kit (QIAGEN) to prepare a template DNA for the second PCR reaction. The second
162	PCR was performed using this template DNA, the forward primer containing T7 promoter
163	lesion and ribosome binding site in an up-stream of initiation codon for LCN2, the reverse
164	primer and PrimeSTAR Max DNA Polymerase (TaKaRa Bio) at 98°C for 10 s, 56°C for
165	5 s and 72°C for 5 s for 35 cycles. The second PCR product was purified using QIAquick
166	Gel Extraction Kit and used as the template DNA for LCN2 protein synthesis. The
167	sequences of the forward and reverse primers used in the present study were as follows:
168	the forward primer with AT-rich sequence: 5'-AAG GAG ATA TAC CA ATG AGT ACT
169	AGT GAT TTA ATT CCA GCA CCA CCT CTG AGC-3', the reverse primer: 5'-GGA
170	TTA GTT ATT CA TCA GCC GTC GAT ACA CTG GTC-3', and T7PRO-SD primer: 5'-
171	GAA ATT AAT ACG ACT CAC TAT AGG GAG ACC ACA ACG GTT TCC CTC TAG
172	AAA TAA TTT TGT TTA ACT TTA AGA AGG AGA TAT ACC A-3'. The total amount
173	of synthesized proteins was determined using TaKaRa BCA Protein Assay Kit (TaKaRa
174	Bio).

175

2.3 | Sodium dodecyl sulfate (SDS)-Polyacrylamide gel electrophoresis (PAGE) and 176177Western blotting

178The protein samples were prepared via the syntheses of LCN2 with or without template

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DNA using PUREfrex[®]2.1 kit. The synthesized LCN2 (total protein, 70 μg), template DNA-free protein (total protein, 70 μg) and recombinant LCN2 protein (2 μg, Abcam, ab243270, Cambridge, MA, USA) were electrophoretically separated on SDSpolyacrylamide gel (4-20%, Bio-Rad, CA, USA), and stained by Coomassie Brilliant Blue (Quick-CBB PLUS, FUJIFILM Wako Pure Chemical) for 1 h and de-stained by distilled water for 1 h.

In Western blotting of LCN2,¹² the synthesized LCN2 protein (total protein, $1 \mu g$), 185 186 template DNA-free protein (total protein 1 µg) and recombinant LCN2 protein (15 ng) 187 were electrophoretically separated on SDS-polyacrylamide gel (4-20% or 15%) and transferred to a polyvinylidene difluoride (PVDF) membrane (Immobilon[®]-P, Merck 188189 Millipore Ltd., Cork, ILR), or using Trans-Blot Turbo Transfer System[®] (Bio-Rad). The 190 PVDF membrane with LCN2 protein was blocked in Tris-buffered saline (TBS) supplemented with Tween 20 (TBS-T) and 2% bovine serum albumin (BSA) for 1 h at 191192 room temperature and was washed in TBS-T and immuno-reacted with anti-LCN2 193 antibody (1/2000 dilution, LSBio, TE Huissen, The Netherlands) in TBS-T-0.1%BSA 194overnight at 4°C. After washing, the membrane was reacted with horseradish peroxidase 195(HRP)-conjugated anti-rabbit IgG (1/10000 dilution, GeneTex) in TBS-T-0.1%BSA for 1 h at room temperature. An immune signal was developed on a membrane by ECLTM 196

197 Western Blotting Detection Reagents (GE Healthcare) and visualized using Image Quant 198 LAS 500 (GE Healthcare). In another experiment, liposome-encapsulated LCN2 protein 199 was analyzed by Western blotting. Furthermore, human oral epithelial cells (TR146 cell) were cultured with liposome-encapsulated LCN2 protein, and its cell lysates (cellular 200 201 fraction) were dissolved in RIPA Lysis Buffer containing protease inhibitor cocktail and 202 sodium orthovanadate (Santa Cruz Biotechnology, Santa Cruz, CA, USA), and incubated 203 on ice for 15 min. The medium fraction was collected and mixed with 204 phenylmethylsulfonyl fluoride (PMSF, Sigma-Aldrich). The cellular and medium 205fractions were separated using SDS-PAGE and transferred to PVDF membranes, and 206 analyzed by Western blotting for LCN2.

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208 2.4 | Mass spectrometry analysis

209 The synthesized LCN2 protein (total protein 820 μ g) and recombinant human LCN2 210 protein (5 μ g, Abcam) were electrophoretically separated on SDS-polyacrylamide gel 211 (15%) and stained using Quick-CBB PLUS (FUJIFILM Wako Pure Chemical). The gel 212 fragments of LCN2 in the synthesized protein sample and recombinant LCN2 protein 213 were cut and digested with trypsin (4 μ g/mL) at 37°C overnight according to a previous 214 method.³⁵ The digested samples were injected into UltiMate 3000 RSLCnano system with

215	Acclaim PepMap RSLC Nano Column (75 mM x 15 cm, Thermo Fisher Scientific Inc.)
216	and separated under a gradient solvent flow between 0.1% formic acid and 80%
217	acetonitrile/0.1% formic acid for 60 min at a flow rate of 300 nl/min. The samples were
218	analyzed using Orbitrap Elite (Thermo Fisher Scientific Inc.), and data were analyzed
219	using Mascot (Matrix Science).

2.5 | Liposome preparation

Liposomes were prepared by a spontaneous transfer method with DOPC and Egg-PC according to the modified method reported by Hamada et al.³⁶ In brief, 1 mM DOPC and 0.454 mM Egg-PC were dissolved in chloroform/methanol (2:1 v/v), dried up by nitrogen gas, and re-dissolved in mineral oil and sonicated at 50°C for 1 h. In a tube, 1 mM DOPC was overlaid on 0.5 M glucose solution and incubated for 2 h at room temperature. The volume ratio of DOPC and glucose solution was 0.7:1. In microscopic observation of liposomes, NBD-PE (0.63 mM, Thermo Fisher Scientific) was added to the components of outer lipid-layer with DOPC, and rhodamine-DHPE (0.23 mM) was present in the components of inner lipid-layer with Egg-PC. In another experiment, DOPE with or without rhodamine-DOPE (0.77 mM) and stearyl octa-arginine (STR-R8, 0.1 mM, Life Tein, NJ, USA), a cell-penetrating peptide (CPP), were added to the components of outer lipid-layer with DOPC. 0.454 mM Egg-PC and 0.5 M sucrose solution were mixed and
emulsified, and its volume ratio was approximately 19:1. Water-in-oil droplets were
prepared from Egg-PC and sucrose solution and overlaid on the DOPC, DOPE and
glucose solution phase to prepare liposomes enclosed by phospholipid bilayers. The
prepared liposomes were observed using an inverted fluorescence microscope (ECLIPSE
Ti-U, Nikon, Tokyo, Japan) at 485/535 nm (excitation/emission) and 560/580 nm
(excitation/emission).

240

241 **2.6** | Delivery assay of liposomes to oral epithelial cells

242Human oral epithelial cell line (TR146 cell) was seeded in a 96-well black plate 243(Sumitomo Bakelite, Tokyo, Japan) and an 8-well chamber slide (NUNC, Rochester, NY, USA) at a cell density of 0.9 x 10⁴ cells/cm² and cultured in Ham's F-12 medium 244245(FUJIFILM Wako Chemical) supplemented with 10% fetal bovine serum and penicillin 246and streptomycin for 5 days. The delivery assay of liposomes was performed according to the modified method reported by Takara et al.³⁷ Briefly, the cells were incubated with 247248the liposome that contained DOPC, DOPE with or without rhodamine-DOPE (1 mol%), 249and Egg-PC, or STR-R8 (0.1 mM) for 3 h and then washed in phosphate-buffered saline 250(PBS) and observed using a phase-contrast and fluorescence microscopies (Nikon) at 251 560/580 nm (excitation/emission). The fluorescence intensity derived from rhodamine-

DOPE in liposomes was measured using a fluorescence micro-plate reader (TECAN
Infinite[®] M200Pro, Switzerland) at 555/575 nm (excitation/emission) to evaluate a
delivery of liposomes to oral epithelial cells.

255

256 2.7 | Encapsulation of LCN2 into liposomes

257 The synthesized LCN2 protein was concentrated by a lyophilization, dissolved in 0.5 M

sucrose solution, and mixed well with Egg-PC to prepare an emulsion for 30 s. The water-

259 in-oil droplets containing LCN2 were overlaid on the 1st-phase that was composed of

260 DOPC, DOPE and glucose solution, and incubated at 4°C for 30 min according to the

- 261 modified method reported by Hamada et al.³⁶ The liposome-encapsulated LCN2 was
- 262 collected by an ultra-filtration (Amicon Ultra-0.5 Centrifuge Filter Devices, 3K) and used
- to evaluate an encapsulation of LCN2 into liposomes, a delivery to oral epithelial cells,
- and an effect on adhesion of *P. gingivalis* to oral epithelial cells.
- 265

266 **2.8** | Enzyme-linked immunosorbent assay (ELISA)

267 The amount of LCN2 protein synthesized was determined using Human Lipocalin-

268 2/NGAL Immunoassay (R&D Systems, Minneapolis, MN, USA) in accordance with the

manufacturer's instructions. In another experiment, oral epithelial cells were cultured
with liposomes with or without the synthesized LCN2 protein for 12 h. After removing
the medium and washing the cells in PBS, the cell lysates were prepared using RIPA Lysis
Buffer containing protease inhibitor cocktail and sodium orthovanadate (Santa Cruz
Biotechnology). The amount of LCN2 in the cell lysates was determined using LCN2
ELISA kit.

275

276 2.9 | Adhesion assay of *P. gingivalis* to oral epithelial cells

277The adhesion assay of *P. gingivalis* to oral epithelial cells was performed according to the modified version of the method used by Zanaboni et al..³⁸, and the concentrations of the 278279synthesized LCN2, the liposome-encapsulated LCN2 and recombinant LCN2 were 280decided on the basis of results of preliminary experiments (Supplemental data 1). Briefly, epithelial cells were seeded at a cell density of 2×10^4 cells/cm² in a 96-well black plate 281282(Sumitomo Bakelite) and cultured for 5 days, followed by culture with the synthesized 283LCN2 protein (LCN2 concentration:100 ng/mL, total protein concentration:3.56 µg/mL), 284template DNA-free protein (total protein concentration:3.56 µg/mL) and recombinant 285LCN2 (10 ng/mL) for 16 h. P. gingivalis (ATCC33277) was anaerobically cultured in a 286brain heart infusion (BHI, BD Bioscience, Franklin, Lakes, NJ) broth containing hemin

287	(5 μ g/mL) and menadione (1 μ g/mL) for 24 h and washed in PBS, and labeled with Cyto
288	Tell UltraGreen (AAT Bioquest Inc., Sunnyvale, CA, USA) for 15 minutes at 37°C in the
289	dark. The labeled <i>P. gingivalis</i> was washed and seeded at 2.5 x 10^6 /well at 100 of a
290	multiplicity of infection (MOI) and incubated with the cells pre-treated with the
291	synthesized LCN2 protein, template DNA-free protein and recombinant LCN2 for 2 h at
292	37°C. After washing the cells and bacteria in PBS, a fluorescence intensity of the bottom
293	surface of well was determined using a fluorescence microplate reader (TECAN) at
294	485/535 nm (excitation/emission) to evaluate an adhesion of bacteria to oral epithelial
295	cells. In another experiment, oral epithelial cells and P. gingivalis were individually pre-
296	cultured with the liposome-encapsulated LCN2 protein (LCN2 concentration:300 ng/mL,
297	total protein concentration:10.7 μ g/mL), template DNA-free protein (total protein
298	concentration:10.7 μ g/mL) and only liposomes (Control) for 16 h. Subsequently, the pre-
299	treated cells and bacteria were co-incubated at 37°C for 2 h. After washing the cells and
300	bacteria in PBS, a fluorescence intensity of the culture well was determined using a
301	fluorescence microplate reader (TECAN) at 485/535 nm (excitation/emission).
302	

303 3 | RESULTS

3.1 | Identification of the synthesized LCN2 and mass spectrometry analysis 304

305	The proteins were synthesized using the reaction mixture with and without a template
306	DNA of LCN2 using a CFPS system. Total protein concentration of the two synthesized
307	protein samples were 7.22 and 7.02 mg/mL, respectively. 70 μ g of the synthesized
308	proteins were analyzed by SDS-PAGE. Both samples contained some proteins, and the
309	specific band with approximately 23 kDa molecular weight was detected in the protein
310	sample synthesized with a template DNA of LCN2, and the position of this band was
311	similar to that of a recombinant LCN2 protein (Figure 1A). However, this protein band
312	with 23 kDa molecular weight was not detected in the sample without the template DNA.
313	When the synthesized proteins were analyzed by Western blotting using a specific anti-
314	LCN2 antibody, the immuno-response bands were detected in the protein samples that
315	were synthesized with the template DNA of LCN2 and recombinant LCN2 protein, but
316	not in the sample synthesized without the template DNA (Figure 1B).
317	The fractions of synthesized LCN2 protein and recombinant LCN2 protein were
318	investigated by a mass spectrometry analysis. LCN2 protein was detected in the
319	synthesized LCN2 and recombinant LCN2 samples. The Mascot score and the number of
320	detected peptides in the synthesized LCN2 sample were 1677 and 141, respectively, and
321	those of recombinant LCN2 were 5632 and 1059, respectively (Table 1). The coverage of
322	amino acid sequences of the synthesized LCN2 protein and recombinant LCN2 protein

323 over the amino acid sequence of LCN2 protein on the SwissProt data base was 74.7% and
324 82.3%, respectively.

325

326 3.2 | Characteristic of the prepared liposomes and delivery of liposomes to oral 327 epithelial cells

328 Liposomes with phospholipid bilayer were prepared from a first water-in-oil phase of 329 DOPC-glucose and a second water-in-oil phase of Egg-PC-sucrose by a spontaneous 330 transfer method (Figure 2A). These liposomes had various sizes that their diameters 331 ranged from approximately 1-180 µm (Figure 2B). When NBD-PE (green color) was 332added to the outer lipid-layer component and rhodamine-DHPE (red color) was added to 333 the inner lipid-layer component, the outer layer was stained green, and the inner layer was 334 stained red (Figures 2C and 2D), suggesting that these liposomes had a bilayer structure 335(Figure 2E). 336 When oral epithelial cells were cultured with liposomes containing rhodamine-

- 337 DOPE (Figure 3A), fluorescent dots were observed on the culture of oral epithelial cells
- 338 (Figure 3B), however, no fluorescent dots were observed in the cell culture without
- 339 rhodamine-DOPE (Figure 3C and 3D), showing that liposomes were delivered to oral
- epithelial cells. When DOPE (0-20 mol%) with or without rhodamine-DOPE (1 mol%)

341 was added to the outer lipid-layer components composed of 80-100 mol% DOPC, a 342delivery of liposomes to the cells increased in a dose-dependent manner between 1-20 343 mol%, and the activity of its delivery was significantly higher at 5, 10 and 20 mol% of 344 DOPE (Figure 3E). The delivery of liposomes to oral epithelial cells increased to 345 approximately 10 % when DOPE (10 mol%) was added to the outer lipid-layer 346 component (90 mol% of DOPC). The delivery of liposomes was further increased when 347 STR-R8 (0.1 mM), a cell-penetrating peptide, was added to the outer lipid-layer 348 component and compared with that of the STR-R8-free outer lipid-layer (P<0.05, Figure 349 3F).

350

351 3.3 | Encapsulation of the synthesized LCN2 into liposomes and its delivery to oral 352 epithelial cells

According to the protocol (Figure 4A), the synthesized LCN2 sample (Figure 4, Sample 1) was concentrated by a lyophilization (Sample 2) and encapsulated into liposomes (Sample 3). The liposomes with LCN2 protein were collected by an ultrafiltration (Sample 4 and 5), and the LCN2 protein of each sample fraction was analyzed by Western blotting. LCN2 protein was detected in the liposome-encapsulated LCN2 sample (Figure 4B, Sample 3) and the liposome fraction collected by an ultrafiltration (Sample 4),

359	however, it was not detected in the flow-through fraction of ultrafiltration (Sample 5).
360	These results showed that the synthesized LCN2 protein was encapsulated into liposomes.
361	Oral epithelial cells were cultured with the liposome-encapsulated LCN2, and
362	LCN2 protein in the cell culture was investigated by Western blotting and ELISA (Figure
363	5A). Immuno-signal of LCN2 protein was detected in the cellular and medium fractions
364	(Figure 5B, Sample 1-6), and this signal was similar to those of LCN2 in liposomes before
365	cell culture (Sample 7) in the conditioned medium of oral epithelial cells (Sample 8) and
366	recombinant LCN2 protein (Sample 9). LCN2 immuno-signals in the cellular and
367	medium fractions from the culture with liposome-encapsulated LCN2 (Sample 3 and 6)
368	were stronger than those of the controls that contained only liposomes without LCN2
369	protein (Sample 1 and 4) and liposome-encapsulated protein that was synthesized with
370	template DNA-free protein (Samples 2 and 5). The amount of LCN2 protein in the
371	cellular fraction was determined by ELISA to investigate an amount of synthesized LCN2
372	protein that was delivered to epithelial cells (Figure 5C). LCN2 concentration in the
373	cellular fraction of culture with liposome-encapsulated LCN2 protein was 15.04 ng/mL,
374	and those from liposomes without LCN2 and with a template DNA-free protein were 9.32
375	ng/mL and 9.01 ng/mL, respectively. There was a significant difference in LCN2 level in
376	the cellular fractions between the LCN2-liposome and control liposome groups ($P < 0.01$).

377 These results showed that the synthesized and LCN2 protein encapsulated into liposomes378 were delivered to oral epithelial cells.

379

380 **3.4** | Inhibition of adhesion of *P. gingivalis* to oral epithelial cells by LCN2

381 On investigating the effect of the synthesized LCN2 protein on the adhesion of P. 382 gingivalis to oral epithelial cells, the synthesized LCN2 (100 ng/mL) decreased the 383 adhesion of *P. gingivalis* to oral epithelial cells by approximately 10% (Figure 6A). This 384 was a significant inhibition compared with that of the control (P < 0.01) and was similar 385to the level shown by a recombinant LCN2 protein. However, the synthesized sample that 386 was derived from a template DNA-free protein did not significantly inhibit an adhesion 387 of bacteria to oral epithelial cells. In the case of LCN2 protein encapsulated into 388 liposomes, the synthesized LCN2 protein (300 ng/mL) in liposomes significantly 389 inhibited an adhesion of *P. gingivalis* to oral epithelial cells in comparison with template 390 DNA-free protein (Figure 6B). These results suggested that the synthesized LCN2 protein 391 and its liposome-encapsulated LCN2 protein significantly inhibited an adhesion of P. gingivalis to oral epithelial cells. 392

393

394 4 | DISCUSSION

21

395	We aim to create a foundation for oral healthcare using antimicrobial peptides. In this
396	procedure, several steps including protein synthesis, preparation of liposome as a carrier,
397	delivery of the liposome-encapsulated peptide to oral epithelial cells and its effectiveness
398	as AMP were investigated. LCN2 is expressed in epithelial cells, leukocytes and
399	macrophages, and has antimicrobial activity by acting as a scavenger of siderophores. ^{8,9}
400	However, an effect of LCN2 on periodontopathic bacteria has not been reported so far.
401	Regarding the association between AMPs and periodontal diseases, there were several
402	reports that BD-2 showed antibacterial activity against P. gingivalis and Aggregatibacter
403	actinomycetemcomitans, ³⁹ and calprotectin inhibited the binding and invasion of P.
404	gingivalis to oral epithelial cells. ⁴⁰ Furthermore, cathelicidin (LL-37) showed
405	antimicrobial activity against periodontopathic bacteria such as Fusobacterium
406	nucleatum and Prevotella intermedia. ⁴¹ In the present study, we investigated the effect
407	of LCN2 on an adhesion of <i>P. gingivalis</i> to oral epithelial cells because this adhesive stage
408	is the beginning step of attack of periodontal diseases and showed that LCN2 inhibited
409	an adhesion of <i>P. gingivalis</i> to oral epithelial cells, suggesting that LCN2 as well as BD-
410	2, calprotectin and LL-37 have suppressive effects on periodontopathic bacteria and may
411	possibly contribute to a prevention of periodontal diseases. LCN2 has an inhibitory effect
412	on the growth of E. coli and K. pneumoniae by binding to bacterial siderophore and

413	depleting iron. ^{13-15,42} However, the mechanism of inhibitory effect of LCN2 on the
414	adhesion of P. gingivalis to oral epithelial cells was not clear because P. gingivalis does
415	not produce siderophores. ⁴³ In our preliminary experiment, there was no inhibitory effect
416	on the adhesion of <i>P. gingivalis</i> to the cells when LCN2 was not contained in the co-
417	cultured medium of cells and labeled P. gingivalis after pre-treatment of cells with LCN2
418	(Supplemental data 2). In addition, LCN2 receptor, 24p3R, was not expressed in oral
419	epithelial cells (TR146), suggesting that LCN2 acted on <i>P. gingivalis</i> . <i>P. gingivalis</i> does
420	not produce siderophores, however, has some proteins to acquire iron and heme in
421	bacterial membrane. Those proteins including hemophore-like proteins (HmuY, HusA),
422	hemagglutinins, hemolysins, gingipains (Kgp, RgpA, RgpB), TonB-dependent outer-
423	membrane receptor (HmuR, HusB, IhtA) are associated with a mechanism to acquire
424	iron/heme in P. gingivalis.43 P. gingivalis proliferated using iron that is derived from
425	transferrin degraded by Arg- and Lys-gingipain,44 and adhered to erythrocytes using
426	hemagglutinins. ⁴³ An inhibitory mechanism of LCN2 on <i>P. gingivalis</i> -adhesion was not
427	accurately elucidated in the present study and this investigation will be an interested
428	matter in future study.

429 LCN2 was synthesized using a CFPS system in the present study. The CFPS system
430 appears to be a useful method to prepare LCN2 protein for oral healthcare because cells

431	are not necessary for protein synthesis, and the synthesized protein is not prepared from
432	vectors in the genes of E. coli, yeast and virus as recombinant proteins. Particularly, the
433	PURE system appears to be suitable since all components in this system are more purified
434	rather than cell lysate and already reported, ²¹ and a composition of reaction mixture can
435	be controlled depend on a modification of protein synthesis, and this CFPS system does
436	not contain proteases and a contamination of RNase was low, and the synthesized LCN2
437	is difficult to degrade because the PURE system does not contain factors other than the
438	necessary factors for protein synthesis. ^{21,45} Furthermore, LCN2 synthesis using a CFPS
439	system may be easy compared to the preparation of a recombinant LCN2 protein in a
440	laboratory because the procedures of plasmid DNA preparation and <i>E.coli</i> culture are not
441	needed. The LCN2 synthesized using a PUREfrex kit had almost the same molecular
442	weight (23 kDa) as that of a commercial recombinant LCN2, and its protein sequence
443	coverage in a mass spectrometry was also high and similar to that of a recombinant LCN2
444	protein. However, LCN2 protein fraction synthesized in the present study contained some
445	proteins from PURE system and was not purified, and we will have to further purify
446	LCN2 synthesized using a CFPS system to be utilized for oral healthcare in the future.
447	On the other hand, a biological LCN2 is a glycoprotein, however, the synthesized LCN2
448	protein in the present study might not be a mature LCN2 because the post-translational

449	glycosylation is not properly performed by PURE system. Although a recombinant
450	LCN2 as well as the synthesized LCN2 showed a similar inhibitory effect of <i>P. gingivalis</i> -
451	adhesion to oral epithelial cells, an influence of glycosylation on this inhibitory effect was
452	not investigated in the present study. We think that it is important to elucidate an
453	influence of glycosylation of the synthesized LCN2 protein in the future study.
454	Regarding the synthesis concentration, a mean concentration of the synthesized
455	LCN2 was approximately 233 μ g/mL in seven experiments when a template DNA with
456	the AT-rich codon in N-terminal domain was used in LCN2 synthesis, and LCN2
457	concentration in the synthesized sample was determined using LCN2 ELISA kit. In
458	contrast, LCN2 protein concentration was very low (approximately 0.46 μ g/mL) when a
459	template DNA derived from original gene sequence of LCN2 was used in a preliminary
460	experiment. This result suggested that the AT-rich codon in N-terminal domain in the
461	template DNA sequence remarkably increased the synthesis concentration of LCN2 in
462	the used PURE system. Many proteins have been synthesized using CFPS systems and
463	their concentration of the synthesized proteins ranged from under 10 μ g/mL to over 2000
464	μ g/mL. ^{46,47} For example, green fluorescent protein (GFP) was synthesized at 1600 μ g/mL
465	using the wheat germ system, ¹⁷ and human bone morphogenic protein-2 was synthesized
466	at a concentration of 37 μ g/mL using Chinese Hamster Ovary-based cell-free synthesis

467 system,⁴⁸ and human granulocyte-macrophage colony-stimulating factor was synthesized 468 at a maximum concentration of 700 μ g/mL using *E. coli*-based open cell-free synthesis 469 system.²² The mean concentration (233 μ g/mL) of LCN2 synthesized in the present study 470 was not very high, however, this concentration was fully effective because 100 ng/mL of 471 the synthesized LCN2 significantly inhibited the adhesion of *P. gingivalis* to oral 472 epithelial cells.

473Liposomes in the present study were prepared by a spontaneous transfer method which was a simple method for liposome formation and did not require any specific 474instruments.^{28,36} The prepared liposomes varied in size with their diameters ranging from 4751-180 µm and were defined as giant liposomes.²⁵ This size was similar to that of the 476 liposomes prepared by Yamada et al. (10-50 µm) and Liu et al. (20-120 µm).^{28,34} Giant 477liposomes are used as a DDS tool because various biological materials, including nucleic 478 acids, plasmids, proteins and drugs were encapsulated into the liposomes.^{26,49,50} In the 479480 present study, the liposomes were delivered to oral epithelial cells, and supposed to exist 481 on the cellular surface, and incorporated into the cells (Supplemental data 3), and the 482addition of DOPE (10 mol%) to the liposomal components increased a delivery of 483 liposomes to oral epithelial cells. The interaction between cells and liposomes is regulated by an uptake of liposomes into cells and the fusion between cellular membrane and 484

485 liposome membrane. These regulations are selected by an electronic charge and by modifying liposomal surface and fluidity of liposome membrane.⁵¹⁻⁵³ DOPE is a cone-486 type phospholipid with two unsaturated bonds and influences a fusogenic capacity 487 between liposome and cellular membrane.⁵⁴ It is a component of cationic liposomes and 488 improves a transfection efficiency of nucleic acids into cells.⁵⁵ An addition of DOPE to 489490 the outer lipid components of liposome may elevate a cationic electric charge, and 491 increase a delivery of liposomes to oral epithelial cells. In the present study, STR-R8 492 slightly, but significantly increased a delivery of liposomes to oral epithelial cells. 493 Liposomal surface is modified by targeting materials such as adhesion peptides, antibodies, CPPs and polyethylene glycol to increase a delivery efficiency of materials to 494 cells and tissues.^{53,56} Octa-arginine is a poly-cationic peptides that flows into cells with a 495 496 low charge, and this mechanism is associated with endocytosis and direct translocation across plasma membranes of octa-arginine peptides.⁵² Octa-arginine peptide is a major 497 498 CPP that increases a cellular delivery efficiency of biomaterials including proteins, peptides, nucleic acids and drugs by regulating endocytosis and direct translocation.^{52,57} 499 500We did not elucidate the detailed mechanism of internalization of STR-R8-conjugated liposomes in the present study, but supposed that STR-R8 in the liposomes might up-501502regulate a delivery activity of liposomes with LCN2 to oral epithelial cells by regulating 503 endocytosis or direct translocation across plasma membranes.

504DDS has been used for a chemical treatment of periodontal diseases. Antibacterial 505and anti-inflammatory medications such as minocycline, doxycycline, metronidazole and chlorhexidine were included in carrier devices and transported to periodontal pockets and 506 tissues.^{33,58-60} On the other hand, some gels/pastes, fibers, strips, capsules, particles and 507 liposomes are known as DDS devices,33 and several carrier devices are used for 508periodontal treatments.^{59,60} Shi et al.⁶¹ showed that resveratrol encapsulated in liposomes 509 510ameliorated an experimental periodontitis in mice. When A. actinomycetemcomitans-511infected human oral keratinocytes were cultured with liposomes that had their surfaces 512grafted with cyclodextrin, a cytotoxicity of keratinocytes and nitric oxide production were decreased significantly.⁶² These recent reports show that liposomes with chemical drugs 513514and biological materials can be used in the treatments of periodontal diseases. The present 515study shows the possibility that liposome-encapsulated LCN2 may be useful for a 516prevention of periodontal diseases, and contribute to establish a foundation for oral 517healthcare in the future.

518

519 5 | CONCLUSION

520 LCN2, an antimicrobial peptide, was artificially synthesized using a CFPS system,

521	encapsulated into liposomes, and delivered to oral epithelial cells, which then inhibited						
522	the adhesion of <i>P. gingivalis</i> to oral epithelial cells. The present LCN2-encapsulated and						
523	liposomes-based drug delivery system may contribute to the preventive periodontal						
524	healthcare.						
525							
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529	GeneFrontier Co., Ltd. (Chiba, Japan) for supporting a design of template DNA sequence						
530	with AT-rich codon in LCN2 synthesis.						
531							
532	CONFLICT OF INTEREST						
533	None of the authors have any conflicts of interest related to this study.						
534							
535	AUTHOR CONTRIBUTIONS						
536	Jun-ichi Kido; Planning study, performing almost experiments, writing a manuscript and						
537	summarizing study, Yuka Hiroshima; Planning study, performing bacterial adhesion assay,						
538	instructing experimental methods and summarizing study, Rie Kido; Performing						

539	experiments (cell culture, ELISA, Western blotting), Kaya Yoshida; Observing						
540	liposomes and instructing experimental methods, Koji Naruishi and Yuji Inagaki;						
541	Supporting Western blotting procedure, Kazuaki Kajimoto and Masatoshi Kataoka;						
542	Instructing liposome preparation and delivery experiments, Yasuo Shinohara; Instructing						
543	cell-free protein synthesis and analysis of protein and evaluating result data, Hiromichi						
544	Yumoto; Advising study performance.						
545							
546	DATA AVAILAILITY STATEMENT						
547	All data supporting the findings of this study are available from the corresponding author						
	upon reasonable request.						
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- 718

719 FIGURE LEGENDS

FIGURE 1 SDS-PAGE and Western blotting of the synthesized LCN2 protein. The proteins were synthesized with or without a template DNA sequence for LCN2 using the PURE system. The synthesized proteins and a recombinant LCN2 protein were analyzed by SDS-PAGE and CBB staining (A), and Western blotting with a specific antibody against LCN2 protein (B). These results were confirmed using three independent protein samples.

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FIGURE 2 Liposome preparation and its observation. Liposomes were prepared using DOPC and Egg-PC by a spontaneous transfer method (A and B). Liposomes were prepared using DOPC and NBD-PE in the components of outer lipid-layer and Egg-PC and rhodamine-DHPE in the components of inner lipid-layer, and observed using a fluorescence microscope at 485/535 nm (C, green) and 560/580 nm (D, red) (excitation/emission) at a magnification of x 20. Microscopic images of the same field were merged (E). Scale bars: 100 μm.

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FIGURE 3 Delivery of liposomes to oral epithelial cells. Oral epithelial cells were
cultured for 5 days and then incubated for 3 h with liposomes with rhodamine-DOPE (A,

737 B) and without rhodamine-DOPE (C, D). After washing, the cells were observed using a 738 phase-contrast microscopy (A and C) and fluorescence microscopy (B and D) at 560/580 (excitation/emission) at a magnification of x 400. Scale bars: 20 µm. (E, F) Effects of 739 740 DOPE and STR-R8 on the delivery of liposomes to oral epithelial cells. The confluent 741oral epithelial cells were incubated with liposome containing DOPE (0-20%, E) and STR-742R8 (0.1 mM, F) for 3 h. After washing, a fluorescence intensity of the cultured cell was 743measured using a fluorescence plate reader at 555/575 nm (excitation/emission). The 744mean fluorescence intensity of the Control in (E) and (F) were 39453 and 39579, 745respectively, and the values were shown as percentage of the Control. Data are expressed as mean \pm SD of 4-8 samples. **P*<0.05, ***P*<0.01. 746

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FIGURE 4 Encapsulation of LCN2 into liposomes. (A) shows the procedure of encapsulation of the synthesized LCN2 into liposomes and collection. The synthesized LCN2 samples were analyzed by Western blotting with 15% SDS gel (B). Sample 1: synthesized LCN2, Sample 2: lyophilized Sample 1, Sample 3: Sample 2 encapsulated into liposomes, Sample 4: ultra-filtrated Sample 3, Sample 5: flow-through of ultrafiltrated Sample 3, Sample 6: recombinant LCN2. This result was confirmed using three independent protein samples. 755

756 FIGURE 5 Delivery of the liposome-encapsulated LCN2 to oral epithelial cells. (A) shows the protocol of delivery of the liposome-encapsulated LCN2 to the cells, collection 757758and assays. (B) The samples, including protein-free (only liposome control), a template 759DNA-free protein and the synthesized LCN2 protein, were analyzed by Western blotting 760 with 15% SDS gel. Sample 1: cellular fraction of protein-free, Sample 2: cellular 761fraction of a template DNA-free protein, Sample 3: cellular fraction of the synthesized 762 LCN2 protein, Sample 4: medium fraction of protein-free, Sample 5: medium fraction of 763 the template DNA-free protein, Sample 6: medium fraction of the synthesized LCN2 764protein, Sample 7: liposome-encapsulated LCN2 protein before addition to the cell 765 culture, Sample 8: the conditioned medium of TR146 cells, Sample 9: recombinant LCN2. 766 This result was confirmed using three independent protein samples. (C) LCN2 767 concentration in the cellular fractions derived from protein-free (Control), a template 768 DNA (tDNA)-free protein and synthesized LCN2 (sLCN2) protein were determined by 769 ELISA. Data are expressed as mean \pm SD of 6-7 samples. ***P*<0.01.

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FIGURE 6 Inhibitory effect of the synthesized LCN2 on the adhesion of *P. gingivalis*to oral epithelial cells. (A) Oral epithelial cells at confluence were incubated with protein-

773	free (Control), the synthesized LCN2 (sLCN2, 100 ng/mL), a template DNA (tDNA)-free
774	protein and recombinant LCN2 (10 ng/mL) for 16 h. P. gingivalis cultured under
775	anaerobic condition for 24 h and then labeled with a fluorescent reagent. (B) Oral
776	epithelial cells were incubated with the samples that were encapsulated protein-free
777	(Control), the synthesized LCN2 (sLCN2, 300 ng/mL) and the template DNA (tDNA)-
778	free protein into liposomes for 16 h. P. gingivalis also was pre-treated with the
779	liposome-encapsulated samples for 16 h and then labeled with a fluorescent reagent. (A,
780	B) The pre-treated cells and labeled bacteria were co-incubated for 2 h. After washing the
781	culture, a fluorescent intensity on the culture was determined using a fluorescence plate
782	reader. The mean fluorescence intensity of the Control in (A) and (B) were 31806 and
783	36339, respectively. The values were shown as percentage of the Control. Data are
784	expressed as mean \pm SD of 24 samples (A) and 16 samples (B). ** <i>P</i> <0.01.

Figure 1



Table 1. Comparison of synthesized LCN2 and recombinant LCN2 in nano LC-MS/MS analysis

Sample name	Database accession	Mascot score	Number of detected peptide	Protein sequence coverage (%)
	<u>SwissProt</u>			
Synthesized sample	NGAL HUMAN	1677	141	74.7 ¹⁾
Recombinant LCN2	NGAL HUMAN	5632	1059	82.3 ²⁾

NGAL: Neutrophil gelatinase-associated lipocalin/LCN2

1) Synthesized sample

MPLGLLWLGLALLGALHAQAQDSTSDLIPAPPLSKNFQDNQFQGKWYVVGLAGNAILREDKDPQKMYATIYELKEDKSYNVTSVLFPKKKCDYWIRTFVPGCQPGEFTLGNIKSYPGLTSYLVRVVSTNYNQHAMVFFKKEYFKITLYGRTKELTSELKENFIRFKSLGLPENHIVFPVPIDQCIDG

2) Recombinant LCN2

MPLGLLWLGL ALLGALHAQA QDSTSDLIPA PPLSKVPLQQ NFQDNQFQGK WYVVGLAGNA ILREDKDPQK MYATIYELKE DKSYNVTSVL FPKKKCDYWI RTFVPGCQPG EFTLGNIKSY PGLTSYLVRV VSTNYNQHAM VFFKKVSQNR EYFKITLYGR TKELTSELKE NFIRFSKSLG LPENHIVFPV PIDQCIDG

Underlined Bold characters show the peptides matched to the amino acid sequence of LCN2 on data base.

Figure 2



Figure 3



10

0

STR-R8 (mM)

10

0.1

Figure 4



Figure 5



Figure 6





Figure S1. Effect of the synthesized LCN2 and recombinant LCN2 on the adhesion of *P. gingivalis* to oral epithelial cells. Oral epithelial cells (TR146 cells) were cultured with the synthesized LCN2 (A, sLCN2; 0-300 ng/mL), liposome-encapsulated sLCN2 (B, 0-300 ng/mL) and recombinant LCN2 (C, rLCN2; 0-1000 ng/mL) for 16 h. *P. gingivalis* were cultured for 24 h and labeled with a Fluorescent reagent, and then co-incubated with the cells for 2 h. After washing the culture, a fluorescent intensity was determined using a fluorescence plate reader at 485/535 nm (excitation/emission). The values were shown as percentage of each Control. Data are expressed as mean \pm SD of 4-6 samples (A), 7-8 samples (B, C). **P*<0.05, ***P*<0.01.



Figure S2. Effect of the synthesized LCN2 on the adhesion of *P. gingivalis* to oral epithelial cells. Oral epithelial cells (TR146 cells) were cultured with the synthesized LCN2 (sLCN2; 100 ng/mL, total protein; 3.78 μ g/mL), template DNA-free protein (tDNAfree; total protein; 3.78 μ g/mL) or without proteins (Control) for 16 h. *P. gingivalis* were cultured for 24 h and labeled with a fluorescent reagent and then added to the culture of pre-treated oral epithelial cells and co-incubated for 2 h (A). In contrast, after the pre-treatment of epithelial cells with sLCN2, the cells were washed fully with PBS, and then co-incubated with the labeled *P. gingivalis* in sLCN2-free medium for 2 h (B). After washing cell-bacteria culture, a fluorescent intensity was determined using a fluorescence plate reader at 485/535 nm (excitation/emission). The values were shown as percentage of each Control. Data are expressed as mean \pm SD of 7-8 samples. ***P*<0.01.



